

# NCCN Clinical Practice Guidelines in Oncology™

# Non-Hodgkin's Lymphomas

V.I.2009

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Staging	This manuscript is being
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**Clinical Trials:** The NCCN believes that the best management for any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

To find clinical trials online at NCCN member institutions, <u>click here:</u> <u>nccn.org/clinical\_trials/physician.html</u>

NCCN Categories of Evidence and Consensus: All recommendations are Category 2A unless otherwise specified.

See <u>NCCN Categories of Evidence</u> and Consensus

**Guidelines Index** 

Print the Non-Hodgkin's Lymphoma Guideline

These guidelines are a statement of evidence and consensus of the authors regarding their views of currently accepted approaches to treatment. Any clinician seeking to apply or consult these guidelines is expected to use independent medical judgment in the context of individual clinical circumstances to determine any patient's care or treatment. The National Comprehensive Cancer Network makes no representations nor warranties of any kind whatsoever regarding their content, use, or application and disclaims any responsibility for their application or use in any way. These guidelines are copyrighted by National Comprehensive Cancer Network. All rights reserved. These guidelines and the illustrations herein may not be reproduced in any form without the express written permission of NCCN. ©2009.

# Summary of the Guidelines updates

Summary of changes in the 1.2009 version of the Non-Hodgkin's Lymphoma guidelines from the 3.2008 version include:

#### **New Guidelines**

CUTB-1

- Primary Cutaneous B-Cell Lymphoma is a new algorithm. **NHODG-A**
- "Use of immunophenotyping in differential diagnosis of mature Bthe page was added to each lymphoma subtype.

#### NHODG-B

- "Tumor lysis syndrome" is new to the guidelines and a link to the page was added to the appropriate lymphoma subtype. NHODG-D
- "Rituximab and viral reactivation" is new to the guidelines and a link to the page was added to the appropriate lymphoma subtype.

#### **Global Changes**

- Diagnosis (essential): a bullet regarding an FNA or core needle biopsy alone is not generally suitable for the initial diagnosis of lymphoma was added to the appropriate lymphoma subtype.
- Footnote regarding Hepatitis B testing was clarified by adding appropriate testing for a patient with and without risk factors.
- PET or PET/CT scan was clarified as PET-CT scan.
- The diagnostic markers recommendations for each lymphoma subtype were modified as appropriate.
- Workup (essential): "Pregnancy testing in women of childbearing age (if chemotherapy planned)" was added.

#### Chronic Lymphocytic Leukemia/Small Lymphocytic Lymphoma

• The guideline was extensively revised with a separation of CLL/SLL and Monoclonal B-cell lymphocytosis and CLL treatment was separated based on the presence or absence of a • Second-line extended and subsequent therapy, "Bendumustine" 17p deletion.

#### CSLL-C

 "Supportive Care for Patients with CLL" was added as a new page.

#### CSLL-D

• Suggested treatment regimens were separated based on the presence or absence of a deletion of 17p.

#### Follicular Lymphoma

FOLL-1

- cell and T/NK-cell neoplasms" is new to the guidelines and a link to Footnote 'b', was revised by adding "Germinal center (or follicular center) cell phenotype is not equivalent to follicular lymphoma and can occur in DLBCL and Burkitt lymphoma. Morphology is required to establish diagnosis.
  - Footnote 'e', "In BCL2 negative young patients with localized disease, consider entity of pediatric follicular lymphoma" is new to the page.

FOLL-3

- Indication present, additional therapy, "Local RT (palliation of locally symptomatic disease)" and corresponding footnote 'r' were added.
- FOLL-4
- Minimal or no prior chemotherapy treatment was clarified as, "Chemotherapy (anthracycline-based chemotherapy preferred unless contraindicated) (See BCEL-B) + rituximab ± RT" **FOLL-A**
- Footnote 'd' was clarified by adding that the map is "used to determine the number of nodal sites for the FLIPI criteria." FOLL-B 1 of 3
- First-line therapy, "CHOP followed by radioimmunotherapy" was changed to "chemotherapy followed by radioimmunotherapy" and changed from a category 2B to category 1 recommendation.
- First-line therapy for elderly or infirm was clarified by adding "if none of the above treatments are tolerable"
- was changed from a category 2B to a category 2A.
- Second-line extended and subsequent therapy "FCMR (fludarabine, cyclophosphamide, mitoxantrone, rituximab)" was added as a treatment option.

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# Summary of the Guidelines updates (Continued)

#### Gastric MALT Lymphoma MALT-1

- Diagnosis (essential): second bullet was modified, "Diagnosis of Gastric MALT lymphoma requires an endoscopic biopsy and an FNA is never adequate."
- Diagnosis (essential): "If positive, the PCR or FISH for t(11;18)" was added to "Helicobacter Plyori stain."
- Workup, "MUGA scan/echocardiogram" was moved to useful in selected cases.

#### MALT-2

• Staging system was modified to follow the "Lugano Staging System for gastrointestinal lymphoma."

#### MALT-3

- Algorithm was clarified as 3-month restaging "after antibiotics".
- H. pylori positive, lymphoma positive, progressive or symptomatic disease, "and second-line antibiotic treatment" was added to RT.

#### MALT-4

• Algorithm was clarified as 3-month restaging "after RT".

### Nongastric MALT Lymphoma

#### NGMLT-1

- Workup, "MUGA scan/echocardiogram" was moved to useful in selected cases.
- Footnote 'b' regarding the Nongastic MALT lymphoma algorithm is for non-cutaneous disease and for Cutaneous Marginal Zone B-cell Lymphoma, see CUTB was added.
- Workup (useful in selected cases): bone marrow biopsy ± aspirate was clarified by adding, "for patients with multifocal disease".

#### Nodal Marginal Zone Lymphoma NODE-1

• Diagnosis (essential): "Localized disease in a young patient, pediatric nodal marginal zone lymphoma should be considered" was added.

- Workup (essential): "Hepatitis C testing" was added.
- Workup, "MUGA scan/echocardiogram" was moved to useful in selected cases.

#### Splenic Marginal Zone Lymphoma SPLN-1

- Diagnosis (useful under some circumstances): "CLL panel, del (7q31-32), and cryoglobulins" were added.
- Workup (essential): "SPEP and/or quantitative immunoglobulin levels" was added.

#### Mantle Cell Lymphoma

#### <u>MANT-1</u>

- Diagnosis (useful under some circumstances): "CLL panel" was added.
- Workup, "Endoscopy/colonoscopy" was moved to useful in selected cases and corresponding footnote 'e' was added. MANT-2

# • Footnote 'f' referring to the MIPI: Mantle Cell Lymphoma International Prognostic Index is new to the page.

#### MANT-A 1 of 3

- First-line therapy, "Nordic regimen" and "cladribine ± rituximab" were added.
- First-line consolidation, "clinical trial" was added.
- Second-line therapy options added:
- Lenalidomide
- PEPC (prednisone, etoposide, procarbazine, cyclophosphamide) ± R
- ➤ Temsirolimus

#### MANT-B

• "MIPI: Mantle Cell Lymphoma International Prognostic Index" is new to the guidelines.



# Summary of the Guidelines updates (Continued)

#### Diffuse Large B-Cell Lymphoma BCEL-1

- Workup (useful in selected cases): the list of sites when lumbar puncture should be performed was modified.
- Footnote 'a', was revised by adding "Germinal center (or follicular center) cell phenotype is not equivalent to follicular lymphoma and can occur in DLBCL and Burkitt lymphoma. Morphology is required to establish diagnosis."
- Footnote 'c' was modified by adding, "other markers used for subclassification".

#### BCEL-2

- Stage I, II, nonbulky, adverse risk factors not present, "± RT (category 2B for RT)" was added to RCHOP 6-8 cycles.
- Age-adjusted IPI was removed from stage III, IV. <u>BCEL-5</u>
- Consolidation/Additional therapy, "High dose therapy with allogeneic stem cell rescue in selected cases" and corresponding footnote were added.
- Not candidate for high-dose therapy and no response, "Palliative RT" was added as a treatment option.

#### BCEL-B 1 of 3

- First-line consolidation with the recommendation of high dose therapy with autologous stem cell rescue was clarified for "high risk patients".
- Second-line therapy, "± rituximab" was added to EPOCH.

#### Burkitt's Lymphoma

#### BURK-1

- Footnote 'a' was modified to describe that the WHO classification may not be able to distinguish between DLBCL and Burkitt's lymphoma.
- Footnote 'b' describing the preference for this disease to be treated at a center with management expertise due to the complexity and curative nature was added.

#### BURK-2

- Low risk, abdominal mass was clarified as "< 10 cm".
- For both high and low risk, < complete response, relapsed disease, "Palliative RT" was added as a relapse treatment option.

#### BURK-A1 of 2

• Dose adjusted EPOCH (etoposide, prednisone, vincristine, cyclophosphamide, doxorubicin) + R (regimen includes intrathecal methotrexate) was added as a treatment option for both low and high risk combination regimens.

#### Lymhoblastic Lymphoma

#### BLAST-1

• Footnote 'a' describing the preference for this disease to be treated at a center with management expertise due to the complexity and curative nature was added.

#### BLAST-A 1 of 3

- Berlin-Frankfurt-Munster (BFM) regimen was added.
- "Cytarabine + high-dose mitoxantrone", "high-dose cytarabine + rituximab or high-dose methotrexate + rituximab", and "standard vincristine/prednisone induction" were removed.

#### BLAST-A 2 of 3

- CALGB ALL regimen was described.
- Maintenance chemotherapy recommendation was modified as, "up to 2 y of maintenance based on treatment protocol."
- Footnote 'b' recommending irradiation of residual masses for T-cell lymphoblastic lymphomas with primary mediastinal presentation is new to the page.

#### Continued on next page



## Summary of the Guidelines updates (Continued)

#### AIDS-Related B-cell lymphoma AIDS-2

- Burkitt's lymphoma, CHOP alone was removed as a treatment option and "± rituximab" was added as appropriate.
- Lymphoma-associated Castleman's disease, Primary effusion, and Plasmoblastic lymphoma and their respective treatment options and follow-up were added.
- Primary CNS lymphoma, "best supportive care" was added.

#### Peripheral T-Cell Lymphomas

• ALCL (ALK positive) and ALCL (ALK negative) were added as subtypes to the title.

#### TCEL-1

- Footnote 'b' regarding molecular diagnosis for T-cell receptor rearrangements was added.
- Footnote 'd' regarding the role of intrathecal prophylaxis is largely unknown in PTCL was added. TCEL-2
- AILT was combined with PTCL NOS and ALCL.
- Stage II, IV and aaIPI high/high-intermediate, "± RT for localized disease" was added to "multiagent chemotherapy 6-8 cycles".
- Footnote 'g' regarding a trial of single agent corticosteriods for select patients is new to the page. TCEL-4

#### • Not candidate for high-dose therapy and no response, "Palliative RT" was added as a treatment option.

#### TCEL-B 1 of 2

- Second-line therapy for patients who are candidates for high dose therapy, "GemOX (gemcitabine, oxaliplatin)" was added.
- Second-line therapy for patients who are not candidates for high dose therapy, "Radiation therapy" was added.

Mycosis Fungoides/Sezary Syndrome

- For CR/PR, "or inadequate response" was added after primary treatment throughout the algorithm.
- Footnote 'j' defining refractory disease as, "refractory or intolerant to multiple previous therapies" was added throughout the algorithm.

MFSS-1

- Footnote 'f', "many skin-directed and systemic therapies are contraindicated or of unknown safety in pregnancy. Refer to individual drug information" was added. MFSS-3
- For refractory disease, "TSEBT if not previously administered" was added as a treatment option. MFSS-6
- Primary treatment of lymph node disease and visceral disease, "± RT for local control" was added.
- "Consider allogeneic transplant, as appropriate" was moved from refractory disease to CR/PR.
   MFSS-A 1 of 3
- Bortezomib was added as a second-line option of a category B systemic therapy.
- Footnote 'c' regarding systemic therapy after TSEBT was added.

#### <u>Staging</u>

- <u>ST-1</u>
- Staging has been updated with the 2008 WHO Classification of the Mature B-cell, T-cell, and NK-cell neoplasms.

#### DIAGNOSIS

#### **ESSENTIAL:**

 Hematopathology review of all slides with at least one paraffin block representative of the tumor, if the diagnosis was made on a lymph node or bone marrow biopsy. Rebiopsy if consult material is nondiagnostic.

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- An FNA or core needle biopsy alone is not generally suitable for the initial diagnosis of lymphoma. In certain circumstances, when a lymph node is not easily accessible for excisional or incisional biopsy, a combination of core biopsy and FNA biopsies in conjunction with appropriate ancillary techniques for the differential diagnosis (immunohistochemistry, flow cytometry, PCR for IgH and TCR gene rearrangements, and FISH for major translocations) may be sufficient for diagnosis. This is particularly true for the diagnosis of CLL/SLL.
- Flow cytometry of blood adequate for diagnosis of CLL/SLL (biopsy not required).

 Adequate immunophenotyping to establish diagnosis<sup>b,c</sup>

CLL/SLL<sup>a</sup>

- Recommended panel for paraffin section immunohistochemistry: CD3, CD5, CD10, CD20, CD23, cyclin D1
- or
- ► Cell surface marker analysis by flow cytometry: kappa/lambda, CD19, CD20, CD5, CD23, CD10
- Absolute B-cell lymphocyte count<sup>d</sup>

#### INFORMATIVE FOR PROGNOSTIC **DETERMINATION:**

- Cytogenetics or FISH<sup>e</sup> to detect: t(11:14); t(11q;v); del(11q); +12; del(13q); del(17p)
- Molecular genetic analysis to detect: immunoglobulin variable region gene (IgVH) mutation status<sup>e</sup>
- Determination of CD38 and/or Zap 70 expression by flow cytometry or immunohistochemistry<sup>f</sup>



<sup>a</sup>CLL = chronic lymphocytic leukemia; SLL = small lymphocytic lymphoma. Cases diagnosed <sup>d</sup>Absolute B-cell lymphocyte count < 5000/mm<sup>3</sup> in the absence of as B-PLL are excluded from this guideline.

<sup>b</sup>Typical immunophenotype: CD5+, CD23+, CD43+/-, CD10-, CD19+, CD20 dim, slg dim+ and cyclin D1-. Note: Some cases may be slg bright+, CD23- or dim and some MCL may be CD23+; cyclin D1 immunohistochemistry or FISH for t(11;14) should be considered in all cases and should be done in cases with an atypical immunophenotype (CD23 dim or negative, CD20 bright, slg bright).

<sup>c</sup>See Use of Immunophenotyping in Differential Diagnosis of Mature B-cell and T/NK-cell Neoplasms (NHODG-A).

Note: All recommendations are category 2A unless otherwise indicated. Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

adenopathy or other clinical features of lymphoproliferative disorder is monoclonal B-cell lymphocytosis (MBL).

<sup>e</sup>See Prognostic Information for CLL (CSLL-A).

<sup>f</sup>Evaluation of ZAP 70 expression can be challenging and is not recommended outside the setting of a clinical trial.

#### WORKUP

#### **ESSENTIAL:** Physical exam: attention to node-bearing areas, including Waldever's ring, and to size of liver and spleen **Induction Therapy** Performance status SLL/Localized • B symptoms (Ann Arbor Stage I) • CBC, differential, platelets (See CSLL-3) • LDH Comprehensive metabolic panel Hepatitis B testing<sup>g</sup> if rituximab contemplated MUGA scan/echocardiogram<sup>h</sup> • Pregnancy testing in women of child-bearing age (if chemotherapy planned) **USEFUL UNDER CERTAIN CIRCUMSTANCES:** Quantitative immunoglobulins • Reticulocyte count and direct Coombs' test Chest/abdominal/pelvic CT should be done prior to initiation of therapy (particularly when peripheral adenopathy is present and **Induction Therapy CLL or SLL** symptoms suggest bulky lymph nodes) (Ann Arbor Stage II - IV, Beta-2-microglobulin Rai Stages 0-IV) • Uric acid (See CSLL-3) • Unilateral bone marrow biopsy (± aspirate) at initiation of therapy Discussion of fertility issues and sperm banking

**CLL/SLL** 

<sup>g</sup>Hepatitis B testing is indicated because of the risk of reactivation with immunotherapy + chemotherapy. Tests include hepatitis B antibody and surface antigen for a patient with no risk factors. For patients with risk factors or previous history of hepatitis B, add core antibodies and e-antigen. If positive, check viral load and consult with gastroenterologist.

<sup>h</sup>If treatment includes regimens containing anthracyclines or anthracenediones.

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#### PRESENTATION





See Supportive Care For Patients With CLL (CSLL-C).

<sup>k</sup>Absolute lymphocyte count alone is not an indication for treatment.

<sup>1</sup>Given incurability with conventional therapy, consider a clinical trial as first line of treatment.

<sup>n</sup> If long response, treat with the same first line therapy. If short response, consider alternative first line therapy not used before.

Note: All recommendations are category 2A unless otherwise indicated.

#### **CLL WITH DELETION OF 17p**

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**CLL/SLL** 

<sup>i</sup>See Supportive Care For Patients With CLL (CSLL-C).

<sup>k</sup>Absolute lymphocyte count alone is not an indication for treatment.

°17p deletion is associated with low response rates with all treatments and has no standard treatment, clinical trial is recommended.

<sup>p</sup>See Response Criteria: CLL (CSLL-E) or SLL (NHODG-C).

<sup>q</sup>For patients with non-bulky adenopathy.

Note: All recommendations are category 2A unless otherwise indicated.

#### **PROGNOSTIC INFORMATION FOR CLL<sup>a</sup>**

**CLL/SLL** 

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Immunoglobulin Variable Gene Mutation and Surrogates by Flow

	Outcome Association		
	Favorable		
DNA sequencing			
v <sub>H</sub>	> 2% mutation	≤ 2% mutation	
Flow Cytometry			
CD38 > 30%	Negative	Positive	

#### Interphase Cytogenetics (FISH)<sup>b</sup>

Unfavorable	Neutral	Favorable
t (11q;v) del(11q) del(17p)	Normal +12	del(13q) (as a sole abnormality)

<sup>&</sup>lt;sup>a</sup>This table provides useful prognostic information relative to the time to progression where therapy is required and survival. The presence of del(11q) and/or del (17p) are associated with short progression free survival to chemotherapy and chemoimmunotherapy approaches. Alemtuzumab or high dose steroids have anecdotal response in del(17p) disease.

<sup>&</sup>lt;sup>b</sup>Formal studies identifying the percentage of abnormal cells identified by FISH are ongoing although populations less than 10% appear to not have the clinical impact as noted in the table.

#### **CLL Staging Systems**

**CLL/SLL** 

	Rai System <sup>a</sup>			Binet System <sup>b</sup>
Stage	Description	Risk Status	Stage	Description
0	Lymphocytosis, lymphocytes in blood > 15,000/mcL and > 40% lymphocytes in the bone marrow	Good	Α	Hemoglobin ≥ 10 g/dL and Platelets ≥ 100,000/mm <sup>3</sup> and < 3 enlarged areas
I	Stage 0 with enlarged node(s)	Intermediate		
II	Stage 0-I with splenomegaly,	Intermediate	В	Hemoglobin $\ge$ 10 g/dL and Platelets $\ge$ 100,000/mm <sup>3</sup> and $\ge$ 3 enlarged areas
IIIc	Stage 0-II with hemoglobin < 11.0 g/dL or hematocrit < 33%	High	Cc	Hemoglobin < 10 g/dL and/or Platelets < 100,000/mm <sup>3</sup> and any number of enlarged areas
IVc	Stage 0-III with platelets < 100,000/mcL	High		

Binet System<sup>b</sup>

<sup>a</sup>This research was originally published in Blood. Rai KR, Sawitsky A, Cronkite EP, Chanana AD, Levy RN, Pasternack BS. Clinical staging of chronic lymphocytic leukemia. Blood 1975;46(2):219-234. (c) the American Society of Hematology.

<sup>b</sup>From: Binet JL, Auguier A, Dighiero G, et al. A new prognostic classification of chronic lymphocytic leukemia derived from a multivariate survival analysis. Cancer 1981;48(1):198-206.

<sup>c</sup>Immune-mediated cytopenias are not the basis for these stage definitions.

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Note: All recommendations are category 2A unless otherwise indicated.

#### SUPPORTIVE CARE FOR PATIENTS WITH CLL

Recurrent Infections (requiring IV antibiotics or hospitalization)	<ul> <li>Antimicrobials as appropriate</li> <li>Evaluate serum IgG, if &lt; 500 mg/dl</li> <li>begin monthly IVIG 0.3-0.5 mg/kg,</li> <li>adjust dose/interval to maintain nadir level &gt; 500-700 mg/dl</li> </ul>
Antibiotic Prophylaxis	<ul> <li>Consider for patients during treatment and thereafter, if tolerated         <ul> <li>Frontline treatment: Herpes virus (acyclovir or equivalent)</li> <li>Retreatment: Herpes virus (acyclovir or equivalent)</li> <li>PCP (bactrim or equivalent)</li> </ul> </li> <li>Alemtuzumab: CMV monitoring of antigen during treatment every 1-2 wks or valganciclovir during and for 2 mo after</li> </ul>
Autoimmune Cytopenias	<ul> <li>Auto-immume hemolytic anemia (AIHA) diagnosis with reticulocyte count, haptoglobin, DAT</li> <li>AIHA that develops in setting of treatment with fludarabine, stop, treat, and avoid subsequent fludarabine</li> <li>Immune thrombocytopenia purpura (ITP): Evaluate bone marrow for cause of low PLT</li> <li>Pure red blood cell aplasia (PRCA): Evaluate for parvo B19</li> <li>Treatment: Corticosteroids, rituximab, IVIG, cyclosporin A, splenectomy, eltrombopag (ITP)</li> </ul>
Vaccination	<ul> <li>Annual Influenza vaccine<sup>a</sup></li> <li>Pneumococcal vaccine every 5 yrs</li> <li>Avoid all live vaccines, including Zoster</li> </ul>
Blood Product Support	<ul> <li>Transfuse according to institutional or published standards</li> <li>Irradiate all blood products</li> </ul>

<sup>a</sup> In patients who have received rituximab, B-cell recovery occurs by approximately 9 months. Prior to B-cell recovery, patients generally do not respond to influenza vaccine and if given should not be considered vaccinated.

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SUGGESTED TREATMENT REGIMENS <sup>a</sup> (in order of preference) CLL without del (17p)					
<ul> <li>Frail patient, sign (not able to tolera</li> <li>Chlorambucil ±</li> <li>Rituximab (sing</li> <li>Pulse corticost</li> </ul>	rail patient, significant co-morbidity not able to tolerate purine analogs) Chlorambucil ± prednisone Rituximab (single) Pulse corticosteroids • Age ≥ 70 y • Chlorambuc • Alkylating a chemothera • CVP (cycl vincristine • Alemtuzuma • Bendamusti • Rituximab		) y ambucil ± prednisone ting agent-based otherapy (cyclophosphamide + ristine + prednisone) uzumab <sup>c</sup> amustine <sup>d,e</sup> mab rabine <sup>f</sup> ± rituximab	<ul> <li>Short response &lt; 1-2 y (Age ≥ 70 y)</li> <li>Purine-analogue therapy<sup>d</sup></li> <li>Single agent (fludarabine<sup>f</sup> or pentostatin)</li> <li>FC<sup>f,g</sup></li> <li>Chemoimmunotherapy<sup>d</sup></li> <li>Reduced-dose PCR<sup>9</sup></li> <li>Reduced-dose FCR<sup>f,g</sup></li> <li>Reduced-dose FR<sup>f</sup></li> <li>Dose-dense rituximab</li> </ul>	
<ul> <li>Aim</li> <li>See Rituximab and Viral Reactivation (NHODG-D)</li> <li>See Suggested Regimens for CLL with del (17p) (2 of 4)</li> <li>See Footnotes for CLL with del (17p) on CSLL-D (2 of 4)</li> </ul>		<ul> <li>Age &lt; 70 morbidit</li> <li>Chemo <ul> <li>FCR</li> <li>yCl</li> <li>FR (</li> <li>PCR</li> <li>cycl</li> <li>Purine</li> <li>FC (</li> <li>cycl</li> <li>Purine</li> <li>FC (</li> <li>cycl</li> <li>Purine</li> <li>FC (</li> <li>cycl</li> <li>Fluct</li> <li>Alen</li> <li>Ben</li> </ul> </li> </ul>	y or older with good co- y index Dimmunotherapy <sup>d</sup> (preferred) (fludarabine <sup>f</sup> , ophosphamide <sup>g</sup> , rituximab) fludarabine <sup>f</sup> , rituximab) (pentostatin, ophosphamide <sup>g</sup> , rituximab) -analogue therapy <sup>g</sup> fludarabine <sup>f</sup> , ophosphamide <sup>g</sup> ) herapy prambucil ± prednisone darabine <sup>f</sup> ntuzumab <sup>c</sup> damustine <sup>d,e</sup>	<ul> <li>Short response &lt; 1-2 y (Age &lt; 70 y or older with good co-morbidity index)</li> <li>Chemoimmunotherapy<sup>d</sup></li> <li>FCR<sup>f,g</sup></li> <li>PCR<sup>f,g</sup></li> <li>Fludarabine<sup>f</sup> + alemtuzumab</li> <li>CHOP + R (cyclophosphamide<sup>g</sup>, doxorubicin, vincristine, prednisone + rituximab)</li> <li>HyperCVAD + R (cyclophosphamide, vincristine, doxorubicin, and dexamethasone alternating with rituximab plus high-dose methotrexate and cytarabine)</li> <li>EPOCH-R (etoposide, prednisone, vincristine, cyclophosphamide, doxorubicin+ rituximab)</li> <li>OFAR (oxaliplatin, fludarabine<sup>f</sup>, cytarabine and rituximab)</li> <li>Alemtuzumab + rituximab<sup>h</sup></li> <li>HDMP + R (high-dose methylprednisone + rituximab)</li> </ul>	

Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

CSLL-D 1 of 4

#### SUGGESTED TREATMENT REGIMENS<sup>a</sup> (in order of preference)

CLL with del (17p) with > 20% cells

#### First line therapy<sup>b</sup> Second line therapy • FCR (fludarabine<sup>f</sup>, cyclophosphamide, rituximab) • CHOP + R (cyclophosphamide, doxorubicin, vincristine, • FR (fludarabine<sup>f</sup>, rituximab) prednisone + rituximab) • CFAR (FCR<sup>f</sup> + alemtuzumab) • HDMP + R (high-dose methylprednisone + rituximab) • HyperCVAD + R (cyclophosphamide, vincristine, doxorubicin, • CFAR (FCR<sup>f</sup> + alemtuzumab) and dexamethasone alternating with rituximab plus high-dose • Alemtuzumab<sup>c</sup> methotrexate and cytarabine) • OFAR (oxaliplatin, fludarabine<sup>f</sup>, cytarabine and rituximab) Alemtuzumab + rituximab<sup>h</sup> • High dose dexamethasone

See Rituximab and Viral Reactivation (NHODG-D)

See Suggested Regimens for CLL without del (17p) (1 of 4)

#### **PRE-TREATMENT CONSIDERATIONS**

• Consider prophylaxis for tumor lysis syndrome. (See NHODG-B)

• Clinicians must be aware of the high risk of CMV reactivation. The current appropriate management is controversial, some use ganciclovir (oral or IV) prophylactically if viremia present, others only if viral load is rising. CMV viremia should be measured by PCR quantitation at least every 2-3 weeks. Consultation with an Infectious Disease expert may be necessary.

<sup>a</sup>See references for regimens <u>CSLL-D 3 of 4</u> and <u>CSLL-D 4 of 4</u>.

<sup>b</sup>Prophylactic therapy for shingles and pneumocystis should be considered in purine analog-based combination therapy.

<sup>c</sup>Less effective for bulky (> 5 cm) lymphadenopathy; monitor for CMV reactivation.

<sup>d</sup>Monitor for myelosuppression.

<sup>e</sup>Bendamustine was recently FDA approved based upon a clinical trial comparing bendamustine to chlorambucil. Knauf WU, Lissichkov T, Aldaoud A, et al. Bendamustine versus chlorambucil in treatment-naive patients with B-cell chronic lymphocytic leukemia (B-CLL): results of an International phase III study. ASH Annual Meeting Abstracts. 2007;110(11):2043.

<sup>f</sup>Autoimmune hemolytic anemia (AIHA) should not preclude the use of combination therapy containing fludarabine and patients should be observed carefully. <sup>g</sup>Cyclophosphamide should be included for 11g del.

<sup>h</sup>Rituximab and alemtuzumab should be used in combination only when there is existing literature to support its use in combination.

Tratazimas and alemitizzumas should be used in complication only when there is existing inerature to support its use in

Note: All recommendations are category 2A unless otherwise indicated.

#### SUGGESTED TREATMENT REGIMENS REFERENCES

#### Alemtuzumab

Lozanski G, Heerema NA, Flinn IW, et al. Alemtuzumab is an effective therapy for chronic lymphocytic leukemia with p53 mutations and deletions. Blood 2004;103:3278-3281.

Keating MJ, Flinn I, Jain V, et al. Therapeutic role of alemtuzumab (Campath-1H) in patients who have failed fludarabine: results of a large international study. Blood 2002;99:3554-3561.

Hillmen P, Skotnicki AB, Robak T, et al. Alemtuzumab compared with chlorambucil as first-line therapy for chronic lymphocytic leukemia. J Clin Oncol. 2007;25(35):5616-5623.

#### Alemtuzumab plus rituximab

Faderl S, Thomas DA, O'Brien S, et al. Experience with alemtuzumab plus rituximab in patients with relapsed and refractory lymphoid malignancies. Blood. 2003;101(9):3413-3415.

#### Bendamustine

Knauf WU, Lissichkov T, Aldaoud A, et al. Bendamustine versus chlorambucil in treatment-naive patients with B-cell chronic lymphocytic leukemia (B-CLL): Results of an International Phase III Study. ASH Annual Meeting Abstracts. 2007;110(11):2043.

#### Chlorambucil

Rai KR, Peterson BL, Appelbaum FR, et al. Fludarabine compared with chlorambucil as primary therapy for chronic lymphocytic leukemia. N Engl J Med 2000; 343:1750-1757.

#### Chlorambucil plus prednisone

Raphael B, Andersen J, Silber R, et al. Comparison of chlorambucil and prednisone versus cyclophosphamide, vincristine, and prednisone as initial treatment for chronic lymphocytic leukemia: long-term follow-up of an Eastern Cooperative Oncology Group randomized clinical trial. J Clin Oncol. 1991;9(5):770-776.

#### Cyclophosphamide, doxorubicin, vincristine and prednisone (CHOP)

Leporrier M, Chevret S, Cazin B, et al. Randomized comparison of fludarabine, CAP, and CHOP in 938 previously untreated stage B and C chronic lymphocytic leukemia patients. Blood 2001;98:2319-2325.

#### Cyclophosphamide, Fludarabine, Alemtuzumab, and Rituximab (CFAR)

Wierda WG, O'Brien S, Ferrajoli A, et al. Combined cyclophosphamide, fludarabine, alemtuzumab, and rituximab (CFAR), an active frontline regimen for high-risk patients with CLL. ASH Annual Meeting Abstracts. 2007;110(11):Abstract 628.

#### Fludarabine and cyclophosphamide (FC)

Flinn IW, Neuberg DS, Grever MR, et al. Phase III trial of fludarabine plus cyclophosphamide compared with fludarabine for patients with previously untreated Chronic Lymphocytic Leukemia: US Intergroup Trial E2997. J Clin Oncol 2007;25:793-798.

Catovsky D, Richards S, Matutes E, et al. UK National Cancer Research Institute (NCRI) Haematological Oncology Clinical Studies Group; NCRI Chronic Lymphocytic Leukaemia Working Group. Assessment of fludarabine plus cyclophosphamide for patients with chronic lymphocytic leukaemia (the LRF CLL4 Trial): a randomised controlled trial. Lancet 2007;370:230-239.

#### Continued on next page

Note: All recommendations are category 2A unless otherwise indicated.

#### SUGGESTED TREATMENT REGIMENS REFERENCES

#### Fludarabine and cyclophosphamide + rituximab (FCR)

Keating MJ, O'Brien S, Albitar M, et al. Early results of a chemoimmunotherapy regimen of fludarabine, cyclophosphamide, and rituximab as initial therapy for chronic lymphocytic leukemia. J Clin Oncol 2005;23:4079-4088.

Wierda W, O'Brien S, Wen S, et al. Chemoimmunotherapy with fludarabine, cyclophosphamide, and rituximab for relapsed and refractory chronic lymphocytic leukemia. J Clin Oncol 2005;23:4070-4078.

Tam CS, O'Brien S, Wierda W, et al. Long-term results of the fludarabine, cyclophosphamide, and rituximab regimen as initial therapy of chronic lymphocytic leukemia. Blood. 2008;112(4):975-980.

Hallek M, Fingerle-Rowson G, Fink A-M, et al. Immunochemotherapy with fludarabine (F), cyclophosphamide (C), and rituximab (R) (FCR) versus fludarabine and cyclophosphamide (FC) improves response rates and progression-free survival (PFS) of previously untreated patients (pts) with advanced chronic lymphocytic leukemia (CLL). ASH Annual Meeting Abstracts. 2008;112(11):Abstract 325.

Robak T, Moiseev SI, Dmoszynska A, et al. Rituximab, fludarabine, and cyclophosphamide (R-FC) prolongs progression free survival in relapsed or refractory chronic lymphocytic leukemia (CLL) compared with FC Alone: Final results from the International Randomized Phase III REACH Trial. ASH Annual Meeting Abstracts. 2008;112(11):Abstract LBA-1.

#### Fludarabine and alemtuzumab

Elter T, Borchmann P, Schulz H, et al. Fludarabine in combination with alemtuzumab is effective and feasible in patients with relapsed or refractory B-Cell chronic lymphocytic leukemia: Results of a Phase II trial. J Clin Oncol. 2005;23(28):7024-7031.

#### Fludarabine + rituximab

Byrd JC, Peterson BL, Morrison VA, et al. Randomized phase 2 study of fludarabine with concurrent versus sequential treatment with rituximab in symptomatic, untreated patients with B-cell chronic lymphocytic leukemia: results from Cancer and Leukemia Group B 9712 (CALGB 9712). Blood 2003;101:6-14.

#### High-dose methylprenisolone plus rituximab (HDMP)

Bowen DA, Call TG, Jenkins GD, et al. Methylprednisolone-rituximab is an effective salvage therapy for patients with relapsed chronic lymphocytic leukemia including those with unfavorable cytogenetic features. Leukemia and Lymphoma. 2007;48(12):2412-2417.

#### Oxaliplatin, Fludarabine, Cytarabine, and Rituximab (OFAR)

Tsimberidou AM, Wierda WG, Plunkett W, et al. Phase I-II study of oxaliplatin, fludarabine, cytarabine, and rituximab combination therapy in patients with Richter's Syndrome or fludarabine-refractory chronic lymphocytic leukemia. J Clin Oncol. 2008;26(2):196-203.

#### Pentostatin, cyclophosphamide and rituximab (PCR)

Lamanna N, Kalaycio M, Maslak P, et al. Pentostatin, cyclophosphamide, and rituximab is an active, well-tolerated regimen for patients with previously treated chronic lymphocytic leukemia. J Clin Oncol. 2006;24(10):1575-1581.

Kay NE, Geyer SM, Call TG, et al. Combination chemoimmunotherapy with pentostatin, cyclophosphamide, and rituximab shows significant clinical activity with low accompanying toxicity in previously untreated B chronic lymphocytic leukemia. Blood 2007;109:405-411.

Note: All recommendations are category 2A unless otherwise indicated.



#### **RESPONSE DEFINITION AFTER TREATMENT FOR CLL<sup>a</sup>**

Parameter	Complete response	Partial response	Progressive Disease	Stable Disease
Lymphadenopathy <sup>b</sup>	None above 1.0 cm	Decrease ≥ 50%	Increase ≥ 50%	Change from -49% to +49%
Liver and/or spleen size	Normal size	Decrease ≥ 50%	Increase ≥ 50%	Change from -49% to +49%
Constitutional symptoms	None	Any	Any	Any
Leukocytes	> 1500/mm <sup>3</sup>	> 1500/mm <sup>3</sup> or > 50% improvement	Any	Any
Circulating B lymphocytes	Normal	Decrease ≥ 50% over baseline	Increase ≥ 50%	Change from -49% to +49%
Platelet count	> 100,000/mm <sup>3</sup>	<ul> <li>&gt; 100,000/mm<sup>3</sup> or increase</li> <li>≥ 50% over baseline</li> </ul>	Decrease ≥ 50% over baseline	Change from -49% to +49%
Hemoglobin	> 11.0 g/dL (untransfused)	> 2 g/dL from baseline	Decrease of > 2 g/dL from baseline	Increase < 11.0 g/dL or < 50% over baseline, or decrease < 2 g/dL
Marrow	Normocellular, < 30% lymphocytes, no B- lymphoid nodules	Hypocellular, or ≥ 30% lymphocytes, or B-lymphoid nodules, or not done	Increase of lymphcytes to more than 30% from normal	No change of marrow infiltrate

<sup>a</sup>Eichhorst B and Hallek M. Revision of the guidelines for diagnosis and therapy of chronic lymphocytic leukemia (CLL). Best Practice & Research Clinical Haematology. 2007;20:469-477.

<sup>b</sup>Sum of the products of multiple lymph nodes (as evaluated by CT scans in clinical trials, or by physical exam or ultrasound in general practice).

Note: All recommendations are category 2A unless otherwise indicated.



Physical exam: attention to node-bearing areas,

including Waldever's ring, and to size of liver and

WORKUP ESSENTIAL:

spleen

• LDH

Neck CT

• Uric acid

• PET-CT scan

• B symptoms

Performance status

diagnostic quality

Hepatitis B testing<sup>f</sup>

Beta-2-microglobulin

Hepatitis C testing

• CBC, differential, platelets

(if chemotherapy planned)

**USEFUL IN SELECTED CASES:** 

MUGA scan/echocardiogram<sup>h</sup>

Comprehensive metabolic panel

Chest/abdominal/pelvic CT with contrast of

 Bone marrow biopsy + aspirate to document clinical stage I-II disease<sup>g</sup>

Pregnancy testing in women of child-bearing age

Discussion of fertility issues and sperm banking

• SPEP and/or quantitative immunoglobulin levels

Stage I, II -

Stage II,

bulkv

disease

Stage III, IV

abdominal |->

See Initia

See Initial

Therapy

(FOLL-2)

Therapy

#### DIAGNOSIS<sup>b</sup>

#### **ESSENTIAL:**

- Hematopathology review of all slides with at least one paraffin block representative of the tumor. Rebiopsy if consult material is nondiagnostic.
- An FNA or core needle biopsy alone is not generally suitable for the initial diagnosis of lymphoma. In certain circumstances, when a lymph node is not easily accessible for excisional or incisional biopsy, a combination of core biopsy and FNA biopsies in conjunction with appropriate ancillary techniques for the differential diagnosis (immunohistochemistry, flow cytometry, PCR for IgH and TCR gene rearrangements, and FISH for major translocations) may be sufficient for diagnosis. Histologic grading cannot be performed on an FNA.
- Adequate immunophenotyping to establish diagnosis<sup>c,d</sup>
- Recommended panel for paraffin section immunohistochemistry: CD20, CD3, CD5, CD10, CD21, CD23, BCL2<sup>e</sup>, BCL6, Ki67, cyclin D1 or
- Cell surface marker analysis by flow cytometry: kappa/lambda, CD19, CD20, CD5, CD23, CD10
   USEFUL UNDER CERTAIN CIRCUMSTANCES:
- Molecular genetic analysis to detect: antigen gene
- receptor rearrangements; BCL2 rearrangement
- Cytogenetics or FISH: t(14;18); t(8;14) or variants
- <sup>a</sup> Follicular lymphoma, grade 1-2. Follicular lymphoma, grade 3 is an area of controversy. The distinction between follicular grade 3a and 3b has not been shown to have clinical significance to date. Follicular lymphoma, grade 3 is commonly treated according to the <u>NCCN Diffuse Large B-Cell Lymphoma Guideline (BCEL-1)</u>. Any area of diffuse large B-cell lymphoma (DLBCL) in a follicular lymphoma of any grade should be diagnosed and treated as a DLBCL.
- <sup>b</sup>Germinal center or follicular center cell phenotype type is not equivalent to follicular lymphoma and occurs in Burkitt lymphoma and some DLBCL.
- <sup>c</sup>Typical immunophenotype: CD10+, BCL2+, CD23+/-, CD43-, CD5-, CD20+, cyclin D1-, BCL6+. Rare cases of follicular lymphoma may be CD10- or BCL2-.
- <sup>d</sup>See Use of Immunophenotyping in Differential Diagnosis of Mature B-cell and <u>T/NK-cell Neoplasms (NHODG-A)</u>.

<sup>e</sup>In BCL2 negative young patients with localized disease, consider entity of pediatric follicular lymphoma.

- <sup>f</sup>Hepatitis B testing is indicated because of the risk of reactivation with immunotherapy + chemotherapy. Tests include hepatitis B antibody and surface antigen for a patient with no risk factors. For patients with risk factors or previous history of hepatitis B, add core antibodies and e-antigen. If positive, check viral load and consult with gastroenterologist.
- <sup>9</sup>Bilateral or unilateral provided core biopsy is > 2 cm. If radioimmunotherapy is considered, bilateral cores are recommended and the pathologist should provide the percent of overall cellular elements and the percent of cellular elements involved in the marrow. If observation is initial therapy, bone marrow biopsy may be deferred.

<sup>h</sup>If treatment includes regimens containing anthracyclines or anthracenediones.

Note: All recommendations are category 2A unless otherwise indicated.



- <sup>i</sup>When determining initial treatment, consider excluding profoundly myelotoxic regimens for patients who may be eligible for High dose therapy with autologous stem cell rescue.
- <sup>j</sup>Treatment of the involved lymphoid region (24-30 Gy) with additional 6 Gy in selected circumstances of slowly regressing disease.
- <sup>k</sup>Initiation of chemotherapy or more extended RT can improve FFS (failure-free survival), but has not been shown to improve overall survival. These are options for therapy.
- <sup>1</sup>Observation may be appropriate in circumstances where toxicity of involvedfield RT (locoregional) outweighs potential clinical benefit.
- <sup>m</sup>See GELF criteria (FOLL-A).
- <sup>n</sup>Given incurability with conventional therapy, consider investigational therapy as first line of treatment.

#### <sup>o</sup>See Response Criteria for Lymphoma (NHODG-C).

- <sup>p</sup>Follow-up includes repeat diagnostic tests, including imaging (based on site of disease and clinical presentation) as clinically indicated.
- <sup>q</sup>Patients in remission are eligible for clinical trials.
- <sup>r</sup>In the palliative setting, involved field doses as low as 4 Gy may be effective.
- <sup>s</sup>Progressive disease should be histologically documented to rule out transformation (preferentially, biopsy or FDG uptake on PET), especially if LDH levels are rising, single site is growing disproportionately, extranodal disease develops, new B symptoms develop, or there is marked heterogeneity or sites of intense FDG avidity on PET scan. A directed biopsy should be performed of a suspicious area. If transformation is histologically confirmed, treat with anthracycline-based therapy. Positive functional imaging does not replace biopsy to diagnose transformation. <u>See Management of Transformation (FOLL-4</u>).

Note: All recommendations are category 2A unless otherwise indicated.





#### <sup>m</sup>See GELF criteria (FOLL-A).

•See Response Criteria for Lymphoma (NHODG-C).

<sup>p</sup>Follow-up includes repeat diagnostic tests, including imaging (based on site of disease and clinical presentation) as clinically indicated (about every 6 mo). <sup>q</sup>Patients in remission may be eligible for clinical trials.

<sup>r</sup>In the palliative setting, involved field doses as low as 4 Gy may be effective.

<sup>s</sup>Progressive disease should be histologically documented to rule out transformation (preferentially, biopsy or FDG uptake on PET), especially if LDH levels are rising, single site is growing disproportionately, extranodal disease develops, new B symptoms develop, or there is marked heterogeneity or sites of intense FDG avidity on PET scan. A directed biopsy should be performed of a suspicious area. If transformation is histologically confirmed, treat with anthracycline-based therapy. Positive functional imaging does not replace biopsy to diagnose transformation. See Management of Transformation (FOLL-4).

<sup>t</sup>Clinical trials may involve novel agents, regimens, or transplantation.

Note: All recommendations are category 2A unless otherwise indicated.

NCCN®

# Follicular Lymphoma

#### HISTOLOGICAL TRANSFORMATION TO DIFFUSE LARGE B-CELL LYMPHOMA



# Follicular Lymphoma

#### GELF CRITERIA<sup>a,b</sup>

 $\bullet$  Involvement of  $\geq$  3 nodal sites, each with a diameter of  $\geq$  3 cm

**Practice Guidelines** 

in Oncology - v.1.2009

- $\bullet$  Any nodal or extranodal tumor mass with a diameter of  $\geq 7\ cm$
- B symptoms
- Splenomegaly
- Pleural effusions or peritoneal ascites
- Cytopenias (leukocytes < 1.0 x 10<sup>9</sup>/L and/or platelets < 100 x 10<sup>9</sup>/L)
- Leukemia (> 5.0 x 10<sup>9</sup>/L malignant cells)

#### FLIPI CRITERIA<sup>a,c</sup>

십L /upper limit of normal)

#### Risk group according to FLIPI chart

0-1

**≥**3

2

Number of factors

Low Intermediate High



Mannikin used for counting the number of involved areas.<sup>d</sup>

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<sup>a</sup>This provides useful prognostic information which maybe used to guide therapeutic decisions.

- <sup>b</sup>Solal-Celigny P, Lepage E, Brousse N, et al. Doxorubicin containing regimen with or without interferon alfa 2b for advanced follicular lymphomas: final analysis of survival and toxicity in the Groupe d'Etude des Lymphomes Folliculaire 86 trial. J Clin Oncol 1998;16(7):2332-2338.
- <sup>c</sup>This research was originally published in Blood. Solal-Celigny P, Roy P, Colombat P, et al. Follicular lymphoma international prognostic index. Blood 2004;104:1258-1265. (c) the American Society of Hematology.
- <sup>d</sup>The map is used to determine number of nodal sites in FLIPI criteria and is different than the conventional Ann Arbor site map.

Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

Nodal Areas



#### SUGGESTED TREATMENT REGIMENS<sup>a,b</sup> (in alphabetical order)

Chemotherapy/Immunotherapy - single and combination therapy\* First-line Therapy<sup>c,d</sup> First-line Extended Dosing Rituximab maintenance<sup>e, f, k</sup> (category 2B) [It is strongly • CHOP (cyclophosphamide, doxorubicin, vincristine, prednisone) + recommended this treatment be on a prospective clinical rituximab (category 1) • CVP (cyclophosphamide, vincristine, prednisone) + rituximab (category 1) study.] • Fludarabine + rituximab Second-line and Subsequent Therapy • FND (fludarabine, mitoxantrone, dexamethasone) + rituximab Bendamustine + rituximab Rituximab • FCMR (fludarabine, cyclophosphamide, mitoxantrone, Radioimmunotherapy<sup>g,h</sup> (category 2B) rituximab) • Chemotherapy followed by radioimmunotherapy<sup>g,h</sup> (category 1) • Chemoimmunotherapy (as in first-line therapy) High dose therapy with autologous stem cell rescue<sup>i</sup> First-line for Elderly or Infirm (if none of the above are tolerable) High dose therapy with allogeneic stem cell rescue, for highly • Rituximab, preferred selected patients<sup>j</sup> • Single agent alkylators (eg, chlorambucil or cyclophosphamide) Radioimmunotherapy<sup>g,h</sup> • See Second-line Therapy for DLBCL (BCEL-B 1 of 3) See Rituximab and Viral Reactivation (NHODG-D) \*For patients with locally bulky or symptomatic disease, Second-line Extended Dosing Rituximab maintenance<sup>k</sup> (category 1) consider IFRT 4-30 Gy ± additional systemic therapy. <sup>a</sup>See references for regimens FOLL-B 2 of 3 and FOLL-B 3 of 3. <sup>g</sup>Selection of patients requires adequate marrow cellularity > 15% and < 25% involvement of lymphoma in bone marrow, and platelets > 100,000. In patients with <sup>b</sup>The choice of initial therapy requires consideration of many factors, including prior autologous stem cell rescue, referral to a tertiary care center is highly age, comorbidities, and future treatment possibilities (eq. HDT with SCR). recommended for radioimmunotherapy. Therefore, treatment selection is highly individualized. <sup>h</sup> If radioimmunotherapy is considered, bilateral cores are recommended and the <sup>c</sup>In combination chemotherapy, addition of rituximab has consistently increased overall response rate, response duration, and progression-free survival. In pathologist should provide the percent of overall cellular elements and the percent of cellular elements involved in the marrow. Cytogenetics ± FISH for known MDS addition some studies have demonstrated an overall survival benefit. markers. <sup>d</sup>Initial management of patients with follicular lymphoma should include rituximab; High dose therapy with autologous stem cell rescue is an appropriate consolidative use caution in patients with hepatitis B. therapy to patients in second or third remission although the benefit is palliative. <sup>e</sup>A randomized trial of rituximab maintenance following CVP induction has In highly selected patients, trials of fully ablative and nonmyeloablative allogeneic demonstrated an improvement in remission duration with a trend toward stem cell transplant have shown long term survival advantage, although there is a survival. 2-year treatment-related mortality rate of approximately 25% for non-myeloablative <sup>f</sup>The role of single agent rituximab maintenance after remission induction with and 40% for fully ablative. rituximab + chemotherapy combination is unknown. <sup>k</sup>In patients previously treated with chemotherapy, rituximab and anthracycline naive, maintenance rituximab extends disease-free, event-free and overall survival.

Note: All recommendations are category 2A unless otherwise indicated.

#### SUGGESTED TREATMENT REGIMENS References

#### First-line therapy

#### Cyclophosphamide

Peterson BA, Petroni GR, Frizzera G, et al. Prolonged single-agent versus combination chemotherapy in indolent follicular lymphomas: a study of the cancer and leukemia group B. J Clin Oncol 2003;21:5-15.

# CHOP (cyclophosphamide, doxorubicin, vincristine, prednisone) + rituximab

Czuczman MS, Weaver R, Alkuzweny B, et al. Prolonged clinical and molecular remission in patients with low-grade or follicular non-Hodgkin's Lymphoma treated with rituximab plus CHOP chemotherapy: 9-year follow-up. J Clin Oncol 2004;22(23):4711-4716.

Hiddemann W, Kneba M, Dreyling M, et al. Frontline therapy with rituximab added to the combination of cyclophosphamide, doxorubicin, vincristine, and prednisone (CHOP) significantly improves the outcome for patients with advanced-stage follicular lymphoma compared with therapy with CHOP alone: results of a prospective randomized study of the German Low-Grade Lymphoma Study Group. Blood 2005;106:3725-3732.

#### CVP (cyclophosphamide, vincristine, prednisone) + rituximab

Marcus R, Imrie K, Solal-Celigny P, et al. Phase III study of R-CVP compared with cyclophosphamide, vincristine, and prednisone alone in patients with previously untreated advanced follicular lymphoma. J Clin Oncol. 2008;26(28):4579-4586.

#### Fludarabine + rituximab

Czuczman MS, Koryzna A, Mohr A, et al. Rituximab in combination with fludarabine chemotherapy in low-grade of follicular lymphoma. J Clin Oncol 2005;23:694-704.

#### FND (fludarabine, mitoxantrone, dexamethasone) + rituximab

McLaughlin P, Hagemeister FB, Rodriguez MA, et al. Safety of fludarabine, mitoxantrone, and dexamethasone combined with rituximab in the treatment of stage IV indolent lymphoma. Semin Oncol 2000;27:37-41.

#### Rituximab

Ghielmini M, Hsu Schmitz SF, Cogliatti SB, et al. Prolonged treatment with rituximab in patients with follicular lymphoma significantly increases event-free survival and response duration compared with the standard weekly x 4 schedule. Blood 2004;103:4416-4423.

#### Radioimmunotherapy

Kaminski MS, Tuck M, Estes J, et al. 131I-tositumomab therapy as initial treatment for follicular lymphoma. N Engl J Med 2005;352(5):441-449. Kaminski MS, Estes J, Tuck M, Ross CW, Wahl RL. I131-tositumomab monotherapy as frontline treatment for follicular lymphoma: Updated results after a median follow-up of 8 years. J Clin Oncol (Meeting Abstracts). 2007;25(18 suppl):8033.

#### Chemotherapy followed by radioimmunotherapy

Press OW, Unger JM, Braziel RM, et al. Phase II trial of CHOP chemotherapy followed by tositumomab/iodine I-131 tositumomab for previously untreated follicular non-Hodgkin's lymphoma: five-year follow-up of Southwest Oncology Group Protocol S9911. J Clin Oncol 2006;24:4143-4149.

Morschhauser F, Radford J, Van Hoof A, et al. Phase III trial of consolidation therapy with Yttrium-90–Ibritumomab Tiuxetan compared with no additional therapy after first remission in advanced follicular lymphoma. J Clin Oncol 2008; 26:1-9.

#### Second-line extended dosing

#### **Rituximab maintenance**

van Oers MHJ, Klasa R, Marcus RE, et al. Rituximab maintenance improves clinical outcome of relapsed/resistant follicular non-Hodgkin lymphoma in patients both with and without rituximab during induction: results of a prospective randomized phase 3 intergroup trial. Blood 2006;108:3295-3301. Forstpointer R, Unterhalt M, Dreyling M, et al. Maintenance therapy with rituximab leads to a significant prolongation of response duration after salvage therapy with a combination of rituximab, fludarabine, cyclophosphamide, and mitoxantrone (R-FCM) in patients with recurring and refractory follicular and mantle cell lymphomas: results of a prospective randomized study of the German Low Grade Lymphoma Study Group (GLSG). Blood 2006;108:4003-4008.

#### Continued on next page

#### SUGGESTED TREATMENT REGIMENS References

#### Second-line therapy

#### Bendamustine

Robinson KS, Williams ME, van der Jagt RH, et al. Phase II multicenter study of bendamustine plus rituximab in patients with relapsed indolent B-cell and mantle cell non-Hodgkin's lymphoma. J Clin Oncol 2008; 26:4473-4479.

Friedberg JW, Cohen P, Chen L, et al. Bendamustine in patients with rituximab-refractory indolent and transformed non-hodgkin's lymphoma: results from a phase II multicenter, single-agent study. J Clin Oncol 2008;26(2):204-210.

Rummel MJ, Al-Batran SE, Kim S-Z, et al. Bendamustine plus rituximab is effective and has a favorable toxicity profile in the treatment of mantle cell and lowgrade non-hodgkin's lymphoma. J Clin Oncol 2005;23(15):3383-3389.

#### FCMR (fludarabine, cyclophosphamide, mitoxantrone, rituximab)

Forstpointner R, Dreyling M, Repp R et al. The addition of rituximab to a combination of fludarabine, cyclophosphamide, mitoxantrone (FCM) significantly increases the response rate and prolongs survival as compared to FCM alone in patients with relapsed and refractory follicular and mantle cell lymphomas -

results of a prospective randomized study of the German low grade lymphoma study group (GLSG). Blood 2004;104:3064-3071.

#### Radioimmunotherapy

Witzig TE, Flinn IW, Gordon LI, et al. Treatment with ibritumomab tiuxetan radioimmunotherapy in patients with rituximab-refractory follicular non-Hodgkin's lymphoma. J Clin Oncol 2002;20:3262-3269.

Witzig TE, Gordon LI, Cabanillas F, et al. Randomized controlled trial of yttrium-90-labeled ibritumomab tiuxetan radioimmunotherapy versus rituximab immunotherapy for patients with relapsed or refractory low-grade, follicular, or transformed B-cell non-Hodgkin's lymphoma. J Clin Oncol 2002;20:2453-2463. Kaminski MS, Zelenetz AD, Press OW, et al. Pivotal study of iodine I 131 tositumomab for chemotherapy-refractory low-grade or transformed low-grade B-cell non-Hodgkin's lymphomas. J Clin Oncol 2001;19:3918-3928.



# **Gastric MALT Lymphoma**

#### DIAGNOSIS

#### WORKUP

	ESSENTIAL:	
ESSENTIAL:	Physical exam with attention to nongastric sites	
<ul> <li>Hematopathology review of all slides with at least one paraffin</li> </ul>	(eyes, skin)	
block representative of the tumor. Rebiopsy if consult material	Performance status	
is nondiagnostic. <sup>a,b</sup>	• CBC, differential, platelets	
• Diagnosis of Gastric MALT lymphoma requires an endoscopic	Comprehensive metabolic panel	
biopsy and an FNA is never adequate.	• LDH	
<ul> <li>Adequate immunophenotyping to establish diagnosis<sup>c,d</sup></li> </ul>	• If H. pylori negative by histopathlogy, then use	
<ul> <li>Recommended panel for paraffin section</li> </ul>	noninvasive H. pylori testing (Stool antigen test, urea	
immunohistochemistry: CD20, CD3, CD5, CD10, BCL2,	breath test, blood antibody test)	See Initial
kappa/lambda, CD21 or CD23, cyclin D1, Ki-67, BCL6	 Hepatitis B testing <sup>†</sup> if rituximab contemplated	$\rightarrow$ Therapy
or	Chest/abdominal/pelvic CT with contrast of	(MALT-2)
Cell surface marker analysis by flow cytometry:	diagnostic quality	, <u>, , , , , , , , , , , , , , , , , , </u>
kappa/lambda, CD19, CD20, CD5, CD23, CD10	• Endoscopy with multiple biopsies of anatomical sites	
<ul> <li>Helicobacter Pylori stain (gastric), if positive, then PCR or</li> </ul>	• Pregnancy testing in women of child-bearing age (if	
FISH for t(11;18) <sup>e</sup>	chemotherapy planned)	
USEFUL UNDER CERTAIN CIRCUMSTANCES:	USEFUL IN SELECTED CASES	
<ul> <li>Molecular genetic analysis to detect: antigen receptor gene</li> </ul>	Endoscopic ultrasound	
rearrangements	Bone marrow biopsy ± aspirate	
• Cytogenetics or FISH: t(1;14), t(14;18), t(3;14)	• MUGA scan/echocardiogram <sup>g</sup>	
	• Discussion of fertility issues and sperm banking	

<sup>a</sup>Nondiagnostic atypical lymphoid infiltrates that are H. Pylori positive, should be rebiopsied to confirm or exclude lymphoma prior to treatment of H. Pylori. <sup>b</sup>Any area of DLBCL should be treated according to the <u>NCCN Diffuse Large B-Cell Lymphoma Guidelines (BCEL-1)</u>.

<sup>c</sup>Typical immunophenotype: CD10-, CD5-, CD20+, and cyclin D1-, BCL2 follicles-

<sup>d</sup>See Use of Immunophenotyping in Differential Diagnosis of Mature B-cell and T/NK-cell Neoplasms (NHODG-A).

<sup>e</sup>Locally advanced disease is more likely in patients with extranodal gastric lymphoma with t(11;18).

<sup>f</sup>Hepatitis B testing is indicated because of the risk of reactivation with immunotherapy + chemotherapy. Tests include hepatitis B antibody and surface antigen for a patient with no risk factors. For patients with risk factors or previous history of hepatitis B, add core antibodies and e-antigen. If positive, check viral load and consult with gastroenterologist.

<sup>g</sup> If treatment includes regimens containing anthracyclines or anthracenediones.

Note: All recommendations are category 2A unless otherwise indicated.



Note: All recommendations are category 2A unless otherwise indicated.

#### 3-MONTH RESTAGING AND FOLLOW-UP ENDOSCOPY

**Practice Guidelines** 

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#### ADDITIONAL THERAPY

#### AFTER ANTIBIOTICS



<sup>n</sup>Biopsy to rule out large cell lymphoma. Any area of DLBCL should be treated according to the <u>NCCN Diffuse Large B-Cell Lymphoma Guidelines (BCEL-1</u>).
<sup>o</sup> If re-evaluation suggests slowly responding disease or asymptomatic nonprogression, continued observation may be warranted. RT can be considered as early as 3 mo after observation but can be prolonged to 18 mo (category 2B).

# 3-MONTH RESTAGING AND FOLLOW-UP ENDOSCOPY

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AFTER RT



<sup>n</sup>Biopsy to rule out large cell lymphoma. Any area of DLBCL should be treated according to the NCCN Diffuse Large B-Cell Lymphoma Guidelines (BCEL-1).



# **Gastric MALT Lymphoma**





<sup>n</sup>Biopsy to rule out large cell lymphoma. Any area of DLBCL should be treated according to the <u>NCCN Diffuse Large B-Cell Lymphoma Guidelines (BCEL-1</u>). <sup>p</sup>Optimal interval for follow-up endoscopy is not known. Follow-up endoscopy (category 2B) at NCCN centers is driven by symptoms. <sup>q</sup>Follow-up includes repeat diagnostic tests, including imaging (based on site of disease and clinical presentation) as clinically indicated (about every 6 mo).



#### STAGING OF GASTRIC MALT LYMPHOMA: COMPARISON OF DIFFERENT SYSTEMS

Lugano \$	Staging System for gastrointestinal lymphomas	TNM Staging System adapted for gastric lymphoma	Ann Arbor stage	Tumor extension
Stage I Confined to GI tract (single		T1 N0 M0	I <sub>E</sub>	Mucosa, submucosa
	primary or multiple, noncontiguous)	T2 N0 M0	I <sub>E</sub>	Muscularis propria
		T3 N0 M0	I <sub>E</sub>	Serosa
Stage II	e II Extending into abdomen			
	II <sub>1</sub> = local nodal involvement	T1-3 N1 M0	lle	Perigastric lymph nodes
	II <sub>2</sub> = distant nodal involvement	T1-3 N2 M0	lle	More distant regional lymph nodes
Stage II <sub>E</sub>	Penetration of serosa to involve adjacent organs or tissues	T4 N0 M0	IE	Invasion of adjacent structures
Stage	Disseminated extranodal involvement or concomitant supradiaphragmatic nodal involvement	T1-4 N3 M0	III <sub>E</sub>	Lymph nodes on both sides of the
III - IV <sup>a</sup> in su in		T1-4 N0-3 M1	IV	diaphragm/distant metastases (eg, bone marrow or additional extranodal sites)

Yahalom et al. Extranodal Marginal Zone B-cell Lymphoma of Mucosa-Associated Lymphoid Tissue (MALT lymphoma) in Mauch et al eds. Non-Hodgkin's Lymphomas. Philadelphia: Lippincott, 2004:352.

<sup>a</sup>Involvement of multiple extranodal sites in MALT lymphoma appears to be biologically distinct from multiple extranodal involvement in other lymphomas, and these patients may be managed by treating each site separately with excision or RT. In contrast, cases with disseminated nodal involvement appear to behave more like nodal MZL or like disseminated FL.



#### DIAGNOSIS

#### WORKUP



<sup>a</sup>Typical sites of extranodal marginal zone lymphoma include the following: lung, parotid, small bowel, large bowel, ovary, prostate, and ocular adenxa. Infectious agents have been reported to be associated with many nongastric sites but testing for these agents is not required for management.

<sup>b</sup>Non-cutaneous, for Cutaneous Marginal Zone B-cell Lymphoma, see CUTB.

<sup>c</sup>Typical immunophenotype: CD10-, CD5-, CD20+, CD23-/+, CD43-/+ and cyclin D1-, BCL2 follicles-.

<sup>d</sup>See Use of Immunophenotyping in Differential Diagnosis of Mature B-cell and T/NK-cell Neoplasms (NHODG-A).

<sup>e</sup>Hepatitis B testing is indicated because of the risk of reactivation with immunotherapy + chemotherapy. Tests include hepatitis B antibody and surface antigen for a patient with no risk factors. For patients with risk factors or previous history of hepatitis B, add core antibodies and e-antigen. If positive, check viral load and consult with gastroenterologist.

<sup>f</sup>If treatment includes regimens containing anthracyclines or anthracenediones.

Note: All recommendations are category 2A unless otherwise indicated.



<sup>g</sup>Treatment of each site may be indicated (eg, bilateral conjunctiva) both at diagnosis and at relapse.

<sup>h</sup>DLBCL coexistent with MALT cell lymphoma is managed as DLBCL.

<sup>i</sup>Based on anecdotal responses to antibiotics in ocular and cutaneous marginal zone lymphomas, some physicians will give an empiric course of doxycyclline prior to initiating other therapy.

<sup>j</sup>Dose is site dependent with lower dose reserved for eye involvement.

<sup>k</sup>Surgical excision for adequate diagnosis may be appropriate treatment for disease.

<sup>1</sup>Follow-up includes repeat diagnostic tests, including imaging (based on site of disease and clinical presentation) as clinically indicated (about every 6 mo).

Note: All recommendations are category 2A unless otherwise indicated.


## **DIAGNOSIS**<sup>a</sup>

## **ESSENTIAL:**

- Hematopathology review of all slides with at least one paraffin block representative of the tumor. Rebiopsy if consult material is nondiagnostic.
- An FNA or core needle biopsy alone is not generally suitable for the initial diagnosis of lymphoma. In certain circumstances, when a lymph node is not easily accessible for excisional or incisional biopsy, a combination of core biopsy and FNA biopsies in conjunction with appropriate ancillary techniques for the differential diagnosis (immunohistochemistry, flow cytometry, PCR for IgH and TCR gene rearrangements, and FISH for major translocations) may be sufficient for diagnosis. Histologic grading cannot be performed on an FNA.
- Adequate immunophenotyping to establish diagnosis<sup>b,c</sup>
- Paraffin panel: CD20, CD3, CD5, CD10, BCL2, kappa/lambda, CD21 or CD23, cyclin D1
  - or
- Cell surface marker analysis by flow cytometry: kappa/lambda, CD19, CD20, CD5, CD23, CD10
- Pediatric nodal marginal zone lymphoma should be considered with localized disease in a young patient.
- USEFUL UNDER CERTAIN CIRCUMSTANCES:
- Molecular genetic analysis to detect: antigen receptor gene rearrangements; PCR for t(11;18)
- Cytogenetics or FISH: t(11;18); t(1;14); t(14;18); del(13q); del(7q)
- <sup>a</sup>Nodal MZL is rare and occurs most commonly as spread from extranodal MALT; must also be distinguished from nodal FL, MCL, lymphoplasmacytic lymphoma and CLL, all of which are more common.
- <sup>b</sup>Typical immunophenotype: CD10-, CD5-, CD20+, CD23-/+, CD43-/+ and cyclin D1-, BCL2 follicles-.

<sup>c</sup>See Use of Immunophenotyping in Differential Diagnosis of Mature B-cell and <u>T/NK-cell Neoplasms (NHODG-A)</u>.

<sup>d</sup>Hepatitis B testing is indicated because of the risk of reactivation with immunotherapy + chemotherapy. Tests include hepatitis B antibody and surface

## WORKUP

## **ESSENTIAL:**

- Physical exam with performance status
- CBC, differential, platelets
- Comprehensive metabolic panel
- LDH
- Hepatitis B testing<sup>d</sup> if rituximab contemplated
- Hepatitis C testing
- Chest/abdominal/pelvic CT with contrast of diagnostic quality
- Bone marrow biopsy + aspirate to document clinical stage I-II disease<sup>e</sup>
- Evaluation to rule out extranodal primary sites
- Neck nodes: ocular, parotid, thyroid and salivary gland
- ► Axillary nodes: lung, breast and skin
- Mediastinal/hilar nodes: lung
- Abdominal nodes: splenic and GI
- Inguinal/iliac nodes: GI and skin
- Pregnancy testing in women of child-bearing age (if chemotherapy planned)
   USEFUL IN SELECTED CASES
- MUGA scan/echocardiogram<sup>f</sup>
- Additional imaging as appropriate
- PET-CT scan
- Discussion of fertility issues and sperm banking

antigen for a patient with no risk factors. For patients with risk factors or previous history of hepatitis B, add core antibodies and e-antigen. If positive, check viral load and consult with gastroenterologist.

- <sup>e</sup>Bilateral or unilateral provided core biopsy is > 2 cm. If radioimmunotherapy is considered, bilateral cores are recommended and the pathologist should provide the percent of overall cellular elements and the percent of cellular elements involved in the marrow. If observation is initial therapy, bone marrow biopsy may be deferred.
- <sup>f</sup>If treatment includes regimens containing anthracyclines or anthracenediones.

Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

See Management as per Follicular Lymphoma (FOLL-2)



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## DIAGNOSIS

## ESSENTIAL:

- Hematopathology review of all slides with at least one paraffin block representative of the tumor. Rebiopsy if consult material is nondiagnostic.<sup>a</sup>
- An FNA or core needle biopsy alone is not generally suitable for the initial diagnosis of lymphoma. In certain circumstances, when a lymph node is not easily accessible for excisional or incisional biopsy, a combination of core biopsy and FNA biopsies in conjunction with appropriate ancillary techniques for the differential diagnosis (immunohistochemistry, flow cytometry, PCR for IgH and TCR gene rearrangements, and FISH for major translocations) may be sufficient for diagnosis.
- Adequate immunophenotyping to establish diagnosis<sup>b,c</sup>
- Recommended panel for paraffin section immunohistochemistry: CD20, CD3, CD5, CD10, BCL2, kappa/lambda, CD21 or CD23, cyclin D1, IgD, CD43, annexin-1 or
- ► Cell surface marker analysis by flow cytometry: kappa/lambda, CD19, CD20, CD5, CD23, CD10, CD43, CD103
- USEFUL UNDER CERTAIN CIRCUMSTANCES:
- Molecular genetic analysis to detect: antigen receptor gene rearrangements; PCR for t(11;18)
- Cytogenetics or FISH: CLL panel; t(11;18); t(11;14); t(14;18); del(7q)

## Cryoglobulins

- <sup>a</sup>SMZL is typically diagnosed at splenectomy, since the immunophenotoype is nonspecific. However if a characteristic intrasinusoidal lymphocytic infiltrate can be demonstrated on bone marrow biopsy, and the immunophenotype is consistent, the diagnosis can strongly be suggested on bone marrow biopsy.
- <sup>b</sup>Typical immunophenotype: CD10-, CD5-, CD20+, CD23-/+, CD43-/+ and cyclin D1-, BCL2 follicles-, annexin-1, CD103-(distinction from hairy cell leukemia). <sup>c</sup>See Use of Immunophenotyping in Differential Diagnosis of Mature B-cell and T/NK-cell Neoplasms (NHODG-A).
- <sup>d</sup>Hepatitis B testing is indicated because of the risk of reactivation with immunotherapy + chemotherapy. Tests include hepatitis B antibody and surface antigen for a patient with no risk factors. For patients with risk factors or previous history of hepatitis B, add core antibodies and e-antigen. If positive, check viral load and consult with gastroenterologist.

Note: All recommendations are category 2A unless otherwise indicated. Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

## WORKUP



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Splenic Marginal Zone Lymphoma Staging, Discussion, References



MANAGEMENT



Note: All recommendations are category 2A unless otherwise indicated. Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

## Mantle Cell Lymphoma

WORKUP

COCENTIAL

## DIAGNOSIS

## ESSENTIAL:

<sup>a</sup>Typical immunophenotype: CD5+, CD20+, CD43+, CD23-/+, cyclin D1+, CD10-/+ Note: Some cases of MCL may be CD5- or CD 23+. If the diagnosis is suspected, cyclin D1 staining or FISH for t(11;14) should be done.

<sup>b</sup>See Use of Immunophenotyping in Differential Diagnosis of Mature B-cell and T/NK-cell Neoplasms (NHODG-A).

<sup>c</sup>Hepatitis B testing is indicated because of the risk of reactivation with immunotherapy + chemotherapy. Tests include hepatitis B antibody and surface antigen for a patient with no risk factors. For patients with risk factors or previous history of hepatitis B, add core antibodies and e-antigen. If positive, check viral load and consult with gastroenterologist.

<sup>d</sup> If treatment includes regimens containing anthracyclines or anthracenediones.

<sup>e</sup>Recommended for patients receiving aggressive treatment.

Note: All recommendations are category 2A unless otherwise indicated. Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.



## Mantle Cell Lymphoma

#### SUGGESTED TREATMENT REGIMENS<sup>a</sup> (in alphabetical order)

## First-line Therapy<sup>b</sup>

- CHOP (cyclophosphamide, doxorubicin, vincristine, prednisone) ± rituximab<sup>c</sup> in selected older patients who cannot tolerate more intensive therapy
- R-HyperCVAD (rituximab, cyclophosphamide, vincristine, doxorubicin, and dexamethasone alternating with rituximab plus high-dose methotrexate and cytarabine)
- Rituximab + EPOCH (etoposide, prednisone, vincristine, cyclophosphamide, doxorubicin)
- Modified HyperCVAD with rituximab maintenance in patients older than 65 y
- NORDIC regimen (dose-intensified induction immunochemotherapy with rituximab + cyclophosphamide, vincristine, doxorubicin, prednisone [maxi-CHOP]) alternating with rituximab + high-dose cytarabine)
- Cladribine ± rituximab

**First-line Consolidation** 

- Clinical trial
- High dose therapy with autologous stem cell rescue<sup>d</sup>

## See Rituximab and Viral Reactivation (NHODG-D)

Second-line Therapy<sup>b</sup>

- Bendamustine (category 2B) ± rituximab
- Bortezomib
- Cladribine
- FC (fludarabine, cyclophosphamide) ± rituximab
- FCMR (fludarabine, cyclophosphamide, mitoxantrone, rituximab)
- FMR (fludarabine, mitoxantrone, rituximab)
- Lenalidomide
- PCR (pentostatin, cyclophosphamide, rituximab)
- PEPC (prednisone, etoposide, procarbazine, cyclophosphamide) ± rituximab
- Temsirolimus
- Thalidomide + rituximab
- See Second-line Therapy for DLBCL (BCEL-B 1 of 3)

## Second-line Consolidation

• High dose therapy with allogeneic stem cell rescue (nonmyeloablative or myeloablative)

<sup>a</sup>See references for regimens <u>MANT-A 2 of 3</u> and <u>MANT-A 3 of 3</u>.

<sup>b</sup>There are no prospective randomized comparative trials with induction therapy regimens for mantle cell lymphoma.

<sup>c</sup>There is a randomized trial that demonstrated that RCHOP was not superior to CHOP.

<sup>d</sup>Randomized data with anthracycline-containing regimens suggest an improvement in progression free survival with the addition of first-line high dose therapy with autologous stem cell consolidation. Overall survival benefit has not been demonstrated.

Note: All recommendations are category 2A unless otherwise indicated.

#### **First-line Therapy**

Rituximab + HyperCVAD (cyclophosphamide, vincristine, doxorubicin, dexamethasone) alternating with methotrexate and cytarabine

Romaguera JE, Fayad L, Rodriguez MA, et al. High rate of durable remissions after treatment of newly diagnosed aggressive mantle-cell lymphoma with rituximab plus hyper-CVAD alternating with rituximab plus high-dose methotrexate and cytarabine. J Clin Oncol 2005;23:7013-7023.

Mantle Cell Lymphoma

#### Rituximab + CHOP (cyclophosphamide, doxorubicin, vincristine, prednisone)

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Lenz G, Dreyling M, Hoster E, et al. Immunochemotherapy with rituximab and cyclophosphamide, doxorubicin, vincristine, and prednisone significantly improves response and time to treatment failure, but not long-term outcome in patients with previously untreated mantle cell lymphoma: results of a prospective randomized trial of the German Low Grade Lymphoma Study Group (GLSG). J Clin Oncol 2005;23(9):1984-1992.

#### **R-EPOCH** (rituximab, etoposide, prednisone, vincristine, cyclophosphamide, and doxorubicin)

Jermann M, Jost LM, Taverna C, et al. Rituximab-EPOCH, an effective salvage therapy for relapsed, refractory or transformed B-cell lymphomas: results of a phase II study. Ann Oncol 2004;15:511-516.

#### Modified HyperCVAD with Rituximab Maintenance

Kahl BS, Long WL, Eickhoff JC, et al. Maintenance rituximab following induction chemoimmunotherapy may prolong progression-free survival in mantle cell lymphoma: a pilot study from the Wisconsin Oncology Network. Ann Oncology 2006;17:1418-1423.

Nordic trial regimen (Dose-intensified induction immunochemotherapy with rituximab + cyclophosphamide, vincristine, doxorubicin, prednisone [maxi-CHOP]) alternating with rituximab + high-dose cytarabine)

Geisler CH, Kolstad A, Laurell A, et al. Long-term progression-free survival of mantle cell lymphoma following intensive front-line immunochemotherapy with in vivo-purged stem cell rescue: A non-randomized phase-II multicenter study by the Nordic Lymphoma Group. Blood 2008; 112:2687-2693.

#### **First-line Consolidation**

#### High dose therapy with autologous stem sell rescue (category 2B)

Dreyling M, Lenz G, Hoster E, et al. Early consolidation by myeloablative radiochemotherapy followed by autologous stem cell transplantation in first remission significantly prolongs progression-free survival in mantle cell lymphoma: results of a prospective randomized trial of the European MCL Network. Blood 2005;105(7):2677-2684.

Continued on next page

Note: All recommendations are category 2A unless otherwise indicated.

#### Second-line Therapy

#### **Bendamustine**

Robinson KS, Williams ME, van der Jagt RH, et al. Phase II Multicenter Study of Bendamustine Plus Rituximab in Patients With Relapsed Indolent B-Cell and Mantle Cell Non-Hodgkin's Lymphoma. J Clin Oncol 2008; 26:4473-4479.

Mantle Cell Lymphoma

Rummel MJ, Al-Batran SE, Kim S-Z, et al. Bendamustine plus rituximab is effective and has a favorable toxicity profile in the treatment of mantle cell and lowgrade non-hodgkin's lymphoma. J Clin Oncol. 2005;23(15):3383-3389.

#### Bortezomib

Fisher RI, Bernstein SH, Kahl BS et al. Multicenter phase II study of bortezomib in patients with relapsed or refractory mantle cell lymphoma. J Clin Oncol 2006;24:4867-4874.

#### Cladribine

Rummel MJ, Chow KU, Jager E, et al. Treatment of mantle-cell lymphomas with intermittent two-hour infusion of cladribine as first-line therapy or in first relapse. Ann Oncol 1999;10:115-117.

#### Fludarabine and cyclophosphamide (FC) with or without rituximab

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Cohen BJ, Moskowitz C, Straus D et al. Cyclophosphamide/fludarabine (CF) is active in the treatment of mantle cell lymphoma. Leuk Lymphoma 2001;42:1015-1022.

#### FCMR (fludarabine, cyclophosphamide, mitoxantrone, rituximab) ± rituximab maintenance

Forstpointner R, Dreyling M, Repp R, et al. The addition of rituximab to a combination of fludarabine, cyclophosphamide, mitoxantrone (FCM) significantly increases the response rate and prolongs survival as compared to FCM alone in patients with relapsed and refractory follicular and mantle cell lymphoma - results of a prospective randomized study of the German low grade lymphoma study group (GLSG). Blood 2004;104(10):3064-3071.

#### FMR (fludarabine, mitoxantrone, rituximab)

Mohrbacher A, Khan AU, Tulpule A, et al. Results of a pilot trial of fludarabine, mitoxantrone and rituximab in mantle cell lymphoma. J Clin Oncol (Meeting Abstracts). 2004;22(14\_suppl):6697.

#### Lenalidomide

Czuczman MS, Reeder CB, Polikoff J, et al. International study of lenalidomide in relapsed/refractory aggressive non-Hodgkin's lymphoma. J Clin Oncol (Meeting Abstracts). 2008;26(15 suppl):8509.

#### PEP-C with or without rituximab

Coleman M, Martin P, Ruan J, et al. Prednisone, etoposide, procarbazine, and cyclophosphamide (PEP-C) oral combination chemotherapy regimen for recurring/refractory lymphoma: low-dose metronomic, multidrug therapy. Cancer. 2008;112(10):2228-2232.

#### Temsirolimus

Hess G, Romaguera JE, Verhoef G, et al. Phase III study of patients with relapsed, refractory mantle cell lymphoma treated with temsirolimus compared with investigator's choice therapy. J Clin Oncol (Meeting Abstracts). 2008;26(15\_suppl):Abstract 8513.

#### Thalidomide + rituximab

Kaufman H, Raderer M, Wohrer S, et al. Antitumor activity of rituximab plus thalidomide in patients with relapsed/refractory mantle cell lymphoma. Blood 2004;104(8):2269-2271.

Note: All recommendations are category 2A unless otherwise indicated.

MIPI: Mantle Cell Lymphoma International Prognostic Index<sup>a</sup>

- MIPI is for patients with advanced stage mantle cell lymphoma.
- The patient is assigned to one of three prognostic groups: low risk, intermediate risk and high risk group.

Points 0 1 2 3	Age, y < 50 50-59 60-69 ≥ 70	ECOG <sup>b</sup> 0-1 N/A 2-4 N/A	LDH/ULN <sup> c</sup> < 0.67 0.67-0.99 1.00 -1.49 ≥ 1.50	WBC, 10 <sup>9</sup> /L < 6.70 6.70-9.99 10.00-14.99 ≥ 15.00		
N/A: Not applicable						
<ul> <li>For each prognostic factor, 0 to 3 points are given to each patient and points are summed up to a maximum of 11.</li> </ul>						
<ul> <li>Low risk: 0 to 3 points</li> <li>Intermediate risk: 4 to 5 points</li> <li>High risk: 6 to 11 points</li> </ul>						

## **MIPI- Simplified Prognostic Index**

<sup>a</sup>This work was originally published in Blood. Hoster E, Dreyling M, Klapper W, et al. A new prognostic index (MIPI) for patients with advanced-stage mantle cell lymphoma. Blood. 2008 Jan 15;111(2):558-565. © the American Society of Hematology.

<sup>b</sup>ECOG performance status was weighted with 2 points if patients were unable to work or bedridden (ECOG 2-4).

<sup>c</sup>LDH/ULN is the ratio of measured LDH divided by upper limit of normal (ULN) is determined in local laboratories.

Note: All recommendations are category 2A unless otherwise indicated.



## DIAGNOSIS<sup>b</sup>

## ESSENTIAL:

- Hematopathology review of all slides with at least one paraffin block representative of the tumor. Rebiopsy if consult material is nondiagnostic.
- An FNA or core needle biopsy alone is not generally suitable for the initial diagnosis of lymphoma. In certain circumstances, when a lymph node is not easily accessible for excisional or incisional biopsy, a combination of core biopsy and FNA biopsies in conjunction with appropriate ancillary techniques for the differential diagnosis (immunohistochemistry, flow cytometry, PCR for IgH and TCR gene rearrangements, and FISH for major translocations) may be sufficient for diagnosis.
- Adequate immunophenotyping to establish diagnosis<sup>c,d</sup>
- Recommended panel for paraffin section immunohistochemistry: CD20, CD3, CD5, CD10, CD45, BCL2, BCL6, Ki-67, IRF-4/MUM1 or
- Cell surface marker analysis by flow cytometry: kappa/lambda, CD45, CD3, CD5, CD19, CD10, CD20
   USEFUL UNDER CERTAIN CIRCUMSTANCES:
- Additional immunohistochemical studies to establish lymphoma subtype
- Paraffin panel: cyclin D1, kappa/lambda, CD138, EBV, ALK, HTLV
- Molecular genetic analysis to detect: antigen receptor gene rearrangements; BCL1, BCL2, MYC rearrangements
- Cytogenetics or FISH: t(14;18); t(3;v); t(8;14)

<sup>a</sup>DLBCL coexistent with follicular lymphoma of any grade, DLBCL coexistent with gastric MALT lymphoma, DLBCL coexistent with nongastric MALT lymphoma are treated according to this guideline. This pathway is commonly used to treat Follicular Lymphoma grade 3. Germinal center (or follicular center) cell phenotype is not equivalent to follicular lymphoma and can occur in DLBCL and Burkitt's lymphoma. Morphology is required to establish diagnosis. Primary cutaneous follicle center lymphoma (which may be misdiagnosed as diffuse large B-cell lymphoma) and cutaneous DLBCL of leg type may be treated according <u>CUTB-4</u>.

## WORKUP

		<ul> <li>ESSENTIAL:</li> <li>Physical exam: attention to node-bearing areas, including Waldeyer's ring, and to size of liver and spleen</li> <li>Performance status</li> </ul>		
le		<ul> <li>B symptoms</li> <li>CBC, differential, platelets</li> <li>LDH</li> </ul>		
		<ul> <li>Comprehensive metabolic panel</li> <li>Uric acid</li> <li>Chest/abdominal/pelvic CT with contrast of diagnostic</li> </ul>		
		quality • Unilateral or bilateral bone marrow biopsy (1-2 cm) ± aspirate	See Induction	
		<ul> <li>Calculation of International Prognostic Index (IPI)<sup>b</sup></li> <li>Hepatitis B testing<sup>e</sup></li> <li>MUGA scan/echocardiogram<sup>f</sup></li> </ul>	<u>Therapy</u> (BCEL-2)	
		PET-CT scan     Pergnancy testing in women of child-bearing age		
		Beta-2-microglobulin (category 2B)     USEFUL IN SELECTED CASES:     Neek CT, Head CT, or MPI		
		<ul> <li>Neck C1, Head C1 of MR1</li> <li>Discussion of fertility issues and sperm banking</li> <li>HIV</li> </ul>		
ıe		<ul> <li>Lumbar puncture, if paranasal sinus, testicular, epidural, bone marrow with large cell lymphoma, HIV lymphoma, or &gt; 2 extranodal sites</li> </ul>		
<ul> <li>CTypical immunophenotype: CD20+, CD45+, CD3-; other markers used for subclassification.</li> <li>CTypical immunophenotyping in Differential Diagnosis of Mature B-cell and Direct Structure S</li></ul>				

immunotherapy + chemotherapy. Tests include hepatitis B antibody and surface antigen for a patient with no risk factors. For patients with risk factors or previous history of hepatitis B, add core antibodies and e-antigen. If positive, check viral load and consult with gastroenterologist.

<sup>f</sup>If treatment includes regimens containing anthracyclines or anthracenediones.

Note: All recommendations are category 2A unless otherwise indicated.





<sup>o</sup>See Response Criteria for Lymphoma (NHODG-C).

<sup>p</sup>Documented PR includes a biological measure of disease: positive PET-CT scan, or ideally positive biopsy.

<sup>q</sup>Wait a minimum of 8 weeks after RT to repeat PET-CT scan. The optimum timing of repeat PET-CT is unknown. False positives may occur due to posttreatment changes.

<sup>r</sup>There is evidence that addition of maintenance rituximab does not improve survival.

<sup>s</sup> Patients in first remission may be candidates for consolidation trials including high dose therapy with autologous stem cell rescue.

Note: All recommendations are category 2A unless otherwise indicated.





<sup>o</sup>See Response Criteria for Lymphoma (NHODG-C).

<sup>u</sup>Additional RT can be given before or after high dose therapy with stem cell rescue to sites of previous positive disease.

<sup>v</sup>Selected cases include mobilization failures and persistent bone marrow involvement.

<sup>w</sup>Clinical trials or individual regimens: Patients who progress after three successive regimens are unlikely to derive additional benefit from currently utilized combination chemotherapy regimens, except for patients with a long disease-free interval.

Note: All recommendations are category 2A unless otherwise indicated.

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<sup>a</sup>Adapted with permission, The International Non-Hodgkin's Lymphoma Prognostic Factors Project. A predictive model for aggressive non-hodgkin's lymphoma. N Engl J Med1993; 329:987-994. Copyright © 1993 Massachusetts Medical Society. All rights reserved.

Back to Workup (BCEL-1)

Note: All recommendations are category 2A unless otherwise indicated. Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

#### SUGGESTED TREATMENT REGIMENS<sup>a</sup> (in alphabetical order)

First-line Therapy

- Rituximab + CHOP (cyclophosphamide, doxorubicin, vincristine, prednisone) (category 1)
- Dose dense RCHOP 14 (category 2B)
- Dose adjusted R-EPOCH (rituximab, etoposide, prednisone, vincristine, cyclophosphamide, and doxorubicin) (category 2B)

**First-line Consolidation** 

• High dose therapy with autologous stem cell rescue in high risk patients (category 2B)

<u>Second-line Therapy</u><sup>b</sup> (candidates for high dose therapy with autologous stem cell rescue)

- DHAP (dexamethasone, cisplatin, cytarabine) ± R
- ESHAP (etoposide, methylprednisolone, cytarabine, cisplatin) ± R
- GDP (gemcitabine, dexamethasone, cisplatin) ± R
- GemOx (gemcitabine, oxaliplatin) ± R
- ICE (ifosfamide, carboplatin, etoposide) ± R
- miniBEAM (carmustine, etoposide, cytarabine, melphalan) ± R
- MINE (mesna, ifosfamide, mitoxantrone, etoposide) ± R

<u>Second-line Therapy</u><sup>b</sup> (not candidates for high dose therapy)

- Clinical trial
- Rituximab
- CEPP ± R (cyclophosphamide, etoposide, prednisone, procarbazine) PO and IV
- PEPC (prednisone, etoposide, procarbazine, cyclophosphamide) all PO
- EPOCH ± R (etoposide, prednisone, vincristine, cyclophosphamide, doxorubicin)

See Rituximab and Viral Reactivation (NHODG-D)

<sup>a</sup>See references for regimens <u>BCEL-B 2 of 3</u> and <u>BCEL-B 3 of 3</u>.

<sup>b</sup> If additional anthracycline is administered after a full course of therapy, careful cardiac monitoring is essential. Dexrazoxane may be added as a cardioprotectant.

Note: All recommendations are category 2A unless otherwise indicated. Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

#### **First-line Therapy**

#### RCHOP (rituximab, cyclophosphamide, doxorubicin, vincristine, prednisone) with RT

Miller TP, Dahlberg S, Cassady JR, et al. Chemotherapy alone compared with chemotherapy plus radiotherapy for localized intermediateand high-grade non-hodgkin's lymphoma. N Engl J Med 1998;339:21-26.

Horning SJ, Weller E, Kim K, et al. Chemotherapy with or without radiotherapy in limited-stage diffuse aggressive non-hodgkin's lymphoma: Eastern Cooperative Oncology Group Study 1484. J Clin Oncol 2004;22:3032-3038.

Miller TP, Unger JM, Spier C, et al. Effect of adding rituximab to three cycles of CHOP plus involved-field radiotherapy for limited-stage aggressive diffuse B-cell lymphoma (SWOG-0014). ASH Annual Meeting Abstracts. 2004;104:158.

#### RCHOP

Coiffier B, Lepage E, Briere J, et al. CHOP chemotherapy plus rituximab compared with CHOP alone in elderly patients with diffuse large B-cell lymphoma. N Engl J Med 2002;346:235-242.

Feugier P, Van Hoof Å, Sebban C, et al. Long-term results of the R-CHOP study in the treatment of elderly patients with diffuse large B-cell lymphoma: a study by the Groupe d'Etude des Lymphomes de l'Adulte. J Clin Oncol 2005;23:4117-4126.

Pfreundschuh M, Trumper L, Osterborg A, et al. CHOP-like chemotherapy plus rituximab versus CHOP-like chemotherapy alone in young patients with good-prognosis diffuse large-B-cell lymphoma: a randomised controlled trial by the MabThera International Trial (MINT) Group. Lancet Oncol 2006;7:379-391.

#### Dose dense RCHOP 14

Blayney DW, LeBlanc ML, Grogan T, et al. Dose-intense chemotherapy every 2 weeks with dose-intense cyclophosphamide, doxorubicin, vincristine, and prednisone may improve survival in intermediate- and high-grade lymphoma: a phase II study of the Southwest Oncology Group (SWOG 9349). J Clin Oncol 2003;21:2466-2473.

#### R-EPOCH

Wilson WH, Gutierrez M, O'Connor P, et al. The role of rituximab and chemotherapy in aggressive B-cell lymphoma: a preliminary report of dose-adjusted EPOCH-R. Semin Oncol 2002;29:41-47.

Continued on next page

Note: All recommendations are category 2A unless otherwise indicated.

#### Second-line Therapy

#### DHAP with or without rituximab

Velasquez WS, Cabanillas F, Salvador P, et al. Effective salvage therapy for lymphoma with cisplatin in combination with high-dose Ara-C and dexamethasone (DHAP). Blood 1988;71:117-122.

Mey UJ, Orlopp KS, Flieger D, et al. Dexamethasone, high-dose cytarabine, and cisplatin in combination with rituximab as salvage treatment for patients with relapsed or refractory aggressive non-Hodgkin's lymphoma. Cancer Invest. 2006;24:593-600.

#### ESHAP with or without rituximab

Velasquez WS, McLaughlin P, Tucker S, et al. ESHAP - an effective chemotherapy regimen in refractory and relapsing lymphoma: a 4-year follow-up study. J Clin Oncol 1994;12:1169-1176.

#### GDP (gemcitabine, dexamethasone, cisplatin) ± R

Crump M, Baetz T, Couban S, et al. Gemcitabine, dexamethasone, and cisplatin in patients with recurrent or refractory aggressive histology B-cell non-Hodgkin lymphoma: a Phase II study by the National Cancer Institute of Canada Clinical Trials Group (NCIC-CTG). Cancer 2004;101:1835-1842. **GemOX plus rituximab** 

Lopez A, Gutierrez A, Palacios A, et al. GEMOX-R regimen is a highly effective salvage regimen in patients with refractory/relapsing diffuse large-cell lymphoma: a phase II study. Eur J Haematol. 2008;80(2):127-132.

#### ICE with or without rituximab

Zelenetz AD, Hamlin P, Kewalramani T, et al. Ifosfamide, carboplatin, etoposide (ICE)-based second-line chemotherapy for the management of relapsed and refractory aggressive non-Hodgkin's lymphoma. Ann Oncol 2003;14[suppl 1]:i5-10.

Kewalramani T, Zelenetz AD, Nimer SD, et al. Rituximab and ICE (RICE) as second-line therapy prior to autologous stem cell transplantation for relapsed or primary refractory diffuse large B-cell lymphoma. Blood 2004;103:3684-8.

Vose J, Sneller V. Outpatient regimen rituximab plus ifosfamide, carboplatin and etoposide (R-ICE) for relapsed non-Hodgkin's lymphoma. Ann Oncol 2003;14 Suppl 1:i17-20.

#### MiniBEAM with or without rituximab

Girouard C, Dufresne J, Imire K, et al. Salvage chemotherapy with mini-BEAM for relapsed or refractory non-Hodgkin's lymphoma prior to autologous bone marrow transplantation. Ann Oncol 1997;8:675-680.

#### **CEPP** with or without rituximab

Chao NJ, Rosenberg SA, and Horning SJ. CEPP(B): An effective and well-tolerated regimen in poor-risk, aggressive non-Hodgkin's lymphoma. Blood 1990;76(7):1293-1298.

#### **PEP-C** with or without rituximab

Coleman M, Martin P, Ruan J, et al. Prednisone, etoposide, procarbazine, and cyclophosphamide (PEP-C) oral combination chemotherapy regimen for recurring/refractory lymphoma: low-dose metronomic, multidrug therapy. Cancer. 2008;112(10):2228-2232.

Note: All recommendations are category 2A unless otherwise indicated.



## **Burkitt's Lymphoma**

## DIAGNOSIS<sup>a,b</sup>

## ESSENTIAL:

- Hematopathology review of all slides with at least one paraffin block representative of the tumor. Rebiopsy if consult material is nondiagnostic.
- An FNA or core needle biopsy alone is not generally suitable for the initial diagnosis of lymphoma. In certain circumstances, when a lymph node is not easily accessible for excisional or incisional biopsy, a combination of core biopsy and FNA biopsies in conjunction with appropriate ancillary techniques for the differential diagnosis (immunohistochemistry, flow cytometry, PCR for IgH and TCR gene rearrangements, and FISH for major translocations) may be sufficient for diagnosis.
- Adequate immunophenotyping to establish diagnosis<sup>c,d</sup>
- Paraffin panel: CD45 (LCA), CD20, CD3, CD10, Ki-67, BLC2, BCL6, TdT
  - or
- Cell surface marker analysis by flow cytometry: kappa/lambda, CD45, CD20, CD3, CD5, CD19, CD10, TdT
- Cytogenetics or FISH: t(8;14) or variants; MYC; IgH; BCL2; BCL6 rearrangements

## USEFUL UNDER CERTAIN CIRCUMSTANCES:

- Additional immunohistochemical studies to establish lymphoma subtype
- Frozen: kappa/lambda
- ► Paraffin panel: TdT; kappa/lambda; ISH for EBER
- Molecular genetic analysis to detect: antigen receptor gene rearrangements; MYC rearrangement
- <sup>a</sup> WHO 2008 classification recognizes that it may not always be possible to distinguish between DLBLC and Burkitt's lymphoma. In the setting where it is not possible to distinguish, leave as unclassified and individualize therapy.
- <sup>b</sup>This disease is complex and curative; it is preferred that treatment occur at centers with expertise in the management of the disease.
- <sup>c</sup>Typical immunophenotype: slg+, CD10+, CD20+, TdT-, Ki67+ (100%), BCL2-, BCL6+, MYC rearrangement only by cytogenetics or FISH.

## WORKUP



#### <sup>d</sup>See Use of Immunophenotyping in Differential Diagnosis of Mature B-cell and T/NKcell Neoplasms (NHODG-A).

<sup>e</sup>Hepatitis B testing is indicated because of the risk of reactivation with immunotherapy + chemotherapy. Tests include hepatitis B antibody and surface antigen for a patient with no risk factors. For patients with risk factors or previous history of hepatitis B, add core antibodies and e-antigen. If positive, check viral load and consult with gastroenterologist.

<sup>f</sup>If treatment includes regimens containing anthracyclines or anthracenediones.

Note: All recommendations are category 2A unless otherwise indicated.



#### SUGGESTED TREATMENT REGIMENS<sup>a</sup> (in alphabetical order)

Low Risk- Combination Regimens

- CODOX-M: cyclophosphamide, vincristine, doxorubicin, high-dose methotrexate ± rituximab (regimen includes intrathecal methotrexate)
- HyperCVAD (cyclophosphamide, vincristine, doxorubicin, dexamethasone) alternating with methotrexate + cytarabine, + rituximab

(regimen includes intrathecal methotrexate)

• Dose adjusted EPOCH (etoposide, prednisone, vincristine, cyclophosphamide, doxorubicin) + R (regimen includes intrathecal methotrexate)

High Risk- Combination Regimens

- CODOX-M (cyclophosphamide, vincristine, doxorubicin, high-dose methotrexate) alternating with IVAC (ifosfamide, etoposide, and high-dose cytarabine) ± rituximab (regimen includes intrathecal methotrexate)
- HyperCVAD (cyclophosphamide, vincristine, doxorubicin, dexamethasone) alternating with methotrexate + cytarabine, + rituximab
   (regimen includes introthesel methotrexets)
- (regimen includes intrathecal methotrexate)
- Dose adjusted EPOCH (etoposide, prednisone, vincristine, cyclophosphamide, doxorubicin) + R (For high risk patients not able to tolerate aggressive treatments) (regimen includes intrathecal methotrexate)

Consider SCT for patients in relapse

CHOP is not adequate therapy.

See Rituximab and Viral Reactivation (NHODG-D)

<sup>a</sup>See references for regimens <u>BURK-A 2 of 2</u>.

Note: All recommendations are category 2A unless otherwise indicated.

**Burkitt's Lymphoma** 

#### Low Risk- Combination Regimens

**Practice Guidelines** 

in Oncology – v.1.2009

CODOX-M: cyclophosphamide, vincristine, doxorubicin, high-dose methotrexate ± rituximab (regimen includes intrathecal methotrexate)

Lacasce A, Howard O, Lib S, et al. Modified magrath regimens for adults with Burkitt and Burkitt-like lymphoma: preserved efficacy with decreased toxicity. Leuk Lymphoma 2004;45(4):761-767.

Mead GM, Sydes MR, Walewski J, et al. An international evaluation of CODOX-M and CODOX-M alternating with IVAC in adult Burkitt's lymphoma: results of United Kingdom Lymphoma Group LY06 study. Ann Oncol 2002;13:1264-1274.

# HyperCVAD (cyclophosphamide, vincristine, doxorubicin, dexamethasone) alternating with methotrexate + cytarabine, ± rituximab (regimen includes intrathecal methotrexate)

Thomas DA, Faderl S, O'Brien S, Bueso-Ramos C, et al. Chemoimmunotherapy with hyper-CVAD plus rituximab for the treatment of adult Burkitt and Burkitt-type lymphoma or acute lymphoblastic leukemia. Cancer 2006;106:1569-1580.

## Dose adjusted EPOCH plus rituximab (regimen includes IT methotrexate)

Dunleavy K, Little, RF, Pittaluga S, et al. A prospective study of Dose-Adjusted (DA) EPOCH with rituximab in adult patients with newly diagnosed Burkitt lymphoma: A regimen with high efficacy and low toxicity. 10th International Conference on Malignant Lymphomas Abstracts. Annals of Oncology. 2008;19(suppl\_4): iv83-iv84 (Abstract 009).

#### High Risk- Combination Regimens

## CODOX-M/IVAC: cyclophosphamide, vincristine, doxorubicin, high-dose methotrexate + ifosfamide, etoposide, highdose cytarabine, ± rituximab

#### (regimen includes intrathecal methotrexate)

Lacasce A, Howard O, Lib S, et al. Modified magrath regimens for adults with Burkitt and Burkitt-like lymphoma: preserved efficacy with decreased toxicity. Leuk Lymphoma 2004;45(4):761-767.

Mead GM, Sydes MR, Walewski J, et al. An international evaluation of CODOX-M and CODOX-M alternating with IVAC in adult Burkitt's lymphoma: results of United Kingdom Lymphoma Group LY06 study. Ann Oncol 2002;13:1264-1274.

# HyperCVAD (cyclophosphamide, vincristine, doxorubicin, dexamethasone) + methotrexate + cytarabine ± rituximab (regimen includes intrathecal methotrexate)

Thomas DA, Faderl S, O'Brien S, et al. Chemoimmunotherapy with hyper-CVAD plus rituximab for the treatment of adult Burkitt and Burkitt-type lymphoma or acute lymphoblastic leukemia. Cancer 2006;106:1569-1580.

#### Dose adjusted EPOCH plus rituximab (regimen includes IT methotrexate)

Dunleavy K, Little, RF, Pittaluga S, et al. A prospective study of Dose-Adjusted (DA) EPOCH with Rituximab in adult patients with newly diagnosed Burkitt lymphoma: A regimen with high efficacy and low toxicity. 10th International Conference on Malignant Lymphomas Abstracts. Annals of Oncology. 2008;19(suppl\_4): iv83-iv84 (Abstract 009).

Note: All recommendations are category 2A unless otherwise indicated.

## Lymphoblastic Lymphoma

## **DIAGNOSIS**<sup>a</sup>

## ESSENTIAL:

- Hematopathology review of all slides with at least one paraffin block representative of the tumor. Rebiopsy if consult material is nondiagnostic.
- An FNA or core needle biopsy alone is not generally suitable for the initial diagnosis of lymphoma. In certain circumstances, when a lymph node is not easily accessible for excisional or incisional biopsy, a combination of core biopsy and FNA biopsies in conjunction with appropriate ancillary techniques for the differential diagnosis (immunohistochemistry, flow cytometry, PCR for IgH and TCR gene rearrangements, and FISH for major translocations) may be sufficient for diagnosis.
- Adequate immunophenotyping to establish diagnosis<sup>b,c</sup>
- Paraffin panel: CD45 (LCA), CD20, CD79a, CD3, CD2, CD5, TdT, CD1a, CD10, cyclin D1 or
- Cell surface marker analysis by flow cytometry: kappa/lambda, CD45, CD3, CD5, CD4, CD7, CD8, CD19, CD20, CD10, TdT, CD13, CD33, CD1a, cytoplasmic CD3, CD22, myeloperoxidase

## USEFUL UNDER CERTAIN CIRCUMSTANCES:

- Additional immunohistochemical studies to establish lymphoma subtype
- Frozen: kappa/lambda
- ► Paraffin panel: CD22, CD4, CD8, cyclin D1
- Molecular genetic analysis to detect: antigen receptor gene rearrangements
- Cytogenetics or FISH: MYC; t(9;22); t(8;14) and variants
- <sup>a</sup>This disease is complex and curative; it is preferred that treatment occur at centers with expertise in the management of the disease.
- <sup>b</sup>Typical immunophenotype: LBL-B: slg-, CD10+/-, CD19+, CD20-/+, TdT+. LBL-T: slg-, CD10-, CD19/20-, CD3-/+, CD4/8+/+, CD1a+/-, TdT+, CD2+, CD7+.
- <sup>c</sup>See Use of Immunophenotyping in Differential Diagnosis of Mature B-cell and <u>T/NK-cell Neoplasms (NHODG-A)</u>.

## WORKUP

**ESSENTIAL:**  Physical exam: attention to node-bearing areas, including Waldeyer's ring, and to size of liver and spleen Performance status B symptoms • CBC, differential, platelets • LDH Comprehensive metabolic panel • Uric acid, phosphate Chest/abdominal/pelvic CT with contrast of diagnostic quality **See Clinical** • Lumbar puncture Assessment and Induction Therapy Bilateral or unilateral bone marrow (BLAST-2) biopsy ± aspirate with flow and cytogenetics Hepatitis B testing<sup>d</sup> MUGA scan/echocardiogram<sup>e</sup> • Pregnancy testing in women of childbearing age (if chemotherapy planned) USEFUL IN SELECTED CASES: Head MRI • Discussion of fertility issues and sperm banking Beta-2-microglobulin

<sup>d</sup>Hepatitis B testing is indicated because of the risk of reactivation with immunotherapy + chemotherapy. Tests include hepatitis B antibody and surface antigen for a patient with no risk factors. For patients with risk factors or previous history of hepatitis B, add core antibodies and e-antigen. If positive, check viral load and consult with gastroenterologist.

<sup>e</sup> If treatment includes regimens containing anthracyclines or anthracenediones.

Note: All recommendations are category 2A unless otherwise indicated.



#### SUGGESTED TREATMENT REGIMENS<sup>a</sup> (in alphabetical order)

- BFM (Berlin–Frankfurt–Munster) <u>Standard BFM regimen</u>:
  - Induction phase:
    - \* Vincristine, daunomycin, prednisone, L-asparaginase, intrathecal cytarabine, and intrathecal methotrexate.
  - Consolidation phase (5 weeks):
    - \* Prednisone, cyclophosphamide, mercaptopurine, vincristine, cytarabine, intrathecal methotrexate, and RT.
  - ► Interim Maintenance phase (8 weeks):
    - Mercaptopurine and methotrexate (PO)
  - Delayed intensification (7 weeks):
    - Reinduction phase (4 weeks):
    - Dexamethasone, vincristine, and doxorubicin.
    - Reconsolidation phase (3 weeks):
      - L-asparaginase, vincristine, cyclophosphamide, thioguanine, cytarabine, and intrathecal methotrexate.
  - Long-term maintenance (12 weeks):
    - \* Vincristine, prednisone, mercaptopurine, methotrexate (PO and IT).
- Augmented BFM regimen:
- Induction phase:
  - \* Vincristine, daunomycin, prednisone, L-asparaginase, intrathecal cytarabine
- Consolidation phase (9 weeks):
  - \* Cyclophosphamide, cytarabine, mercaptopurine, vincristine, asparaginase, intrathecal methotrexate, and RT.
- > Interim Maintenance phase (8 weeks):
  - Vincristine, methotrexate (IV), and asparaginase
- > Delayed intensification phase I (8 weeks):
  - Reinduction phase (4 weeks):
    - Dexamethasone, vincristine, and doxorubicin.
  - Reconsolidation phase (4 weeks):
    - L-asparaginase, vincristine, cyclophosphamide, thioguanine, cytarabine, and intrathecal methotrexate.
- > Interim maintenance phase II (8 weeks):
  - \* Vincristine, methotrexate (IV), L-asparaginase, and intrathecal methotrexate
- > Delayed intensification phase II (8 weeks): same as delayed intensification phase I
- ► Long-term maintenance (12 weeks):
  - \* Vincristine, prednisone, mercaptopurine, methotrexate (PO and IT).

See Suggested Treatment Regimens on BLAST-A 2 of 3

<sup>a</sup>See references for regimens <u>BLAST-A 3 of 3</u>.

Note: All recommendations are category 2A unless otherwise indicated.

#### SUGGESTED TREATMENT REGIMENS<sup>a</sup> (in alphabetical order)

- CALGB ALL regimen
- Induction therapy (4 weeks):
  - **Cyclophosphamide**, daunorubicin, vincristine, prednisone, and L-asparaginase.
  - \* For patients with 60 years and older: cyclophosphamide, daunorubicin, and prednisone
- ► Early intensification (4 weeks):
  - \* Intrathecal methotrexate, cyclophosphamide, 6-mercaptopurine, cytarabine, vincristine, and L-asparaginase.
- > CNS prophylaxis and interim maintenance:
  - \* Cranial irradiation, intrathecal methotrexate, 6-mercaptopurine, and methotrexate (PO).
- ► Late intensification (8 weeks):
  - **\*** Doxorubicin, vincristine, dexamethasone, cyclophosphamide, 6-thioguanine, and cytarabine.
- > Prolonged maintenance (until 24 months from diagnosis):
  - **\*** Vincristine, prednisone, methotrexate (PO), and 6-mercaptopurine.
- HyperCVAD<sup>b</sup> (cyclophosphamide, vincristine, doxorubicin, dexamethasone) alternating with methotrexate + cytarabine, including intrathecal methotrexate

In the cases of CD20 positive ( $\geq$  20%) acute lymphoblastic lymphoma (ALL), the addition of rituximab should be considered. In cases of Philadelphia chromosome positive ALL, consider the addition of imatinib.

Maintenance chemotherapy - Up to 2 y of maintenance based on the treatment protocol is recommended.

CNS prophylaxis to 24 Gy XRT may be considered (category 2B).

See Suggested Treatment Regimens on BLAST-A 1 of 3

<sup>a</sup>See references for regimens <u>BLAST-A 3 of 3</u>. <sup>b</sup>For T-cell lymphoblastic lymphomas with primary mediastinal presentation, residual masses are irradiated.

Note: All recommendations are category 2A unless otherwise indicated. Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

### BFM (Berlin–Frankfurt–Munster)

Stock W, La M, Sanford B, et al. What determines the outcomes for adolescents and young adults with acute lymphoblastic leukemia treated on cooperative group protocols? A comparison of Children's Cancer Group and Cancer and Leukemia Group B studies. Blood. 2008;112(5):1646-1654.

#### **CALGB ALL regimen**

Larson R, Dodge R, Burns C, et al. A five-drug remission induction regimen with intensive consolidation for adults with acute lymphoblastic leukemia: cancer and leukemia group B study 8811. Blood 1995;85:2025-2037. HyperCVAD (cyclophosphamide, vincristine, doxorubicin, and dexamethasone alternating with high-dose methotrexate-cytarabine)

Thomas DA, O'Brien S, Cortes J, et al. Outcome with the hyper-CVAD regimens in lymphoblastic lymphoma. Blood 2004;104:1624-1630.

Note: All recommendations are category 2A unless otherwise indicated. Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.



DIAGNOSIS	WORKUP		
<ul> <li>ESSENTIAL:</li> <li>Hematopathology review of all slides with at least one paraffin block representative of the tumor. Rebiopsy if consult material is nondiagnostic.</li> <li>An FNA or core needle biopsy alone is not generally suitable</li> </ul>	<ul> <li>ESSENTIAL</li> <li>Physical exam: attention to node-bearing areas, including Waldeyer's ring, and to size of liver and spleen</li> <li>Performance status</li> </ul>		
<ul> <li>for the initial diagnosis of lymphoma. In certain circumstances, when a lymph node is not easily accessible for excisional or incisional biopsy, a combination of core biopsy and FNA biopsies in conjunction with appropriate ancillary techniques for the differential diagnosis (immunohistochemistry, flow cytometry, PCR for IgH and TCR gene rearrangements, and FISH for major translocations) may be sufficient for diagnosis.</li> <li>Adequate immunophenotyping to establish diagnosis<sup>a</sup></li> <li>Recommended panel for paraffin section immunohistochemistry: CD45 (LCA), CD20, CD3, CD10, BCL2, BCL6, Ki-67, CD138, kappa/lambda, HHV8 or</li> <li>Cell surface marker analysis by flow cytometry: kappa/lambda, CD45, CD3, CD5, CD19, CD10, TdT, CD14, CD20</li> </ul>	 <ul> <li>B symptoms</li> <li>CBC, differential, platelets</li> <li>LDH</li> <li>Comprehensive metabolic panel</li> <li>Uric acid, phosphate</li> <li>Chest/abdominal/pelvic CT with contrast of diagnostic quality</li> <li>PET-CT scan</li> <li>Bone marrow biopsy ± aspirate</li> <li>CD4 count</li> <li>LP</li> <li>Viral load</li> <li>Hepatitis B testing<sup>b</sup></li> <li>MUGA scan/echocardiogram<sup>c</sup></li> </ul>	-	See Treatment and Follow-up (AIDS-2)
<ul> <li>Epstein-Barr virus (EBER-ISH)</li> <li>USEFUL UNDER CERTAIN CIRCUMSTANCES:</li> <li>Additional immunohistochemical studies to establish lymphoma subtype</li> <li>&gt; DLBCL, Burkitt's, Plasmablastic, Primary effusion: CD10, BCL2, Ki-67, BCL6, CD138</li> <li>Molecular genetic analysis to detect: antigen receptor gene rearrangements; BCL2, BCL6, MYC rearrangements</li> <li>• Cytogenetics or FISH: BCL2; BCL6; MYC</li> </ul>	<ul> <li>Pregnancy testing in women of child-bearing age (if chemotherapy planned)</li> <li>USEFUL IN SELECTED CASES</li> <li>UGI/barium enema/endoscopy</li> <li>Neck CT</li> <li>Plain bone radiographs and bone scan</li> <li>Discussion of fertility issues and sperm banking</li> <li>Stool guaiac, if anemic</li> <li>Beta-2-microglobulin</li> <li>Brain MRI with gadolinium, or head CT</li> </ul>		

<sup>a</sup>See Use of Immunophenotyping in Differential Diagnosis of Mature B-cell and T/NK-cell Neoplasms (NHODG-A).

<sup>b</sup>Hepatitis B testing is indicated because of the risk of reactivation with immunotherapy + chemotherapy. Tests include hepatitis B antibody and surface antigen for a patient with no risk factors. For patients with risk factors or previous history of hepatitis B, add core antibodies and e-antigen. If positive, check viral load and consult with gastroenterologist.

<sup>c</sup> If treatment includes regimens containing anthracyclines or anthracenediones.

Note: All recommendations are category 2A unless otherwise indicated.

		7	Guidelines Index		
NCCN®	Practice Guidelines in Oncology – v.1.2009	AIDS-Related B-Cell Lymphomas	NHL Table of Contents Staging, Discussion, References		
		TREATMENT AND FOLLOW-UP <sup>f</sup>			
Burkitt's lymphoma <sup>d</sup>		<ul> <li>Antiretrovirals</li> <li>CODOX-M/IVAC: cyclophosphamide, vincristine, doxorubicin, high-dose methotrexate alternating with ifosfamide, etoposide, high-dose cytarabine ± rituximab</li> <li>Dose-adjusted EPOCH (etoposide, prednisone, vincristine, cyclophosphamide, doxorubicin) ± rituximab</li> <li>CDE (cyclophosphamide, doxorubicin, etoposide)</li> <li>Consider CHOP with high-dose methotrexate ± rituximab</li> <li>Avoid methotrexate dose &gt; 3 g/m2</li> <li>GCSF for all patients</li> </ul>			
<ul> <li>Lymphoma association</li> <li>Castleman's disease</li> <li>Diffuse large B-cell</li> <li>Primary effusion lyr</li> </ul>	ted with e lymphoma <sup>d</sup> nphoma <sup>e</sup>	<ul> <li>Suggested regimens: Dose-adjusted EPOCH, CDE</li> <li>Antiretrovirals</li> <li>GCSF for all patients</li> <li>Intrathecal therapy (IT)<sup>g</sup></li> <li>If CD20+, ± rituximab</li> </ul>	, CHOP		
Plasmablastic lymph	oma ————	<ul> <li>Suggested regimens: CODOX-M/IVAC, EPOCH, Hy</li> <li>Standard CHOP is not adequate therapy</li> <li>Antiretrovirals</li> </ul>	perCVAD		
Primary CNS lympho	ma ————	<ul> <li>Consider high-dose methotrexate</li> <li>Consider RT alone</li> <li>Antiretrovirals</li> <li>Best Supportive Care (See NCCN Palliative Care G</li> </ul>	Guidelines)		

#### See Rituximab and Viral Reactivation (NHODG-D)

<sup>d</sup>Patients on active antiretrovirals with persistently low CD4 count of <100 tend to have poor prognosis and higher risk of infection associated with the addition of rituximab. Spina M, Jaeger U, Sparano JA, et al. Rituximab plus infusional cyclophosphamide, doxorubicin, and etoposide in HIV-associated non-Hodgkin lymphoma: pooled results from 3 phase 2 trials. Blood 2005;105(5):1891-1897.

<sup>e</sup>Most cases are CD20 negative and addition of rituximab is not indicated.

<sup>f</sup>See references for regimens <u>AIDS-A</u>.

<sup>9</sup>Prophylactic IT methotrexate is used at some institutions for all patients. At other NCCN institutions, patients with HIV-associated DLBCL receive IT methotrexate in selective settings (paranasal sinus, testicular, epidural, bone marrow with large cell lymphoma, HIV lymphoma, or  $\geq$  2 extranodal sites).

Note: All recommendations are category 2A unless otherwise indicated.

## CHOP (cyclophosphamide, doxorubicin, vincristine, prednisone)

Ratner L, Lee J, Tang S, et al. Chemotherapy for human immunodeficiency virus-associated non-Hodgkin's Lymphoma in combination with highly active antiretroviral therapy. J Clin Oncol 2001;19(8):2171-2178. **CHOP plus high dose methotrexate** 

Magrath I, Adde M, Shad A, et al. Adults and children with small non-cleaved-cell lymphoma have a similar excellent outcome when treated with the same chemotherapy regimen. J Clin Oncol 1996;14(3):925-934. Bernstein J, Coleman C, Strickler J, Dorfman R, Rosenberg S. Combined modality therapy for adults with small noncleaved cell lymphoma (Burkitt's and non-Burkitt's types). J Clin Oncol 1986;4(6):847-858. **CDE (Cyclophosphamide, Doxorubicin, and Etoposide)** 

Sparano JA, Lee S, Chen MG, et al. Phase II trial of infusional cyclophosphamide, doxorubicin, and etoposide in patients with HIV-associated non-Hodgkin's Lymphoma: An Eastern Cooperative Oncology Group Trial (E1494). J Clin Oncol 2004;22(8):1491-1500.

#### EPOCH (etoposide, prednisone, vincristine, cyclophosphamide, doxorubicin)

Little RF, Pittaluga S, Grant N, et al. Highly effective treatment of acquired immunodeficiency syndrome-related lymphoma with dose-adjusted EPOCH: impact of antiretroviral therapy suspension and tumor biology. Blood 2003;101:4653-4659.

# CODOX-M/IVAC (cyclophosphamide, vincristine, doxorubicin, high-dose methotrexate + ifosfamide, etoposide, high-dose cytarabine)

Wang ES, Straus DJ, Teruya-Feldstein J, et al. Intensive chemotherapy with cyclophosphamide, doxorubicin, high-dose methotrexate/ifosfamide, etoposide, and high-dose cytarabine (CODOX-M/IVAC) for human immunodeficiency virus-associated Burkitt lymphoma. Cancer 2003;98:1196-1205.

Note: All recommendations are category 2A unless otherwise indicated.



**Guidelines Index** NHL Table of Contents

## **DIAGNOSIS**<sup>a</sup>

## WORKUP

<ul> <li>ESSENTIAL:</li> <li>Review of all slides with at least one paraffin block representative of the tumor should be done by a hematopathologist with expertise in the diagnosis of PTCL. Rebiopsy if consult material is nondiagnostic.</li> <li>An FNA alone is not sufficient for the initial diagnosis of peripheral T-Cell lymphoma.</li> <li>Adequate immunophenotyping to establish diagnosis<sup>b,c</sup></li> <li>Recommended panel for paraffin section immunohistochemistry: CD20, CD3, CD10, BCL6, Ki-67, CD5, CD30, CD2, CD4, CD8, CD7, CD56, CD21, CD23, EBER, ALK or</li> <li>Cell surface marker analysis by flow cytometry: kappa/lambda, CD45, CD3, CD5, CD19, CD10, CD20, CD30, CD4, CD8, CD7, CD2</li> <li>USEFUL UNDER CERTAIN CIRCUMSTANCES:</li> <li>Molecular genetic analysis to detect: antigen receptor gene rearrangements; t(2;5) and variants</li> <li>Additional immunohistochemical studies to establish lymphoma subtype</li> <li>Cytogenetics or FISH</li> <li>CXCL-13</li> </ul>	ESSENTIAL: <sup>d</sup> • Physical exam: attention to node-bearing areas, including Waldeyer's ring, size of liver and spleen, skin rash and nasopharynx • Performance status • B symptoms • CBC, differential, platelets • Bone marrow biopsy • LDH • Comprehensive metabolic panel • Uric acid • Chest/abdominal/pelvic CT with contrast of diagnostic quality • Calculation of International Prognostic Index (IPI) <sup>e</sup> • MUGA scan/echocardiogram <sup>f</sup> • Pregnancy testing in women of child-bearing age (if chemotherapy planned) USEFUL IN SELECTED CASES: • PET-CT scan • Neck CT • Head CT or MRI • Skin biopsy • Discussion of fertility issues and sperm banking • HIV, HTLV-1	→ See Induction Therapy (TCEL-2)
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<sup>a</sup> Histologies included are noncutaneous: peripheral T-cell lymphoma (PTCL) NOS, angioimmunoblastic T-cell lymphoma (AITL), anaplastic large cell lymphoma (ALCL), enteropathy associated T-cell lymphoma, NK lymphoma. Primary cutaneous ALCL is not included.

<sup>b</sup>Molecular diagnosis for T-cell receptor rearrangements should be done in most circumstances to confirm clonality. T-cell receptors rearrangements alone are not sufficient for diagnosis.

<sup>c</sup>See Use of Immunophenotyping in Differential Diagnosis of Mature B-cell and T/NK-cell Neoplasms (NHODG-A).

<sup>d</sup>The role of intrathecal prophylaxis is largely unknown in PTCL.

<sup>e</sup>See International Prognostic Index (TCEL-A).

<sup>f</sup>If treatment includes regimens containing anthracyclines or anthracenediones.

Note: All recommendations are category 2A unless otherwise indicated.



<sup>e</sup>See International Prognostic Index (TCEL-A).

<sup>9</sup>For selected patients (elderly, comorbid conditions), a trial of single agent corticosteroid may be considered for symptom management. <sup>h</sup>See Suggested Treatment Regimens (TCEL-B).

<sup>i</sup>Localized areas can be irradiated before or after high dose therapy.

Note: All recommendations are category 2A unless otherwise indicated.

#### STAGE I/II, LOW/LOW- INTERMEDIATE

**Practice Guidelines** 

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INTERNATIONAL PROGNOSTIC INDEX <sup>a</sup>			Prognostic Index for PTCL-U(PIT) <sup>b</sup>			
ALL PATIENTS: • Age > 60 years • Serum LDH > 1 x normal • Performance status 2-4 • Stage III or IV • Extranodal involvement > 1 site	L PATIENTS: .ge > 60 years erum LDH > 1 x normal erformance status 2-4 tage III or IV xtranodal involvement 1 site INTERNATIONAL INDEX, ALI • Low • Low • Low intermediate • High intermediate • High		RISK FACTORS: • Age > 60 years • Serum LDH > 1 x norma • Performance status 2-4 • Bone marrow involvement	PROGNOS • Group 1 • Group 2 • Group 3 • Group 4	TIC RISK: 0 1 2 3 or 4	
AGE-ADJUSTED INTE	RNATIONAL PROGNOSTIC					
PATIENTS ≤ 60 YEARS: • Stage III or IV • Serum LDH > 1 x normal • Performance status 2-4	INTERNATIONAL INDEX, • Low • Low/intermediate • High/intermediate • High	PATIENTS ≤ 60 YEARS: 0 1 2 3				

<sup>a</sup>Adapted with permission, The International Non-Hodgkin's Lymphoma Prognostic Factors Project. A predictive model for aggressive non-hodgkin's lymphoma. N Engl J Med. 329:987-994, 1993. Copyright © 1993 Massachusetts Medical Society. All rights reserved.

<sup>b</sup>Gallamini A, Stelitano C, Calvi R, et al. Peripheral T-cell lymphoma unspecified (PTCL-U): a new prognostic model from a retrospective multicentric clinical study. Blood 2004;103:2474-2479.

Note: All recommendations are category 2A unless otherwise indicated.

#### SUGGESTED TREATMENT REGIMENS<sup>a</sup> (in alphabetical order)

## First-line therapy:

- Clinical trial preferred
- CHOP (cyclophosphamide, doxorubicin, vincristine, prednisone)
- EPOCH (etoposide, prednisone, vincristine, cyclophosphamide, doxorubicin)
- HyperCVAD (cyclophosphamide, vincristine, doxorubicin, and dexamethasone) alternating with high-dose methotrexate and cytarabine

## First-line Consolidation:

All patients, except low risk (aalPl), consider consolidation with high dose therapy and stem cell rescue

ALK-1<sup>+</sup> ALCL is a subtype with good prognosis and does not need consolidative transplant if in remission.

## Second-line therapy (candidate for high dose therapy):

- Clinical trial preferred
- DHAP (dexamethasone, cisplatin, cytarabine)
- ESHAP (etoposide, methylprednisolone, cytarabine, cisplatin)
- GDP (gemcitabine, dexamethasone, cisplatin)
- GemOx (gemcitabine, oxaliplatin)
- ICE (ifosfamide, carboplatin, etoposide)
- miniBEAM (carmustine, etoposide, cytarabine, melphalan)
- MINE (mesna, ifosfamide, mitoxantrone, etoposide)

## Second-line therapy (non-candidates for high dose therapy):

- Clinical trial preferred
- Alemtuzumab
- Bortezomib
- Denileukin diftitox
- Gemcitabine
- Radiation therapy

<sup>a</sup>See references for regimens <u>TCEL-B 2 of 2</u>.

Note: All recommendations are category 2A unless otherwise indicated.
#### SUGGESTED TREATMENT REGIMENS References

#### First line therapy

#### CHOP

Savage KJ, Chhanabhai M, Gascoyne RD, Connors JM. Characterization of peripheral T-cell lymphomas in a single North American institution by the WHO classification. Ann Oncol 2004;15(10):1467-1475.

**HyperCVAD** alternating with high-dose methotrexate and cytarabine Escalon MP, Liu NS, Yang Y, et al. Prognostic factors and treatment of patients with T-cell non-Hodgkin lymphoma: the M. D. Anderson Cancer Center experience. Cancer 2005;103(10):2091-2098.

#### <u>Second-line therapy (candidates for high dose therapy)</u> DHAP

Velasquez WS, Cabanillas F, Salvador P, et al. Effective salvage therapy for lymphoma with cisplatin in combination with high-dose Ara-C and dexamethasone (DHAP). Blood 1988;71:117-122.

Mey UJ, Orlopp KS, Flieger D, et al. Dexamethasone, high-dose cytarabine, and cisplatin in combination with rituximab as salvage treatment for patients with relapsed or refractory aggressive non-Hodgkin's lymphoma. Cancer Invest 2006;24:593-600.

#### ESHAP

Velasquez WS, McLaughlin P, Tucker S, et al. ESHAP - an effective chemotherapy regimen in refractory and relapsing lymphoma: a 4-year follow-up study. J Clin Oncol 1994;12:1169-1176.

#### GDP (gemcitabine, dexamethasone, cisplatin)

Crump M, Baetz T, Couban S, et al. Gemcitabine, dexamethasone, and cisplatin in patients with recurrent or refractory aggressive histology B-cell non-Hodgkin lymphoma: a Phase II study by the National Cancer Institute of Canada Clinical Trials Group (NCIC-CTG). Cancer 2004;101:1835-1842. **GemOX** 

Lopez A, Gutierrez A, Palacios A, et al. GEMOX-R regimen is a highly effective salvage regimen in patients with refractory/relapsing diffuse large-cell lymphoma: a phase II study. Eur J Haematol 2008;80(2):127-132.

#### ICE

Zelenetz AD, Hamlin P, Kewalramani T, et al. Ifosfamide, carboplatin, etoposide (ICE)-based second-line chemotherapy for the management of relapsed and refractory aggressive non-Hodgkin's lymphoma. Ann Oncol 2003;14[suppl 1]:i5-10.

#### MiniBEAM

Girouard C, Dufresne J, Imire K, et al. Salvage chemotherapy with mini-BEAM for relapsed or refractory non-Hodgkin's lymphoma prior to autologous bone marrow transplantation. Ann Oncol 1997;8:675-680.

#### <u>Second-line therapy (not candidates for high dose therapy)</u> Alemtuzumab

Enblad G, Hagberg H, Erlanson M, et al. A pilot study of alemtuzumab (anti-CD52 monoclonal antibody) therapy for patients with relapsed or chemotherapy-refractory peripheral T-cell lymphomas. Blood 2004;103(8):2920-2924.

#### Denileukin diftitox

Talpur R, Apisarnthanarax N, Ward S, Duvic M. Treatment of refractory peripheral T-cell lymphoma with denileukin diftitox (ONTAK). Leuk Lymphoma 2002;43(1):121-126.

#### Gemcitabine

Zinzani PL, Baliva G, Magagnoli M, et al. Gemcitabine Treatment in Pretreated Cutaneous T-Cell Lymphoma: Experience in 44 Patients. J Clin Oncol 2000;18(13):2603-2606.

Zinzani PL, Magagnoli M, Bendandi M, et al. Therapy with gemcitabine in pretreated peripheral T-cell lymphoma patients. Ann Oncol 1998;9:1351-1353.

Note: All recommendations are category 2A unless otherwise indicated.



# Mycosis Fungoides/Sezary Syndrome

Imaging studies

➤ Chest x-ray (in T1 or limited T2

where there is no indication of

palpable adenopathy or blood

the only imaging study)

Neck/chest/abdominal/pelvic

contrast-enhanced CT or

adenopathy or abnormal

laboratory studies)

involvement chest x-ray may be

integrated whole body PET-CT

 $(\geq T2, large cell transformed or$ 

folliculotropic MF, or with palpable

Biopsy of suspicious lymph nodes

(recommend assessment of

NCI LN 2-3) or suspected

• Pregnancy testing in women of

extracutaneous sites

child-bearing age<sup>f</sup>

clonality for all but particularly

Guidelines Index <u>NHL Table of Contents</u> Staging, Discussion, References

Stage

Stage

**IB-IIA** 

Stage

Stage

Stage

IV

ш

IIB

IA

See Primary

See Primarv

See Primary

See Primarv

See Primarv

MFSS-6

Treatment

(MFSS-5)

Treatment

(MFSS-4)

Treatment

(MFSS-3)

Treatment

(MFSS-2)

#### DIAGNOSIS

#### ESSENTIAL:

- Biopsy of suspicious skin sites
- Dermatopathology review of slides

#### USEFUL UNDER CERTAIN CIRCUMSTANCES:

- Immunohistochemical studies of skin biopsy<sup>a,b</sup> (CD2, CD3, CD4, CD5, CD7, CD8, CD20, CD30, CD26, CD56)
- Molecular study for T-cell receptor (TCR) gene rearrangements (assessment of clonality) of skin biopsy;<sup>a</sup> PCR methods<sup>c</sup>
- Assessment of peripheral blood for Sezary cells (in cases where skin is not diagnostic, especially T4) including Sezary cell prep, flow cytometry and PCR for TCR gene rearrangement
- Biopsy of suspicious lymph nodes (in absence of definitive skin diagnosis)

WORKUP	ł
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ESSENTIAL:

- Complete physical examination
- ➤ Examination of entire skin: assessment of %BSA (palm plus digits ≈ 1%BSA) and type of skin lesion
- (patch/plaque, tumor, erythroderma)
- Palpation of peripheral lymph node regions
- Palpation for organomegaly/masses
- Laboratory studies: e
- CBC with Sezary screen (manual slide review, "Sezary cell prep")
- Sezary flow cytometric study (optional for T1); CD3, CD4, CD7, CD8, CD26 to assess for expanded CD4+ cells with increased CD4/CD8 ratio or with abnormal immunophenotype including loss of CD7 or CD26
- TCR gene rearrangement of peripheral blood lymphocytes if Sezary Syndrome suspected
- ► Comprehensive metabolic panel
- ► LDH

#### USEFUL IN SELECTED CASES:

- Bone marrow biopsy (not required for staging but used to document visceral disease in those suspected to have marrow involvement including B2 blood involvement and in patients with unexplained hematologic abnormality)
- <sup>a</sup>Pimpinelli N, Olsen EA, Santucci M, et al., for the International Society for Cutaneous Lymphoma. Defining early mycosis fungoides. J Am Acad Dermatol 2005;53:1053-1063.
   <sup>b</sup>See Use of Immunophenotyping in Differential Diagnosis of Mature B-cell and T/NK-cell Neoplasms (NHODG-A).
- <sup>c</sup>TCR gene rearrangement results should be interpreted with caution. TCR clonal rearrangement can be seen in non-malignant conditions or may not be demonstrated in all cases of Mycosis Fungoides/Sezary Syndrome.

<sup>d</sup>See TNMB Classification and Staging of Mycosis Fungoides and Sezary Syndrome (<u>MFSS-B</u>).

- <sup>e</sup>Sezary syndrome (B2) defined by Sezary cell count  $\geq$  1,000/mm<sup>3</sup> (Sezary cell prep) or expanded CD4+ cells with CD4/CD8 ratio  $\geq$  10, CD4+/CD7-
- $\geq$  40%, or CD4+/CD26-  $\geq$  30% of lymphs in the presence of a positive clonal TCR gene rearrangement.
- <sup>f</sup>Many skin-directed and systemic therapies are contraindicated or of unknown safety in pregnancy. Refer to individual drug information.

Note: All recommendations are category 2A unless otherwise indicated.

**Practice Guidelines NHL Table of Contents** Mycosis Fungoides/Sezary Syndrome Staging, Discussion, References in Oncology - v.1.2009 PRIMARY TREATMENT<sup>h</sup> STAGE CR/PR<sup>i</sup>or Relapse with or inadequate persistent T1 disease Skin-directed therapies (may response be alone or in combination with other skin-directed therapies): Stage IA See Suggested Treatment Systemic therapy ± skin-**Regimens "Skin-directed** directed therapy therapies (skin-limited/local)' Refractory disease<sup>j</sup> (see Stage IB on page MFSS-3) (MFSS-A) or progression to or > stage IA on skin-Total skin electron beam directed therapies therapy (TSEBT) or **Clinical trial** Stage IA with B1 **See Primary Treatment for** blood involvement<sup>g</sup> Stage III. B1 MFSS-5

**Guidelines Index** 

Histologic evidence of folliculotropic or large cell transformed MF<sup>g</sup>

<sup>g</sup>Folliculotropic, large cell transformed MF, or B1 involvement has been associated with worse outcome, thus, may be managed as "tumor (IIB)" disease (<u>MFSS-4</u>) or stage III with B1 involvement (<u>MFSS-5</u>), respectively.

<sup>h</sup> It is preferred that treatment occur at centers with expertise in the management of the disease.

<sup>i</sup>Patients achieving a response should be considered for maintenance or taper regimens to optimize response duration. Patients who relapse often respond well to the same treatment. Patients with a PR should be treated with the other options in the primary treatment list to improve response before moving onto treatment for refractory disease. Patients with relapse or persistent disease after initial primary treatment may be candidates for clinical trials. <sup>j</sup>Refractory or intolerant to multiple previous therapies.

Note: All recommendations are category 2A unless otherwise indicated.

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#### STAGE PRIMARY TREATMENT<sup>h</sup>



<sup>g</sup>Folliculotropic, large cell transformed MF, or B1 involvement has been associated with worse outcome, thus, may be managed as "tumor (IIB)" disease (<u>MFSS-4</u>) or stage III with B1 involvement (<u>MFSS-5</u>), respectively.

<sup>h</sup> It is preferred that treatment occur at centers with expertise in the management of the disease.

<sup>i</sup>Patients achieving a response should be considered for maintenance or taper regimens to optimize response duration. Patients who relapse often respond well to the same treatment. Patients with a PR should be treated with the other options in the primary treatment list to improve response before moving onto treatment for refractory disease. Patients with relapse or persistent disease after initial primary treatment may be candidates for clinical trials.

<sup>j</sup>Refractory or intolerant to multiple previous therapies.

<sup>k</sup>For patients with recalcitrant sites after generalized skin treatment, additional local treatment may be needed.

Note: All recommendations are category 2A unless otherwise indicated.

Practice Guidelines in Oncology – v.1.2009



<sup>h</sup> It is preferred that treatment occur at centers with expertise in the management of the disease.

<sup>i</sup>Patients achieving a response should be considered for maintenance or taper regimens to optimize response duration. Patients who relapse often respond well to the same treatment. Patients with a PR should be treated with the other options in the primary treatment list to improve response before moving onto treatment for refractory disease. Patients with relapse or persistent disease after initial primary treatment may be candidates for clinical trials.

Refractory or intolerant to multiple previous therapies.

<sup>I</sup>Skin-directed therapies are for patch or plaque lesions and not for tumor lesions. <sup>m</sup>May consider adjuvant systemic biologic therapy (<u>SYST-CAT A</u>) after TSEBT to improve response duration. <sup>n</sup>Most patients are treated with multiple <u>SYST-CAT A/B</u> or <u>Combination regimens</u> before receiving multiagent chemotherapy.

<sup>o</sup>Data on allogeneic HSCT, particularly using non-myeloablative conditioning, suggest the existence of a graft versus T-cell lymphoma effect. Success has been reported in highly selected patients. Patients with Stage ≥ IIB MF who have failed multiple systemic therapies + adequate trial of (or whose disease is not amenable to) skin-directed therapy, may be referred for a BMT consultation. Ideal time for allogeneic HSCT is when their disease is well controlled with induction therapy and before their disease has progressed to a state where the chance of response or survival with allogeneic HSCT is low. When appropriate, TSEBT may be considered as cytoreductive therapy before transplant.

Note: All recommendations are category 2A unless otherwise indicated.

Practice Guidelines in Oncology – v.1.2009

# Mycosis Fungoides/Sezary Syndrome



<sup>h</sup>It is preferred that treatment occur at centers with expertise in the management of the disease.

<sup>i</sup>Patients achieving a response should be considered for maintenance or taper regimens to optimize response duration. Patients who relapse often respond well to the same treatment. Patients with a PR should be treated with the other options in the primary treatment list to improve response before moving onto treatment for refractory disease. Patients with relapse or persistent disease after initial primary treatment may be candidates for clinical trials.

<sup>j</sup>Refractory or intolerant to multiple previous therapies.

- <sup>o</sup>Data on allogeneic HSCT, particularly using non-myeloablative conditioning, suggest the existence of a graft versus T-cell lymphoma effect. Success has been reported in highly selected patients. Patients with Stage ≥ IIB MF who have failed multiple systemic therapies + adequate trial of (or whose disease is not amenable to) skindirected therapy, may be referred for a BMT consultation. Ideal time for allogeneic HSCT is when their disease is well controlled with induction therapy and before their disease has progressed to a state where the chance of response or survival with allogeneic HSCT is low. When appropriate, TSEBT may be considered as cytoreductive therapy before transplant.
- <sup>p</sup>Generalized skin-directed therapies (other than topical steroids) may not be well-tolerated in stage III and should be used with caution. Phototherapy (PUVA or UVB) or TSEBT can be used successfully.
- <sup>q</sup>Mid-potency topical steroids should be included (± occlusive modality) with any of the primary treatment modalities to reduce skin symptoms. Erythrodermic patients are at increased risk for secondary infection with skin pathogens and systemic antibiotic therapy should be considered.
- <sup>r</sup>Combination therapy options can be considered earlier (primary treatment) depending on treatment availability or symptom severity.

Note: All recommendations are category 2A unless otherwise indicated.

Practice Guidelines in Oncology – v.1.2009



<sup>h</sup> It is preferred that treatment occur at centers with expertise in the management of the disease.

- <sup>1</sup>Patients achieving a response should be considered for maintenance or taper regimens to optimize response duration. Patients who relapse often respond well to the same treatment. Patients with a PR should be treated with the other options in the primary treatment list to improve response before moving onto treatment for refractory disease. Patients with relapse or persistent disease after initial primary treatment may be candidates for clinical trials.
- <sup>j</sup>Refractory or intolerant to multiple previous therapies.
- <sup>o</sup>Data on allogeneic HSCT, particularly using non-myeloablative conditioning, suggest the existence of a graft versus T-cell lymphoma effect. Success has been reported in highly selected patients. Patients with Stage ≥ IIB MF who have failed multiple systemic therapies + adequate trial of (or whose disease is not amenable to) skindirected therapy, may be referred for a BMT consultation. Ideal time for allogeneic HSCT is when their disease is well controlled with induction therapy and before their disease has progressed to a state where the chance of response or survival with allogeneic HSCT is low. When appropriate, TSEBT may be considered as cytoreductive therapy before transplant.
- <sup>s</sup>Systemic category B agents in general have a more rapid onset of responses and are more often used for that reason. In certain circumstances, systemic category A agents or even radiation therapy alone may be used. Consider adjuvant systemic biologic therapy (<u>SYST-CAT A</u>) after chemotherapy to improve response duration.

Note: All recommendations are category 2A unless otherwise indicated. Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

#### SUGGESTED TREATMENT REGIMENS<sup>a</sup>

#### **SKIN-DIRECTED THERAPIES**

For limited/localized skin involvement (Skin-Limited/Local)

- Topical corticosteroids<sup>b</sup>
- Topical chemotherapy (nitrogen mustard, carmustine)
- Local radiation (particularly unilesional presentation, 24-36 Gy)
- Topical retinoids (bexarotene)
- Phototherapy (UVB for patch/thin plaques; PUVA for thicker plaques)<sup>c</sup>

#### For generalized skin involvement (Skin-Generalized)

- Topical corticosteroids<sup>b</sup>
- Topical chemotherapy (mechlorethamine, carmustine)
- Phototherapy (UVB, nbUVB, or PUVA for patch/thin plaques; PUVA for thicker plaques)<sup>c</sup>
- Total skin electron beam therapy (30-36 Gy)<sup>d</sup> (reserved for those with severe skin symptoms or generalized thick plaque or tumor disease, or poor response to other therapies)

#### SYSTEMIC THERAPIES

- Category A (SYST-CAT A)
- Retinoids (bexarotene, all-trans retinoic acid, isotretinoin [13-cisretinoic acid])
- Interferons (IFN-alpha, IFN-gamma)
- HDAC-inhibitors (vorinostat)<sup>e</sup>
- Extracorporeal photopheresis<sup>f</sup>
- Denileukin diftitox
- Methotrexate ( $\leq$  100 mg g week)

#### Category B (SYST-CAT B)

- First-line therapies
- ► Liposomal doxorubicin
- ► Gemcitabine
- Second-line therapies
- ► Chlorambucil
- ▶ Pentostatin
- ► Etoposide
- ► Cyclophosphamide
- ► Temozolomide
- Methotrexate (>100 mg q week)
- Bortezomib

#### <sup>a</sup>See references for regimens MFSS-A 2 of 3 and MFSS-A 3 of 3.

<sup>b</sup>Long-term use of topical steroid may be associated with skin atrophy and/or striae formation. This risk worsens with increased potency of the steroid. High-potency steroid used on large skin surfaces may lead to systemic absorption.

<sup>c</sup>Cumulative dose of UV is associated with increased risk of UV-associated skin neoplasms; thus, phototherapy may not be appropriate in patients with history of extensive squamoproliferative skin neoplasms or basal cell carcinomas or who have had melanoma.

<sup>d</sup> It is common practice to follow TSEBT with systemic therapies such as interferon or bexarotene to maintain response.

<sup>e</sup>Safety of combining TSEBT with systemic retinoids or vorinostat or combining phototherapy with vorinostat is unknown.

<sup>†</sup>Photopheresis may be more appropriate as systemic therapy in patients with some blood involvement (B1 or B2).

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#### **COMBINATION THERAPIES**

Skin-directed + Systemic

- Phototherapy + retinoid<sup>e</sup>
- Phototherapy + IFN
- Phototherapy + photopheresis<sup>f</sup>
- Total skin electron beam + photopheresis<sup>f</sup>

#### Systemic + Systemic

- Retinoid + IFN
- Bexarotene + denileukin diftitox
- Photopheresis<sup>f</sup> + retinoid
- Photopheresis<sup>f</sup> + IFN
- Photopheresis<sup>f</sup> + retinoid + IFN

#### SUGGESTED TREATMENT REGIMENS References

#### Skin directed therapies

#### **Topical corticosteroids**

Zackheim HS, Kashani Sabet M, Amin S. Topical corticosteroids for mycosis fungoides. Experience in 79 patients. Arch Dermatol 1998;134(8):949-954. Zackheim HS. Treatment of patch stage mycosis fungoides with topical corticosteroids. Dermatol Ther 2003:16(4):283-287.

#### Carmustine

Zackheim HS. Topical carmustine (carmustine) in the treatment of mycosis fungoides. Dermatol Ther 2003;16(4):299-302.

#### Nitrogen mustard (Mechlorethamine hydrochloride)

Kim YH, Martinez G, Varghese A, Hoppe RT. Topical nitrogen mustard in the management of mycosis fungoides: update of the Stanford experience. Arch Dermatol 2003;139(2):165-173.

#### **Topical Bexarotene**

Breneman D, Duvic M, Kuzel T, et al. Phase 1 and 2 trial of bexarotene gel for skin directed treatment of patients with cutaneous T cell lymphoma. Arch Dermatol 2002;138(3):325-332.

Heald P, Mehlmauer M, Martin AG, et al. Topical bexarotene therapy for patients with refractory or persistent early stage cutaneous T cell lymphoma: results of the phase III clinical trial. J Am Acad Dermatol 2003;49(5):801-815. **TSEBT** 

Chinn DM, Chow S, Kim YH, Hoppe RT. Total skin electron beam therapy with or without adjuvant topical nitrogen mustard or nitrogen mustard alone as initial treatment of T2 and T3 mycosis fungoides. Int J Radiat Oncol Biol Phys 1999:43(5):951-958.

#### Phototherapy (UVB and PUVA)

Gathers RC, Scherschun L, Malick F, Fivenson DP, Lim HW. Narrowband UVB phototherapy for early stage mycosis fungoides. J Am Acad Dermatol 2002;47(2):191-197.

Querfeld C, Rosen ST, Kuzel TM, et al. Long term follow up of patients with early stage cutaneous T cell lymphoma who achieved complete remission with psoralen plus UV A monotherapy. Arch Dermatol 2005;141(3):305-311.

#### Systemic therapies

#### Extracorporeal photopheresis (ECP)

Edelson R, Berger C, Gasparro F, et al. Treatment of cutaneous T-cell lymphoma by extracorporeal photochemotherapy. Preliminary results. N Engl J Med 1987:316(6):297-303.

Zic JA. The treatment of cutaneous T-cell lymphoma with photopheresis. Dermatol Ther 2003;16(4):337-346.

#### Interferon

Olsen EA, Bunn PA. Interferon in the treatment of cutaneous T-cell lymphoma. Hematol Oncol Clin North Am 1995;9(5):1089-1107.

#### Retinoids

Zhang C, Duvic M. Treatment of cutaneous T-cell lymphoma with retinoids. Dermatol Ther 2006;19(5):264-271.

Duvic M, Martin AG, Kim Y, et al. Phase 2 and 3 clinical trial of oral bexarotene (Targretin capsules) for the treatment of refractory or persistent early-stage cutaneous T-cell lymphoma. Arch Dermatol 2001;137(5):581-593.

Duvic M, Hymes K, Heald P, et al. Bexarotene is effective and safe for

treatment of refractory advanced-stage cutaneous T-cell lymphoma:

multinational phase II-III trial results. J Clin Oncol.2001;19(9):2456-2471. **Denileukin diftitox** 

Olsen E, Duvic M, Frankel A, et al. Pivotal phase III trial of two dose levels of denileukin diftitox for the treatment of cutaneous T-cell lymphoma. J Clin Oncol. 2001;19(2):376-388.

#### Vorinostat

Duvic M, Talpur R, Ni X, et al. Phase 2 trial of oral vorinostat (suberoylanilide hydroxamic acid, SAHA) for refractory cutaneous T-cell lymphoma (CTCL). Blood 2007:109(1):31-39.

Olsen EA, Kim YH, Kuzel TM, et al. Phase IIb multicenter trial of vorinostat in patients with persistent, progressive, or treatment refractory cutaneous T-cell lymphoma. J Clin Oncol 2007;25(21):3109-3115.

#### Methotrexate

Zackheim HS, Kashani-Sabet M, Hwang ST. Low-dose methotrexate to treat erythrodermic cutaneous T-cell lymphoma: results in twenty-nine patients. J Am Acad Dermatol 1996;34(4):626-631.

Zackheim HS, Kashani-Sabet M, McMillan A. Low-dose methotrexate to treat mycosis fungoides: a retrospective study in 69 patients. J Am Acad Dermatol 2003;49(5):873-878.

**Continued on next page** 

Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

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#### SUGGESTED TREATMENT REGIMENS References

#### Gemcitabine

Duvic M, Talpur R, Wen S, Kurzrock R, David CL, Apisarnthanarax N. Phase II evaluation of gemcitabine monotherapy for cutaneous T-cell lymphoma. Clin Lymphoma Myeloma 2006;7(1):51-58.

Marchi E, Alinari L, Tani M, et al. Gemcitabine as frontline treatment for cutaneous T-cell lymphoma: phase II study of 32 patients. Cancer 2005;104(11):2437-2441.

#### Pentostatin

Cummings FJ, Kim K, Neiman RS, et al. Phase II trial of pentostatin in refractory lymphomas and cutaneous T-cell disease. J Clin Oncol 1991;9(4):565-571. **Temozolomide** 

Tani M, Fina M, Alinari L, Stefoni V, Baccarani M, Zinzani PL. Phase II trial of temozolomide in patients with pretreated cutaneous T-cell lymphoma. Haematologica 2005;90(9):1283-1284.

#### Bortezomib

Zinzani PL, Musuraca G, Tani M, et al. Phase II trial of proteasome inhibitor bortezomib in patients with relapsed or refractory cutaneous T-cell lymphoma. J Clin Oncol 2007;25(27):4293-4297.

#### Liposomal doxorubicin

Wollina U, Dummer R, Brockmeyer NH, et al. Multicenter study of pegylated liposomal doxorubicin in patients with cutaneous T-cell lymphoma. Cancer 2003;98(5):993-1001.

#### **Combination therapies**

Skin-directed + Systemic

Rupoli S, Goteri G, Pulini S, et al. Long term experience with low dose interferon alpha and PUVA in the management of early mycosis fungoides. Eur J Haematol 2005;75(2):136-145.

McGinnis KS, Shapiro M, Vittorio CC, et al. Psoralen plus long wave UV A (PUVA) and bexarotene therapy: An effective and synergistic combined adjunct to therapy for patients with advanced cutaneous T cell lymphoma. Arch Dermatol 2003;139(6):771-775.

Wilson LD, Jones GW, Kim D, et al. Experience with total skin electron beam therapy in combination with extracorporeal photopheresis in the management of patients with erythrodermic (T4) mycosis fungoides. Journal of the American Academy of Dermatology. 2000;43(1):54-60.

#### Systemic + Systemic

Foss F, Demierre MF, DiVenuti G. A phase 1 trial of bexarotene and denileukin diffitox in patients with relapsed or refractory cutaneous T cell lymphoma. Blood 2005;106(2):454-457.

Straus DJ, Duvic M, Kuzel T, et al. Results of a phase II trial of oral bexarotene (Targretin) combined with interferon alfa 2b (Intron A) for patients with cutaneous T cell lymphoma. Cancer 2007;109(9):1799-1803.

Talpur R, Ward S, Apisarnthanarax N, Breuer Mcham J, Duvic M. Optimizing bexarotene therapy for cutaneous T cell lymphoma. J Am Acad Dermatol. 2002;47(5):672-684.

Suchin KR, Cucchiara AJ, Gottleib SL, et al. Treatment of cutaneous T-cell lymphoma with combined immunomodulatory therapy: a 14-year experience at a single institution. Arch Dermatol. 2002;138(8):1054-1060.

Note: All recommendations are category 2A unless otherwise indicated.

**Practice Guidelines** 

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 $\mathbb{CN}^{\circ}$ 

		TNMB Classification and Staging of Mycosis Fungoides and Sezary Syndrome			
Skin	T1	Limited patches, <sup>b</sup> papules and/or plaques <sup>c</sup> covering < 10 % of the skin surface			
	Т2	Patches <sup>b</sup> , papules and/or plaques <sup>c</sup> covering ≥ 10 % of the skin surface			
	Т3	One or more tumors <sup>d</sup> (≥ 1 cm in diameter)			
	T4	Confluence of erythema $\ge$ 80 % body surface area			
Node	N0	No clinically abnormal peripheral lymph nodes; biopsy not required <sup>e</sup>			
	N1	Clinically abnormal peripheral lymph nodes; histopathology Dutch Gr 1 or NCI LN 0-2			
	N2	Clinically abnormal peripheral lymph nodes; histopathology Dutch Gr 2 or NCI LN 3			
	N3	Clinically abnormal peripheral lymph nodes; histopathology Dutch Gr 3-4 or NCI LN 4			
	NX	Clinically abnormal peripheral lymph nodes; no histologic confirmation			
Visceral	M0	No visceral organ involvement			
	M1	Visceral involvement (must have pathology confirmation <sup>f</sup> and organ involved should be specified)			
Blood	В0	Absence of significant blood involvement: ≤ 5 % of peripheral blood lymphocytes are atypical (Sezary) cells <sup>g</sup>			
	B1	Low blood tumor burden: > 5 % of peripheral blood lymphocytes are atypical (Sezary) cells but does not meet the criteria of B2			
	B2	High blood tumor burden: $\geq$ 1000/mcL Sezary cells <sup>g</sup> with positive clone <sup>h</sup>			
Disen E, Von Classification nternational Jymphoma Ta of Cancer (EC Patch = Any s Presence/abs poikiloderma Plaque = Any	derheid E, I of Mycosis Society for ask Force c ORTC). Blo size skin les sence of hy should be size skin les	<ul> <li><sup>2</sup> <sup>i</sup>mpinelli N, et al. Revisions to the Staging and Fungoides and Sezary Syndrome: A Proposal of the Cutaneous Lymphomas (ISCL) and the Cutaneous f the European Organization of Research and Treatment of 2007;110:1713-1722.</li> <li><sup>e</sup> Abnormal peripheral lymph node(s) = any palpable peripheral node that on physical examination is firm, irregular, clustered, fixed or ≥ 1.5 cm in diameter. Node grout examination is firm, irregular, clustered, fixed or ≥ 1.5 cm in diameter. Node grout examination is firm, irregular, clustered, fixed or ≥ 1.5 cm in diameter. Node grout examination is firm, irregular, clustered, fixed or ≥ 1.5 cm in diameter. Node grout examination is firm, irregular, clustered, fixed or ≥ 1.5 cm in diameter. Node grout examined on physical examination = cervical, supraclavicular, epitrochlear, axillar and inguinal. Central nodes, which are not generally amenable to pathologic assessment, are not currently considered in the nodal classification unless used establish N3 histopathologically.</li> <li><sup>f</sup> Spleen and liver may be diagnosed by imaging criteria.</li> <li><sup>g</sup> Sezary cells are defined as lymphocytes with hyperconvoluted cerebriform nucle Sezary cells are not able to be used to determine tumor burden for B2, then one</li> </ul>			

Clinical Staging/Classification of MF and SS<sup>a</sup>

Mycosis Fungoides/Sezary Syndrome

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	т	N	м	В
IA	1	0	0	0,1
IB	2	0	0	0,1
II	1-2	1,2	0	0,1
IIB	3	0-2	0	0,1
III	4	0-2	0	0,1
IIIA	4	0-2	0	0
IIIB	4	0-2	0	1
IVA <sub>1</sub>	1-4	0-2	0	2
IVA <sub>2</sub>	1-4	3	0	0-2
IVB	1-4	0-3	1	0-2

<sup>a</sup>Olsen E, Vonderheid E, Pimpinelli N, et al. Revisions to the Staging and Classification of Mycosis Fungoides and Sezary Syndrome: A Proposal of the International Society for Cutaneous Lymphomas (ISCL) and the Cutaneous Lymphoma Task Force of the European Organization of Research and Treatment of Cancer (EORTC). Blood 2007;110:1713-1722.

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See Initial Therapy for

#### DIAGNOSIS

#### WORKUP

ESSENTIAL:<sup>c</sup>

• PET-CT scan

Bone marrow biopsy

Consider if PCFCL

► Optional if PCMZL

panel

• LDH

including complete skin exam

Chest/abdominal/pelvic CT

age (if chemotherapy planned)

USEFUL IN CERTAIN CIRCUMSTANCES:

#### **ESSENTIAL:**

- Review of all slides with at least one paraffin block representative of the tumor should be done by a pathologist with expertise in the diagnosis of primary cutaneous B-cell lymphoma. Rebiopsy if consult material is nondiagnostic.
- Histopathology review of adequate biopsy (punch, incisional, excisional).
- Adequate immunophenotyping to establish diagnosis<sup>b</sup>
- Recommended panel for paraffin section immunohistochemistry: CD20, CD79a, CD3, CD5, CD10, BCL2, BCL6, Ki-67, kappa/lambda, MUM1

#### **USEFUL IN CERTAIN CIRCUMSTANCES:**

- Peripheral blood flow cytometry
- Additional immunohistochemical studies to establish lymphoma subtype
- ► Paraffin panel: cyclin D1
- Molecular genetic analysis to detect: antigen receptor gene rearrangements; IgH gene rearrangement by PCR
- Cytogenetics or FISH: t(14;18)

• Complete history and physical examination-**Primary Cutaneous Marginal Zone** • CBC, differential, comprehensive metabolic Lymphoma (CUTB-2) Hepatitis B testing<sup>d</sup> if rituximab considered See Initial Therapy for Primarv • Bone marrow biopsy, if PC-DLBCL, Leg type **Cutaneous Follicle**  Pregnancy testing in women of child-bearing **Center B-Cell** Lymphoma (CUTB-2) See Initial Therapy for **Primary Cutaneous B-Cell Lymphoma**, Leg Type (CUTB-4) • SPEP/guantitative immunoglobulins for PCMZL

PC-DLBCL, Leg type: Primary Cutaneous Diffuse Large B-cell Lymphoma, Leg type PCMZL: Primary Cutaneous Marginal Zone B-cell Lymphoma PCFCL: Primary Cutaneous Follicle Center B-cell Lymphoma

<sup>a</sup>For non-cutaneous, see Nongastric MALT Lymphoma, see NGMLT-1.

<sup>b</sup>See Use of Immunophenotyping in Differential Diagnosis of Mature B-cell and T/NK-cell Neoplasms (NHODG-A).

<sup>c</sup>Rule out drug-induced lymphoma.

<sup>d</sup>Tests include hepatitis B antibody and surface antigen for a patient with no risk factors. For patients with risk factors or previous history of hepatitis B, add core antibodies and e-antigen.

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#### PRIMARY CUTANEOUS MARGINAL ZONE OR FOLLICLE CENTER B-CELL LYMPHOMA



**Practice Guidelines** in Oncology - v.1.2009

#### PRIMARY CUTANEOUS MARGINAL ZONE OR FOLLICLE CENTER B-CELL LYMPHOMA



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PRIMARY CUTANEOUS DIFFUSE LARGE B-CELL LYMPHOMA, LEG TYPE



**Guidelines Index** 



#### TNM CLASSIFICATION OF CUTANEOUS LYMPHOMA OTHER THAN MF/SS<sup>a,b</sup>

Т	
T1	Solitary skin involvement T1a: a solitary lesion < 5 cm diameter T1b: a solitary > 5 cm diameter
T2	Regional skin involvement: multiple lesions limited to 1 body region or 2 contiguous body regions <sup>b</sup> T2a: all-disease-encompassing in a < 15-cm-diameter circular area T2b: all-disease-encompassing in a > 15- and < 30-cm-diameter circular area
ТЗ	T2c: all-disease-encompassing in a > 30-cm-diameter circular area
15	T3a: multiple lesions involving 2 noncontiguous body regions <sup>b</sup>
	T3b: multiple lesions involving ≥ 3 body regions <sup>b</sup>
Ν	
N0	No clinical or pathologic lymph node involvement
N1	Involvement of 1 peripheral lymph node region <sup>c</sup> that drains an area of current or prior skin involvement
N2	Involvement of 2 or more peripheral lymph node regions <sup>c</sup> or involvement of any lymph node region
	that does not drain an area of current or prior skin involvement
N3	Involvement of central lymph nodes
М	
MO	No evidence of extracutaneous non–lymph node disease
M1	Extracutaneous non-lymph node disease present

<sup>a</sup> This work was originally published in Blood. Kim YH, Willemze R, Pimpinell Ni, et al, for the ISCL and the EORTC. TNM classification system for primary cutaneous lymphomas other than mycosis fungoides and Sézary syndrome: a proposal of the International Society for Cutaneous Lymphomas (ISCL) and the Cutaneous Lymphoma Task Force of the European Organization of Research and Treatment of Cancer (EORTC) Blood 2007: 110:479-484. © the American Society of Hematology.

<sup>b</sup>For definition of body regions, See Body Regions for the Designation of T (skin Involvement) Category (CUTB-A 2 of 2).

<sup>c</sup>Definition of lymph node regions is consistent with the Ann Arbor system: Peripheral sites: antecubital, cervical, supraclavicular, axillary, inguinal-femoral, and popliteal. Central sites: mediastinal, pulmonary hilar, paraortic, iliac.

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#### BODY REGIONS FOR THE DESIGNATION OF T (SKIN INVOLVEMENT) CATEGORY<sup>a,b,c</sup>



- <sup>a</sup>Kim YH, Willemze R, Pimpinell Ni, et al, for the ISCL and the EORTC. TNM classification system for primary cutaneous lymphomas other than mycosis fungoides and Sézary syndrome; a proposal of the International Society for Cutaneous Lymphomas (ISCL) and the Cutaneous Lymphoma Task Force of the European Organization of Research and Treatment of Cancer (EORTC) Blood 2007; 110:479-484.
- <sup>b</sup>Left and right extremities are assessed as separate body regions. The designation of these body regions are based on regional lymph node drainage patterns. <sup>c</sup>Definition of body regions: Head and neck: inferior border—superior border of clavicles, T1 spinous process. Chest: superior border—superior border of clavicles; inferior border-inferior margin of rib cage; lateral borders-midaxillary lines, glenohumeral joints (inclusive of axillae). Abdomen/genital: superior border-inferior margin of rib cage; inferior border-inguinal folds, anterior perineum; lateral borders-mid-axillary lines. Upper back: superior border-T1 spinous process; inferior border-inferior margin of rib cage; lateral borders-mid-axillary lines. Lower back/buttocks: superior border-inferior margin of rib cage: inferior border-inferior gluteal fold, anterior perineum (inclusive of perineum); lateral borders-midaxillary lines. Each upper arm: superior borders-glenohumeral joints (exclusive of axillae); inferior borders-ulnar/radial-humeral (elbow) joint. Each lower arm/hand: superior borders-ulnar/radialhumeral (elbow) joint. Each upper leg (thigh): superior borders-inguinal folds, inferior gluteal folds; inferior borders-mid-patellae, midpopliteal fossae. Each lower leg/foot: superior borders-mid-patellae, mid-popliteal fossae.

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**Non-Hodgkin's Lymphomas** 

B-CELL ANTIGENS POSITIVE (CD19, CD20, CD79a, PAX5)

**Practice Guidelines** 

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**Non-Hodgkin's Lymphomas** 

B-CELL ANTIGENS POSITIVE (CD19, CD20, CD79a, PAX5)

**Practice Guidelines** 

in Oncology – v.1.2009



Note: All recommendations are category 2A unless otherwise indicated.

Non-Hodgkin's Lymphomas

#### B-CELL ANTIGENS POSITIVE (CD19, CD20, CD79a, PAX5)





<sup>a</sup>These are meant to be general guidelines. Interpretation of results should be based on individual circumstances and may vary. Not all tests will be required in every case.

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**HHV8** -

Non-Hodgkin's Lymphomas

#### B-CELL ANTIGENS POSITIVE (CD19, CD20, CD79a, PAX5)



• Primary cutaneous DLBCL, leg type (PC-DLBCL, leg type)

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Non-Hodgkin's Lymphomas

T-CELL ANTIGENS POSITIVE (CD2, CD3, CD5, CD7) [and B-cell antigens negative]

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Anaplastic morphology

- Anaplastic large cell lymphoma (ALCL), ALK positive
- Anaplastic large cell lymphoma (ALCL), ALK negative
- Adult T-cell leukemia/lymphoma (ATLL), anaplastic large cell type
- Enteropathy associated T- cell lymphoma (EATL)
- Primary cutaneous CD30 positive T-cell lymphoproliferative disorders
- Lymphomatoid papulosis (LyP)
- Primary cutaneous anaplastic large cell lymphoma (PC-ALCL)

<sup>a</sup>These are meant to be general guidelines. Interpretation of results should be based on individual circumstances and may vary. Not all tests will be required in every case.

Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

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Staging, Discussion, References

#### **Non-Hodgkin's Lymphomas** in Oncology - v.1.2009



T-CELL ANTIGENS POSITIVE (CD2, CD3, CD5, CD7) [and B-cell antigens negative (Pax5)]

**Practice Guidelines** 



Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

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# Non-Hodgkin's Lymphomas



**Practice Guidelines** 

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#### TUMOR LYSIS SYNDROME

The most likely histologies are Lymphoblastic Lymphoma and Burkitt's Lymphoma; however, bulky presentation of Diffuse Large B-cell Lymphoma and patients with CLL and high white blood cell count may experience Tumor Lysis Syndrome (TLS) at a moderately high frequency.

Laboratory hallmarks of TLS:

- High potassium
- High uric acid
- High phosphorous
- Low calcium

Symptoms of TLS:

• Nausea and vomiting, shortness of breath, irregular heartbeat, clouding of urine, lethargy, and/or joint discomfort.

Treatment of TLS:

- TLS is best managed if anticipated and treatment started prior to chemotherapy.
- Centerpiece of treatment includes
- ► Rigorous hydration
- ► Management of hyperuricemia
- > Frequent monitoring of electrolytes and aggressive correction is essential
- First line and at retreatment
- Allopurinol beginning 2-3 days prior to chemotherapy and continued for 10-14 days or

Rasburicase as indicated (rising uric acid despite allopurinol, high creatinine)

• If TLS is untreated, its progression may cause acute kidney failure, cardiac arrhythmias, seizures, loss of muscle control, and death.

Note: All recommendations are category 2A unless otherwise indicated.

#### RESPONSE CRITERIA FOR LYMPHOMA (not including PET)

Response Category	Physical Examination	Lymph Nodes	Lymph Node Masses	Bone Marrow
CR	Normal	Normal	Normal Normal	
CRu (unconfirmed)	Normal	Normal	Normal	Indeterminate
	Normal	Normal	> 75% decrease	Normal or indeterminate
PR	Normal	Normal	Normal	Positive
	Normal	≥ 50% decrease	≥ 50% decrease	Irrelevant
	Decrease in liver/spleen	≥ 50% decrease	≥ 50% decrease	Irrelevant
Relapse/ Progression	Enlarging liver/spleen, new sites	New or increased	New or increased	Reappearance

Source: Table 2 from Cheson BD, Horning SJ, Coiffier B et al: Report of an International Workshop to Standardize Response Criteria for Non-Hodgkin's Lymphoma. J of Clin Oncol 17(4); 1999: 1244. Reprinted with permission from the American Society of Clinical Oncology.

See Response Designations and PET findings NHODG-C 2 of 2

Note: All recommendations are category 2A unless otherwise indicated.



# Non-Hodgkin's Lymphomas

#### REVISED RESPONSE CRITERIA FOR LYMPHOMA (including PET)<sup>a</sup>

Response	Definition	Nodal Masses	Spleen, Liver	Bone Marrow
CR	Disappearance of all evidence of disease	<ul> <li>(a) FDG-avid or PET positive prior to therapy; mass of any size permitted if PET negative</li> <li>(b) Variably FDG-avid or PET negative; regression to normal size on CT</li> </ul>	Not palpable, nodules disappeared	Infiltrate cleared on repeat biopsy; if indeterminate by morphology, immunohistochemistry should be negative
PR	Regression of measurable disease and no new sites	<ul> <li>≥ 50% decrease in SPD of up to 6 largest dominant masses; no increase in size of other nodes (a) FDG-avid or PET positive prior to therapy; one or more PET positive at previously involved site (b) Variably FDG-avid or PET negative; regression on CT</li> </ul>	≥ 50% decrease in SPD of nodules(for single nodule in greatest transverse diameter); no increase in size of liver or spleen	Irrelevant if positive prior to therapy; cell type should be specified
SD	Failure to attain CR/PR or PD	(a) FDG-avid or PET positive prior to therapy; PET positive at prior sites of disease and no new sites on CT or PET (b) Variably FDG-avid or PET negative; no change in size of previous lesions on CT		
Relapsed disease or PD	Any new lesion or increase by ≥ 50% of previously involved sites from nadir	Appearance of a new lesion(s) > 1.5 cm in any axis, ≥ 50% increase in SPD of more than one node, or ≥ 50% increase in longest diameter of a previously identified node > 1 cm in short axis Lesions PET positive if FDG-avid lymphoma or PET positive prior to therapy	> 50% increase from nadir in the SPD of any previous lesions	New or recurrent involvement

Source: Table 2 from Cheson BD, Pfistner B, Juweid ME, et al. Revised response criteria for malignant lymphoma. J of Clin Oncol 2007;25(5):579-586. Reprinted with permission from the American Society of Clinical Oncology.

<sup>a</sup>Recommended for use with Diffuse Large B-Cell Lymphoma and Hodgkin Disease/Lymphoma.

Note: All recommendations are category 2A unless otherwise indicated.

#### **RITUXIMAB AND VIRAL REACTIVATION**

Consult heptologist in hepatitis positive patients (positive by hepatitis B surface antigen, core antibody, e-antigen, viral load)

#### <u>Hepatitis B</u>

• Options when giving chemotherapy and rituximab to a hepatitis B positive patient:

- Prophylaxis with lamivudine
  - or
- During treatment with chemotherapy and rituximab, monitor for rising viral load (not antigen) and treat with lamivudine, if increasing

#### **Hepatitis C**

- Consequnces of increased viral load do not appear to be clinically significant
- Options when giving chemotherapy and rituximab to a hepatitis C positive patient:
- > During treatment with chemotherapy and rituximab, monitor for rising viral load (not antigen)

Progressive multifocal leukoencephalopathy (PML)

- Caused by the JC virus and is usually fatal
- No known effective treatments
- Check for changes in behavior such as confusion, dizziness or loss of balance, difficulty talking or walking, and vision problems

Note: All recommendations are category 2A unless otherwise indicated.

# Staging

Table 1

# WHO Classification of the mature B-cell, T-cell, and NK-cell neoplasms (2008)

#### Mature B-Cell Neoplasms

- Chronic lymphocytic leukemia/small lymphocytic lymphoma
- B-cell prolymphocytic leukemia
- Splenic marginal zone lymphoma
- Hairy cell leukemia
- Splenic lymphoma/leukemia, unclassifiable\*
- ▶ Splenic diffuse red pulp small B-cell lymphoma\*
- Hairy cell leukaemia-variant\*
- Lymphoplasmacytic lymphoma
- Waldenström's macroglobinemia
- Heavy chain diseases
- Alpha heavy chain disease
- Gamma heavy chain disease
- Mu heavy chain disease
- Plasma cell myeloma
- Solitary plasmacytoma of bone
- Extraosseous plasmacytoma
- Extranodal marginal zone lymphoma of mucosa-associated lymphoid tissue (MALT type)
- Nodal marginal zone lymphoma
- Pediatric nodal marginal zone lymphoma\*
- Follicular lymphoma
- Pediatric follicular lymphoma\*
- Primary cutaneous follicle center lymphoma
- Mantle cell lymphoma

Diffuse large B-cell lymphoma (DLBCL), NOS

- T-cell/histiocyte rich large B-cell lymphoma
- Primary DLBCL of the CNS
- ▶ Primary cutaneous DLBCL, leg type
- ► EBV positive DLBCL of the elderly\*
- DLBCL associated with chronic inflammation
- Lymphamatoid granulomatosis
- Primary mediastinal (thymic) large B-cell lymphoma
- Intravascular large B-cell lymphoma
- ALK positive large B-cell lymphoma
- Plasmablastic lymphoma
- Large B-cell lymphoma arising in HHV8-associated multicentric Castleman disease
- Primary effusion lymphoma
- Burkitt lymphoma
- B-cell lymphoma, unclassifiable, with features intermediate between diffuse large B-cell lymphoma and Burkitt lymphoma
- B-cell lymphoma, unclassifiable, with features intermediate between diffuse large B-cell lymphoma and classical Hodgkin lymphoma

**Continued on next page** 

\*The italicized histologic types are provisional entities, for which the WHO Working Group felt there was insufficient evidence to recognize as distinct diseases at this time.

# Staging

#### Mature T-Cell and NK-Cell Neoplasms

- T-cell prolymphocytic leukemia
- T-cell large granular lymphocytic leukemia
- Chronic lymphoproliferative disorder of NK-cells\*
- Aggressive NK cell leukemia
- Systemic EBV positive T-cell lymphoproliferative disorder of childhood
- Hydroa vaccineforme-like lymphoma
- Adult T-cell leukemia/lymphoma
- Extranodal NK/T-cell lymphoma, nasal type
- Enteropathy-associated T-cell lymphoma
- Hepatosplenic T-cell lymphoma
- Subcutaneous panniculitis-like T-cell lymphoma
- Mycosis fungoides
- Sézary syndrome
- Primary cutaneous CD30 positive T-cell lymphoproliferative disorders
- ► Lymphomatoid papulosis
- Primary cutaneous anaplastic large cell lymphoma
- Primary cutaneous gamma-delta T-cell lymphoma
- Primary cutaneous CD8 positive aggressive epidermotropic cytotoxic T-cell lymphoma\*
- Primary cutaneous CD4 positive small/medium T-cell lymphoma\*
- Peripheral T-cell lymphoma, NOS
- Angioimmunoblastic T-cell lymphoma
- Anaplastic large-cell lymphoma, ALK positive
- Anaplastic large-cell lymphoma, ALK negative\*

#### Hodgkin Lymphoma

- Nodular lymphocyte predominant Hodgkin lymphoma
- Classical Hodgkin lymphoma
- Nodular sclerosis classical Hodgkin lymphoma
- Lymphocyte-rich classical Hodgkin lymphoma
- Mixed cellularity classical Hodgkin lymphoma
- Lymphocyte-depleted classical Hodgkin lymphoma

#### Post-Tranplant Lymphoproliferative Disorders (PTLD)

- Early lesions
- Plasmacytic hyperplasia
- Infectious mononucleosis-like PTLD
- Polymorphic PTLD
- Monomorphic PTLD (B- and T/NK-cell types)<sup>#</sup>
- Classical Hodgkin lymphoma type PTLD#

From Swerdlow SH, Campo E, Harris NL, Jaffe ES, Pileri SA, Stein H, Thiele J, Vardiman JW (Eds): World Health Organization Classification of Tumours of the Haematopoietic and Lymphoid Tissues. IARC Press: Lyon 2008.

\*The italicized histologic types are provisional entities, for which the WHO Working Group felt there was insufficient evidence to recognize as distinct diseases at this time.

<sup>#</sup>These lesions are classified according to the leukemic or lymphoma to which they correspond.

Table	2	
Cotswolds Modification of Ann Arbor Staging System		
Stage	Area of Involvement	
I	Single lymph node group	
П	Multiple lymph node groups on same side of diaphragm	
Ш	Multiple lymph node groups on both sides of diaphragm	
IV	Multiple extranodal sites or lymph nodes and extranodal disease	
Х	Bulk > 10 cm	
Е	Extranodal extension or single isolated site of extranodal disease	
A/B	B symptoms: weight loss > 10%, fever, drenching night sweats	
From: conve Hodgl 1636.	Lister TA, Crowther D, Sutcliffe SB, et al.: Report of a committee ened to discuss the evaluation and staging of patients with kin's disease: Cotswolds meeting. <i>J of Clin Onc</i> 1989;7(11): 1630-	

# Discussion

**NCCN**<sup>®</sup>

This discussion is being updated to correspond with the newly updated algorithm. Last updated 10/28/08

#### NCCN Categories of Evidence and Consensus

**Category 1:** The recommendation is based on high-level evidence, and there is uniform NCCN consensus.

**Category 2A:** The recommendation is based on lower-level evidence including clinical experience, and there is uniform NCCN consensus.

**Category 2B:** The recommendation is based on lower-level evidence including clinical experience, and there is nonuniform NCCN consensus (but no major disagreement).

**Category 3:** Based on any level of evidence but reflects major disagreement.

All recommendations are category 2A unless otherwise noted.

# Overview

Non-Hodgkin's lymphomas (NHL) are a heterogeneous group of lymphoproliferative disorders originating in B-lymphocytes, T-lymphocytes or natural killer (NK) lymphocytes. In the United States, B-cell lymphomas represent 80-85% of the cases with 15-20% being T-cell lymphomas. NK lymphomas are very rare. An estimated 66,120 new cases of NHL will be diagnosed in 2008 and 19,160 deaths will occur. NHL is the fifth leading site of new cancer cases among men and women, accounting for 4-5% of new cancer cases and 3% of cancer-related deaths. NHL is also the ninth leading cause of cancer deaths among men and the sixth among women.<sup>1</sup>

The incidence of NHL has increased dramatically between 1970 and 1995; the increase has moderated since the mid-90s. This increase has been attributed partly to the human immunodeficiency virus (HIV) epidemic and the development of AIDS-related NHL. However, much of

the increase in incidence has been observed in patients in their sixth and seventh decades; a large part of this increase incidence has paralleled a major decrease in mortality from other causes. The median age of individuals with NHL has risen in the last two decades.<sup>2</sup> As a result, patients with NHL may also have significant comorbid conditions, which complicate treatment options.

# Classification

The International Working Formulation (IWF) classified NHL into three major categories as low, intermediate and high grade, based on the morphology and natural history. The Revised European-American Classification of Lymphoid neoplasms (REAL) was developed in 1994, which classified based the classification on cell of origin (B, T, or NK) and included morphology, immunophenotype, genetic and clinical features.<sup>3</sup> The currently internationally accepted World Health Organization (WHO) classification is a refinement of the REAL classification (ST-1).<sup>4</sup>

The REAL/WHO classification of NHL includes several additional, newly identified entities not recognized by the IWF.<sup>4</sup> After consideration of cell of origin (B, T, or NK) the classification subdivides lymphomas into those derived from precursor lymphocytes versus those derived from mature lymphocytes. The classification is further refined based on immunophenotype and genetic features. These considerations have aided in defining active treatment for specific subtypes of lymphoma.

Currently, a comprehensive description of the natural history and clinical features of all NHL diagnoses recognized by the WHO classification does not exist. However, the International Lymphoma Classification Project evaluated 1,403 lymphoma cases and identified the thirteen most common histologic types, comprising about 90% of the cases of NHL in the United States.<sup>5</sup> The findings were as follows: diffuse large B-cell (DLBCL), 31%; follicular lymphoma (FL), 22%; small

lymphocytic lymphoma/chronic lymphocytic leukemia (SLL/CLL), 6%; mantle cell lymphoma (MCL), 6%; peripheral T-cell lymphoma (PTCL), 6%; and marginal zone B-cell lymphoma (MZL), mucosa-associated lymphoid tissue (MALT) lymphoma, 5%. The remaining subtypes each occurred in less than 2% of cases. Composite lymphomas were not included in these distribution figures. Importantly, in the United States more than 50% of cases of lymphoma are either DLBCL or FL. In a study performed by the International T-cell Lymphoma Project, PTCL-not otherwise specified (PTCL-NOS) was the most common subtype of PTCL (29.3%).<sup>6</sup>

# **Response Criteria**

The International Working Group (IWG) published the guidelines for response criteria for lymphoma in 1999. These response criteria are based on the reduction in the size of the enlarged lymph node as measured by CT scan and the extent of bone marrow involvement that is determined by bone marrow aspirate and biopsy.<sup>7</sup> These guidelines were revised in 2007 by the International Harmonization Project to incorporate immunohistochemistry (IHC) flow cytometry and 18-flouro-deoxyglucose (FDG)-positron emission tomography (PET) scans in the definition of response for lymphoma.<sup>8</sup> In the revised guidelines, the response category of complete response uncertain (CRu) was essentially eliminated because residual masses were defined as a partial response (PR) or a complete response (CR) based on the result of a PET scan. Using the revised system, response is categorized as CR, PR, stable disease (SD) and relapsed disease or progressive disease (PD). However, the application of PET to responses is limited to histologies where there is reliable FDG-uptake in active tumor. Response criteria for lymphoma are summarized in NHODG-C.

# **NCCN Guidelines**

The National Comprehensive Cancer Network (NCCN) guidelines were developed for the most common subtypes of NHL:

### **B-cell lymphomas:**

#### Indolent lymphomas

- Chronic lymphocytic leukemia (CLL)/small lymphocytic lymphoma (SLL)
- Follicular lymphoma
- Marginal Zone Lymphoma
  - MALT Lymphoma
  - Splenic MZL
  - Nodal MZL

### Aggressive lymphomas

- Diffuse large B-cell lymphoma
- Mantle cell lymphoma

# Highly aggressive lymphomas

- Burkitt lymphoma
- Lymphoblastic lymphoma
- AIDS-related B-cell lymphoma

# **T-cell lymphomas:**

- Peripheral T-cell lymphoma
- Mycosis fungoides/Sezary syndrome

# **B-cell Lymphomas**

# Diagnosis

In all cases, the most important first step is to make an accurate pathologic diagnosis. The basic pathological evaluation is the same in

each guideline though some further evaluation may be useful in certain circumstances to clarify a particular diagnosis; these are outlined in the pathological evaluation of the individual guideline.

An incisional or excisional lymph node biopsy is recommended to establish the diagnosis of NHL. Core needle biopsy is discouraged unless the clinical situation dictates that this is the only safe means of obtaining diagnostic tissue. Fine needle aspiration (FNA) biopsy is widely used in the diagnosis of malignant neoplasms, but its role in the diagnosis of lymphoma is still controversial.<sup>9,10</sup> Since the revised REAL/WHO classification is based on both morphology and immunophenotyping, FNA alone is not acceptable as a reliable diagnostic tool for NHL. However, its use in combination with ancillary techniques may provide precise diagnosis thereby obviate the need for a more invasive biopsy. Recent studies have shown that the diagnostic accuracy of FNA improves significantly when it is used in combination with immunohistochemistry, flow cytometry or excisional biopsy.<sup>11,12,13</sup>

In the NCCN guidelines, FNA alone is not suitable for an initial diagnosis of NHL, though it may be sufficient to establish relapse. However, in certain circumstances, when a lymph node is not easily accessible, a combination of excisional or incisional biopsy and flow cytometry may provide better information to provide a diagnosis. This is particularly true for the diagnosis of CLL. In other entities presenting in leukemic phase, such as FL or MCL, a biopsy is still preferred to clarify histological subtype.

Immunophenotypic analysis is essential for the differentiation of various subtypes of NHL, proper diagnosis and choice of treatment for each subtype. It can be performed by flow cytometry and/or immunohistochemistry; the choice depends on the antigens as well as the expertise and resources available to the hematopathologist. In some cases flow cytometry and immunohistochemistry are complementary diagnostic tools.<sup>14</sup> Molecular cytogenetic analysis may

be necessary under certain circumstances to identify the specific chromosomal translocations that are more commonly seen in particular NHL subtypes.

Dysregulated expression of cyclin D1 is a cell-cycle protein that results from the chromosomal translocation, t(11;14) seen in the vast majority of cases of MCL. This translocation is not seen in other NHLs though can be seen in multiple myeloma (MM). Cyclin D1 expression is the most reliable marker for differentiating between CLL and MCL. Thus, Cyclin D1 immunohistochemistry or cytogenetic analysis with fluorescent in situ hybridization (FISH) for t(11;14) should be considered for cases of CLL with atypical immunophenotype (CD 23 dim or negative). Analysis of cyclin D1 is helpful in confirming the diagnosis when morphology suggests MCL, though the immunophenotype demonstrates expression of CD 23 positive. BCL2 is over-expressed as the consequence of the t(14;18) translocation seen in 90% of cases of FL and about 20% of cases of DLBCL. However, BCL2 expression is commonly seen in other lymphoma and cannot be used reliably to establish the diagnosis of FL. CD10 expression is useful in differentiating FL from MZL.

The monoclonal antibody Ki-67 is used to detect proliferation index (PI) which has been found to have prognostic significance in FL as well as in other lymphomas. The Southwest Oncology Group (SWOG) trial evaluated the utility of Ki-67 for predicting survival in patients with aggressive NHL.<sup>15</sup> Overall survival (OS) was significantly reduced in patients with high Ki-67 (high PI) compared to those lower PI. Estimated one-year survival was found to be 18% (high PI) compared to 82% for those with low PI. In two other reports, disease-specific survival was significantly better in patients who had FL with a low PI as determined by the staining of Ki-67.<sup>16,17</sup> Immunohistochemical staining with Ki-67 may be useful in the histological grading of FL.<sup>18</sup> Higher grade follicular lymphomas had greater number of Ki-67 cells.
### Work-up

Essential work-up procedures include a complete physical exam with particular attention to node bearing areas and the size of liver and spleen, symptoms present, performance status, laboratory studies including CBC, serum lactate dehydrogenase (LDH), hepatitis B testing (see below), chest/abdominal/pelvic CT, and comprehensive metabolic panel. MUGA scan or echocardiograms are recommended when anthracyclines and anthracenedione containing regimens are used. Bone marrow biopsy with or without aspirate is essential in all cases where treatment is considered; however, there are circumstances where it may be deferred (see below).

Optional procedures (depending on specific lymphoma type) include beta-2-microglobulin, CT or PET-CT scans, endoscopic ultrasound (gastric MALT lymphoma), head CT or brain MRI and lumbar puncture to analyze cerebrospinal fluid (MCL and DLBCL). Discussion of fertility issues and sperm banking ought to be performed under certain circumstances.<sup>19</sup>

Hepatitis B reactivation has been reported in several patients treated with rituximab in combination with chemotherapy. In some cases viral infections occurred up to one year following discontinuation of rituximab. Due the risk of hepatitis B reactivation, the panel has included hepatitis B testing as part of essential work-up prior to initiation of treatment in all patients who will receive rituximab. However, hepatitis B reactivation has also been seen with chemotherapy alone and any patient with risk factors (including history of blood transfusion) should be evaluated. Hepatitis B testing should include surface antigen/antibody and core antigen/antibody. Antiviral prophylaxis may be beneficial in preventing hepatitis B reactivation.<sup>20</sup> Hepatitis C testing is needed only in high-risk patients.

Bone marrow biopsy is usually included in the work-up for all patients with NHL. Bone marrow involvement occurs in 39% of low-grade, 36% of intermediate-grade and 18% of high-grade lymphomas. Bone marrow involvement was associated with significantly shorter survivals in patients with intermediate or high-grade lymphomas.<sup>21</sup> In a recent retrospective analysis, the incidence of bone marrow involvement and the parameters predicting bone marrow involvement were analyzed in 192 patients with stage I and II in DLBCL. Overall incidence of BM involvement was 3.6%. The authors concluded that bone marrow biopsy may be safely omitted in selected patients with early-stage DLBCL.<sup>22</sup> The effect of bone marrow biopsy on the management of patients or on the prognosis of lymphoma has not been proven in prospective clinical trials.

In the NCCN guidelines, bone marrow biopsy with or without aspirate is included as part of essential work-up for all lymphomas. However, in the case of patients with low bulk indolent disease with radiographic clinical stage III disease, an initial staging bone marrow evaluation can be deferred if immediate treatment will not be offered as it will not change the clinical recommendations. However, in early stage FL, bone marrow biopsy and aspirate is essential. Unilateral or bilateral core biopsy can be used.<sup>23</sup> Bilateral cores are recommended if radioimmunotherapy is considered.

PET scan has been used for initial staging, restaging and follow-up of patients with NHL.<sup>24</sup> In a recent meta-analysis, PET showed a high positivity and specificity when used for the staging and restaging of patients with lymphoma.<sup>25</sup> However, PET scans can be misleading since other organs in addition to the malignant tumors can take up radioactive FDG. Lesions smaller than 1 cm are not reliably visualized with PET scans. PET scan is currently not used routinely for staging in lymphoma because PET scans detect additional disease sites with the modification of clinical stage only in 15-20% of patients; the impact on

therapy was even less frequent at 8%. PET scan has generally been used in conjunction with a diagnostic CT scans.

Integrated PET-CT is a new imaging technology that has distinct advantages in both staging and restaging compared to full-dose diagnostic CT or PET alone.<sup>26,27</sup> In a retrospective study, PET-CT performed with low-dose non-enhanced CT was found to be more sensitive and specific than the routine contrast-enhanced CT in the evaluation of lymph node and organ involvement in patients with Hodgkin disease or high-grade non-Hodgkin lymphoma.<sup>26</sup> Preliminary results of another recent prospective study (47 patients; patients who had undergone prior diagnostic CT were excluded) showed a good correlation between low-dose unenhanced PET-CT and full-dose enhanced PET-CT in the evaluation of lymph nodes and extranodal disease in lymphomas.<sup>27</sup> However, the lack of intravenous contrast and the diminished resolution can make it difficult in some cases to interpret the anatomical localization and significance of FDG-avid sites. Further studies are needed to determine the role of PET-CT scans in the initial staging of lymphomas. The panel has included PET-CT scan as an optional work-up procedure for selected patients.

# Chronic Lymphocytic Leukemia (CLL)/Small Lymphocytic Lymphoma (SLL)

## Diagnosis

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Chronic lymphocytic leukemia and small lymphocytic lymphoma (CLL/SLL) are different manifestations of the same disease and are managed in much the same way. The diagnosis of SLL is typically applied if the presentation is predominantly nodal and the diagnosis of CLL is made when the principle involvement is bone marrow and blood; however, classification of mixed cases is often arbitrary and the designation SLL/CLL recognizes this fact. As with all the lymphoid neoplasms, adequate hematopathologic review is essential to establish an accurate diagnosis of CLL/SLL. Additional paraffin-embedded material may be used for immunophenotyping to determine lineage and clonality.

Standard paraffin panel of immunohistochemical studies includes a Pan B-cell and a Pan T-cell marker to distinguish B-cell and T-cell malignancies. Immunohistochemical reagents can detect CD3, CD5, CD10, CD20, CD23 and cyclin D1. These can be useful, particularly for diagnosing CLL/ SLL type without circulating cells. Flow cytometric studies performed on patients with leukemic cell burden include kappa/lambda to access clonality. The typical immunophenotype in CLL/SLL is CD5+, CD10-, CD19+, CD20, dim expression of surface immunoglobulin, CD23+, CD43+/-, and cyclin D1-. Distinguishing CLL/SLL from MCL is essential, as they are both CD5+ B-cell tumors. Though CD23 is often helpful, cyclin D1- is critical in this differentiation of tumor types.

There are important genetic determinants of prognosis in of SLL/CLL. Mutation of the immunoglobulin variable region  $(IgV_H)$  is associated with a favorable outcome. CD38 expression and zeta-associated protein 70 (ZAP-70) expression have been reported to inversely correlate with mutation status and therefore are predictors of clinical outcome in patients with CLL.<sup>28, 29,30</sup> Evaluation of ZAP-70 expression can be challenging and it should only be used if it has been shown to correlate with mutation status. Furthermore, chromosomal aberrations have important prognostic significance. FISH for detection of t(11:14). t(11q;v), del 13q, trisomy 12 and del17p (p53 gene deletions) can be performed on paraffin-embedded or fresh tissue. FISH for the t(11;14) chromosomal translocation can help distinguish MCL from CLL. Del17p is associated with short progression free survival (PFS) and predicts resistance to chemotherapy. The genetic lesions can evolve over time and therefore FISH analysis should be repeated prior to each treatment.

## Staging

The Ann Arbor staging system has proven to be of limited utility in CLL because patients universally have bone marrow and peripheral blood involvement. In rare instances, patients may have nodal-only presentations of SLL. Two different staging systems, Rai and Binet system are currently used worldwide. The modified Rai classification is most useful clinically and provides important prognostic information.<sup>31</sup> Survival of patients with good-risk disease (Rai stage 0) is essentially the same as the survival rate of age-matched controls. Patients with intermediate-risk disease (Rai stage I-II) have a shorter survival, particularly when other adverse factors coexist, such as a lymphocyte doubling time of less than one year. Patients with high-risk disease (Rai stage III-IV) have a poor prognosis. Binet staging system is based on the number of involved areas and the level of hemoglobin and platelets and like the Rai system has a good correlation with clinical outcome.

## Workup

The workup for CLL/SLL is similar to the workup for other lymphoid neoplasms. Quantitative immunoglobulins may be particularly informative in patients with recurrent infections. Though classically the pattern of bone marrow involvement (diffuse versus nodular) had prognostic significance, this is no longer a factor when one uses more reliable prognostic markers such as immunoglobulin variable gene mutation (or its surrogate Zap 70) and cytogenetic abnormalities determined by FISH all of which can be obtained by analysis of circulating lymphocytes. Thus, bone marrow biopsy is no longer considered a required part of the evaluation of patients with CLL though it remains useful to evaluate the etiology of cytopenias.

Beta-2-microglobulin may have prognostic significance though whether or not this adds to the other factors is uncertain. Computed tomography (CT) scans is useful to follow and monitor disease progression when adenopathy or is present. For anemic patients, reticulocyte counts and a direct Coombs' test should be performed to evaluate for the possibility of hemolysis.

The National Cancer Institute sponsored working group (NCI-WG) first published the guidelines for the diagnosis and treatment of CLL in 1996.<sup>32</sup> The recent developments in the use of prognostic markers and treatment options for CLL have led to the revision of these guidelines, particularly the response criteria.<sup>33</sup> Complete and partial responses are considered clinically beneficial. Relapse is defined as the disease progression after a period of 12 months or more following complete or partial responses. Refractory disease is defined as the one which does respond to purine analog-based therapy or which progresses within 12 months after receiving such therapy.

## Treatment

Locoregional radiation therapy (RT) is an appropriate induction therapy for patients with localized SLL (Ann Arbor stage I). In rare patients, radiation may be contraindicated or it may be a sub-optimal therapy due to the presence of comorbidities or the potential of long-term toxicity. Patients with localized SLL that has progressed after initial RT and those with advanced CLL or SLL (Ann Arbor stage II-IV) are treated with chemoimmunotherapy or chemotherapy. Chemotherapy regimens that have shown efficacy in clinical trials include chlorambucil or cyclophosphamide given with or without prednisone, purine analog-based regimens, or an alkylating agent-based combination chemotherapy regimen such as CHOP (cyclophosphamide, doxorubicin, vincristine and prednisone).

In the CALGB 9011 study, 509 patients were randomized to receive fludarabine, chlorambucil or the combination.<sup>34</sup> The combination arm was stopped due to excessive toxicity. Complete remission (20% vs. 4% for chlorambucil), partial remission (43% vs. 33% for chlorambucil), median duration of remission and median PFS were significantly better

in patients treated with fludarabine. The study found no significant difference in OS between the two arms suggesting that in some circumstances, chlorambucil as initial therapy may be appropriate. A European randomized study compared fludarabine with two alkylating agent-based combination regimens, CAP (cyclophosphamide, doxorubicin and prednisone) and CHOP as first-line treatment in patients with advanced CLL.<sup>35</sup> Fludarabine and CHOP produced similar overall remission rates (71%) compared to CAP (58%). However, fludarabine was better tolerated than CHOP.

In large randomized trials (US Intergroup E2997 and UK Leukemia Research Fund CLL 4), the combination of fludarabine and cyclophosphamide was associated with an increase in overall response, CR and PFS compared to fludarabine alone.<sup>36,37</sup> E2297 trial also reported that IgV<sub>H</sub>, CD38 or ZAP-70 expression did not predict outcome of fludarabine-based therapy.<sup>38</sup>

Rituximab is a monoclonal antibody against CD 20, which has been approved by FDA for the treatment of indolent lymphoma. Rituximab has been evaluated in combination with fludarabine-based chemotherapy. CALGB study 9712 compared the efficacy of fludarabine with concurrent or sequential administration of rituximab in untreated patients with CLL.<sup>39</sup> The concurrent regimen was associated with a higher overall response rate (90% vs. 77% for the sequential regimen) at the expense of higher grade 3 or 4 toxicity. However, comparison of the outcomes of patients treated with fludarabine alone in the CALGB 9011 trial and the pooled results from the CALGB 9712 study, suggested that the addition of rituximab to fludarabine prolongs PFS and OS.<sup>40</sup> The combination of fludarabine, cyclophosphamide and rituximab (FCR) has been evaluated at MD Anderson Cancer Center both as initial therapy for progressive or advanced CLL and as second-line therapy for relapsed or refractory CLL.<sup>41,42</sup> FCR regimen produced high overall response rate and CR.

The combination of pentostatin and cyclophosphamide (PC) with or without rituximab (R) has shown significant activity in previously treated patients with relapsed or refractory disease.<sup>43,44</sup> In a small number of previously treated patients, the response rates were similar for PC and PCR. However, based on a historical retrospective comparison with PC regimen, the median duration of response for PCR (25 months) is longer than that of PC (7 months) as well as median survival (44 months for PCR and 16 months for PC). The addition of rituximab showed a survival advantage. Based on these results, the CLL Research Consortium members initiated a trial of PCR in previously in untreated patients.<sup>45</sup> Responses were observed in 91% of patients (41% CR, 21% nodular PR and 28% PR).

Alemtuzumab is a monoclonal antibody targeting CD 52. In a large international study, alemtuzumab induced significant responses in patients who had failed fludarabine-based therapy. Median time to progression was 4.7 months and median OS was 16 months (32 months for responders).<sup>46</sup> Alemtuzumab has also been effective in patients with fludarabine refractory CLL and del(17p) or p53 gene mutations.<sup>47,48</sup> In an international, multicenter randomized study (CAM307), PFS and overall response rate (83% vs. 55%) were significantly better for alemtuzumab compared to chlorambucil, as first-line treatment for patients with CLL.<sup>49</sup> However, nodal sites of disease have generally not responded well with single agent alemtuzumab.

In patients with localized SLL (Ann Arbor stage I) that has progressed after initial RT or those with advanced disease (Ann Arbor stage II-IV disease) with no del (17p), treatment options depend on the presence or absence of the following indications: symptoms, threatened end-organ function, cytopenia, bulky disease, steady progression, histologic transformation, recurrent infections and/or patient's preference. Patients with no indications for treatment can be observed until disease progression. Those presenting with any of the above indications should be treated with chemotherapy (single agent or combination) or chemoimmunotherapy regimens suggested in CSLL-D. Purine analog-based therapy is preferred. Prophylaxis for tumor lysis syndrome (TLS) should be considered since patients with CLL are at risk of developing TLS.

NCCN guidelines suggest the following regimens (which by convention are listed in alphabetical order) for first-line therapy, with or without rituximab: Chlorambucil with or without prednisone; cyclophosphamide with or without vincristine and/or prednisone; CHOP regimen for patients who are unable to tolerate fludarabine; fludarabine (F) alone or in combination with cyclophosphamide (FC) and PCR regimen (pentostatin, cyclophosphamide and rituximab).

Bendamustine is an alkylating agent with a low cross-resistance with other alkylating agents (chlorambucil, cyclophosphamide, ifosfamide) and fludarabine. In a pivotal phase III study, bendamustine was compared to chlorambucil in patients with untreated CLL.<sup>50</sup> At a median follow-up of 18.5 months, bendamustine produced an overall response rate (ORR) of 68% with a CR of 30%, which was significantly higher than that of chlorambucil (39% with CR of 2%). Median progression-free survival (21.7 months vs. 9.3 months for chlorambucil) and median duration of remission (18.9 months vs. 6.1 months with chlorambucil) were also better for bendamustine. However, there were no differences in OS between the two groups.

Based on the results of this study, FDA recently approved bendamustine for the treatment of patients with CLL. However, the efficacy of bendamustine compared to other first-line therapies for CLL other than chlorambucil has not yet been established. NCCN guidelines have included bendamustine as a single agent for first-line therapy; single agent or in combination with rituximab for second-line therapy. Patients who achieve a complete or PR following induction therapy are generally observed. Additional therapy for patients in remission is investigational and should be given only in the context of a clinical trial. Treatment options for patients with disease progression are similar to those available as initial therapy. Allogeneic stem cell rescue is an alternate treatment option for patients with relapsed disease but would generally be used after re-induction of remission.<sup>51</sup> The choice of second-line therapy should take into account the remission duration as well as the initial agents used. Any of the chemotherapy regimens recommended for first-line therapy can be used for progressive disease, in combination with either rituximab or alemtuzumab. The panel has also included alemtuzumab as a single agent for second-line therapy in all patients with relapsed or refractory CLL.

Presence of del(17p) is associated with a poor response to conventional therapy; treatment options for patients with del(17p) depend on their age. Alemtuzumab is a treatment option for patients 70 years or older. Those younger than 70 years are treated with chemotherapy or chemoimmunotherapy regimens suggested in CSLL-D. Patients with CR are usually observed. High dose therapy with allogeneic stem cell rescue is a treatment option for those who achieve CR or PR. Patients who are not responsive to chemotherapy are treated with alemtuzumab. High dose therapy with allogeneic stem cell rescue can be considered for patients showing response.

Patients with autoimmune cytopenia may require therapy targeted to the hemolysis. Initial therapy for autoimmune hemolytic anemia (AIHA) and immune thrombocytopenic purpura (ITP) is administration of corticosteroids. Intravenous immunoglobulin may be used in the treatment of refractory disease. Patients with AIHA should be observed carefully during treatment and the presence of AIHA should not absolutely preclude the use of fludarabine-based therapy. Rituximab or splenectomy are options in select patients. Immunosuppressive agents such as prednisone, cyclosporine, and antithymocyte globulin (ATG) are indicated for the treatment of pure red cell aplasia. Patients with recurrent infections, particularly those patients with encapsulated organisms in the setting of hypogammaglobulinemia, may benefit from intravenous gamma globulin.

Cytomegalovirus (CMV) reactivation is well documented in patients receiving alemtuzumab.<sup>52</sup> Due to the high risk of CMV reactivation, CMV viremia should be measured by PCR quantization at least every 2-3 weeks. The current management is controversial. Ganciclovir is used either prophylactically if viremia present, or in some cases only if viral load is rising.

# **Follicular Lymphoma**

## Diagnosis

Follicular lymphoma has a characteristic immunophenotype, which includes CD20+, CD10+, bcl-2+, CD23+/-, CD43-, CD5-, and cyclin D1-. Rare cases of FL may be CD10- or bcl-2-. Additional paraffin-embedded material is useful, under certain circumstances, for immunophenotyping to evaluate the expression of bcl-6, cyclin D1 (if CD10- and/or CD5+ or CD43+), CD43, kappa/lambda, CD21, and Ki-67. Ninety percent of cases have a chromosome translocation, t(14;18), which juxtaposes the bcl-2 gene with the immunoglobulin heavy-chain locus that results in the deregulated expression of bcl-2. The diagnosis is easily established on histological grounds, but immunophenotyping is encouraged to distinguish from a nodular MCL or SLL. Molecular genetic analysis to detect bcl-2 rearrangement, cytogenetics or FISH to identify t(14;18) will be useful under certain circumstances.

In the REAL/WHO classification FL is classified into three histological grades according to the number of centroblasts utilizing the counting method of Mann and Berard (Grade 1: 0-5 centroblasts per high power

field (HPF); Grade 2: 6-15 centroblasts per HPF and Grade 3: greater than 15 centroblasts per HPF). NCCN guidelines apply to FL (grades 1-2). FL (grade 3) is commonly treated according to DLBCL.

## Workup

The diagnostic workup for FL is similar to the workup for other indolent lymphomas. The majority of patients present with disseminated disease. The approach to therapy differs dramatically between patients with localized and those with disseminated disease. Bone marrow biopsy with aspirate is essential to document clinical stage I-II disease. This can be deferred if observation is the initial treatment option. The FLIPI (Follicular Lymphoma International Prognostic Index) may be used in determining treatment prognosis but has not been established as a means of selecting treatment options.<sup>53</sup> FLIPI includes patient characteristics (age), tumor burden which is determined by Ann Arbor stage and number nodal sites involved, hemoglobin levels and tumor aggressiveness as determined by serum LDH levels. The majority of NCCN investigators routinely employ chest, abdominal and pelvic CT as part of the diagnostic evaluation. CT scan of the neck may also assist in defining the extent of local disease. In patients presenting with what appears to be localized disease, a PET scan may be helpful in identifying occult sites of disease or if there is concern about histologic transformation.54

## Treatment

The therapeutic approach to follicular lymphomas (grades 1 and 2, WHO classification) depends on the extent of initial disease involvement. Follicular lymphomas, grade 3 (WHO/REAL classification) are generally treated according to the guidelines for DLBCL, though they are recognized to have a much higher risk of relapse. It should be noted that in most centers the proportion of patients diagnosed with FL, grade 3 is greater than that previously diagnosed as follicular large cell lymphoma in the International Working Formulation. In a prospective randomized study conducted by M.D. Anderson Cancer Center, the addition of adjuvant CHOP to RT did not improve relapse free survival in patients with low-grade lymphoma.<sup>55</sup> Locoregional RT (24-30 Gy, with an additional 600 cGy in selected patients with bulky or slowly regressing disease) is the preferred treatment option for patients with non-bulky localized (Ann Arbor stage I-II) disease. The NCCN guidelines have included immunotherapy with or without chemotherapy or RT as an alternate treatment option with a category 2B recommendation. In circumstances where toxicity of IFRT outweighs the potential clinical benefit, observation may be appropriate. If there is no response to initial therapy, patients should be managed in the same manner as patients with systemic presentation of FL, as described below.

Patients who present with bulky abdominal (Ann Arbor stage II) or stage III-IV disease, the decision to treat is based on the following indications: symptoms, threatened end-organ function, cytopenia secondary to lymphoma, bulky disease, steady progression, and/or patient preference. The selection of treatment should be highly individualized according to age, extent of disease, comorbid conditions, and the goals of therapy. When choosing an initial therapy, care should be given to avoid excessively myelotoxic regimens in patients who may subsequently be candidates for high-dose therapy with autologous stem cell support. Since FL is currently incurable with conventional therapy participation in a clinical trial should be considered for first-line treatment. In the absence of an appropriate clinical trial, patients with indications for treatment should be treated with systemic therapy. In selected cases, IFRT may be used for local palliation. Asymptomatic patients can be observed.<sup>56</sup>

Single agent cyclophosphamide had equivalent OS and CR rates compared to cyclophosphamide-based combination chemotherapy.<sup>57</sup> Rituximab produced an overall response rate of 67% in

chemotherapy-naïve patients compared to 46% in pretreated patients with FL. Prolonged administration of rituximab (one dose every 8 weeks four times) significantly improved event-free survival in chemotherapy-naïve patients but did not extend OS.<sup>58</sup> However, retreatment with rituximab at progression provided the same duration of benefit as did maintenance (4 weekly doses every six months for two years) with fewer doses of rituximab.<sup>59</sup> NCCN guidelines recommend rituximab (preferred), or alkylating agents such as cyclophosphamide or chlorambucil as single agents for first-line therapy in elderly or infirm patients.

Chemoimmunotherapy is another option for first-line therapy in patients with advanced disease. The addition of rituximab to combination chemotherapy regimens has consistently increased the overall response rate, response duration and PFS. In addition, some studies have demonstrated OS benefit; a recent meta-analysis has confirmed the benefit in OS despite what is still limited follow up for FL.<sup>60</sup>

The safety and efficacy of R-CHOP was demonstrated in a small study that demonstrated excellent long-term results. <sup>61,62</sup> The superiority of R-CHOP to CHOP in treatment naïve patients was established in a prospective randomized phase III study conducted by the German Low-Grade Lymphoma Study Group (GLSG) involving 428 patients. R-CHOP was associated with a 60% reduction in the relative risk for treatment failure, significantly prolonged time to treatment failure, higher overall response rate and prolonged duration of remission. <sup>63</sup> Overall survival analysis is complicated by a second randomization which included HDT/ASCR. There OS was the same with and without rituximab, if there was consolidation with HDT/ASCR. However, OS was significantly improved for patients receiving R-CHOP followed by interferon compared to CHOP followed by interferon. R-CHOP also improved outcome of elderly patients with previously untreated FL.<sup>64</sup> In the ECOG 1496 trial, addition of rituximab to CVP (cyclophosphamide,

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vincristine and prednisone) chemotherapy significantly improved outcome in patients with previously untreated FL, with no significant increase in toxicity.<sup>65</sup> At a median follow-up of 30 months, prolonged time to progression was 32 months for patients treated with R-CVP versus 15 months for those treated with CVP.<sup>65</sup>

The addition of rituximab to fludarabine or fludarabine-based combination has improved outcomes in various clinical studies.<sup>66-69</sup> In a prospective randomized trial, FCM-R regimen (fludarabine, cyclophosphamide, mitoxantrone and rituximab) was associated with superior outcomes in patients with relapsed or refractory FL and MCL.<sup>67</sup> In another randomized trial, concurrent administration of rituximab with FND regimen (fludarabine, mitoxantrone and dexamethasone) resulted in a significantly higher 3-year failure-free survival rate (84% vs. 59% for sequential arm) in a subset of patients with FL.<sup>68</sup>

Radioimmunotherapy (RIT) with [<sup>131</sup>I]-tositumumab and <sup>90</sup>Y-ibritumomab tiuxetan is an alternate treatment option for relapsed, refractory or histologically transformed FL.<sup>70-73</sup> Recent reports from clinical trials using [<sup>131</sup>I]-tositumumab or [<sup>90</sup>Y]-ibritumomab tiuxetan as first-line treatment, either alone or following chemotherapy, have demonstrated high response rates and PFS.74-77 Initial treatment with single one-week course of <sup>131</sup>I-tositumomab induced prolonged clinical and molecular remissions in patients with advanced FL.<sup>74,75</sup> In the Southwest oncology Group (S9911) trial, CHOP followed by RIT with [<sup>131</sup>I]-tositumomab resulted in an overall response rate of 91%, including a 69% complete remission (CR) rate in patients with previously untreated FL.<sup>76</sup> After a median follow-up of 5 years, the estimated 5-year OS rate was 87%, and PFS rate was 67%. In historical comparison, these statistics were better than those reported for CHOP alone. In a recent phase II study, R-CHOP (3 cycles) followed by <sup>90</sup>Y-ibritumomab tiuxetan induced high CR in patients with previously untreated FL.<sup>77</sup> In another recent randomized trial (FIT) of induction

chemotherapy with or without adjuvant RIT showed a highly significant improvement in CR rate and prolongation of PFS.<sup>78</sup>

Suggested treatment options for patients with advanced FL are listed in FOLL-B. Based on the reported data, rituximab in combination with CHOP or CVP chemotherapy for first-line therapy in patients with advanced FL now has a category 1 recommendation. Other suggested regimens include rituximab either as a single agent or in combination with fludarabine-based chemotherapy. RIT either alone or following treatment with CHOP with rituximab is included as category 2B option for first-line treatment. CHOP plus rituximab followed by RIT is recommended only in the context of a prospective clinical study.

Bendamustine (recently approved for the treatment of CLL) has also been investigated as a single agent or in combination with other chemotherapeutic agents in low grade NHL.<sup>79,80,81,82</sup> In a recent report from a phase II multicenter study, bendamustine as a single agent showed promising results with acceptable toxicity in heavily pretreated patients with rituximab-refractory indolent or transformed NHL.<sup>82</sup> An ORR of 77% (15% CR, 19% unconfirmed CR and 43% PR) was observed. Among patients with FL, 82% ORR was observed. At a median follow-up of 26 months, median PFS was 7.1 months for all patients. In another study conducted by German study group, the patient population included both relapsed low grade NHL and MCL.<sup>79</sup> Bendamustine in combination with rituximab produced an ORR of 96% (71% CR and 25% PR) in a subset of patients with relapsed or refractory FL. Median duration of follow-up was 20 months.

At ASH 2007, Rummel et al. presented the results of a randomized comparison of bendamustine and rituximab (BR) with R-CHOP as firstline therapy for patients with indolent lymphoma and MCL.<sup>83</sup> The trial, StiL (Study Group Indolent Lymphomas) NHL 1-2003, was designed as an equivalency study and the first interim analysis of 315 evaluable patients suggested that the response rates and response durations are

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the same for BR and R-CHOP. Furthermore, BR was associated with less toxicity compared to R-CHOP. However, the NCCN panel felt that these data were preliminary and further follow up of the entire patient population was necessary prior to recommending BR as first-line therapy. In ongoing phase III clinical studies, the combination of bendamustine and rituximab is being compared with fludarabine and rituximab in relapsed low grade NHL.

The panel has included bendamustine with or without rituximab as an option for second-line therapy for patients with relapsed or refractory FL, based on the data available in the literature. However, this is only a category 2B recommendation since no data is available yet from randomized control studies evaluating bendamustine versus other conventional chemotherapy regimens used for the management of low grade NHL and there was not uniform consensus among the panel.

Rituximab should be used with caution in hepatitis-B patients. IFRT with or without systemic therapy can be considered for palliation in patients with locally bulky or symptomatic disease. In patients who may be eligible, at a later time, for high dose therapy followed by autologous stem cell rescue (HDT/ASCR), profoundly myelotoxic regimens should be avoided.

Follow-up of patients with a CR or PR includes repeat diagnostic tests, as indicated, such as imaging tests based on the site of disease and clinical presentation. At recurrence, biopsy is generally indicated to exclude histologic transformations, especially if there are raising LDH levels, disproportional growth in one area, development of extranodal disease or new "B" symptoms.

Transformation to DLBCL is common in patients with FL occurring at a rate of approximately 2-3% per year for at least 15 years and the risk of transformation falls after that time, for reasons that remain unclear.<sup>84</sup> Non-uniform uptake on a FDG-PET scan can be an indication of

transformation; areas of high SUV, especially in excess of 13.1 are suspicious for transformation. Transformation to DLBCL is generally associated with a poor clinical outcome; however, in cases where it occurs and the patient has had minimal or no prior chemotherapy, anthracycline-based therapy with or without RT or chemotherapy with or without rituximab are treatment options with good outcomes. <sup>85</sup> If the patient has had multiple prior therapies, the prognosis is much poorer; RIT or IFRT are treatment options. Autologous or allogeneic stem cell rescue can be considered in patients with responsive disease after initial treatment.

In the setting of relapsed/refractory disease, rituximab maintenance following first line therapy has been shown in two large-scale randomized trials to provide a PFS advantage over observation for patients treated with chemoimmunotherapy.<sup>86,87,88</sup> In a phase III Intergroup trial (EORTC 20981), maintenance rituximab considerably improved PFS (51.5 months vs. 14.9 months for observation) and OS (85% at 3 years versus 77% with observation) in patients with relapsed or resistant FL responding to CHOP or R-CHOP.<sup>87</sup> The improvement in PFS was seen in a subset analysis of the patients having received R-CHOP. In another prospective randomized study by the GLSG, rituximab maintenance after second line treatment with R-FCM (rituximab with fludarabine, cyclophosphamide and mitoxantrone) significantly prolonged duration of response in patients with recurring/refractory FL or MCL.<sup>88</sup>

Treatment for relapsed or progressive disease is based on the presence or absence of indications for treatment. Patients with indications for treatment can be treated with chemoimmunotherapy as described above for first-line treatment, RIT or any of the second-line regimens used for patients with DLBCL. Rituximab maintenance following initial therapy has demonstrated benefit in PFS for patients with relapsed or refractory disease but its role in improving outcome of patients in first remission remains investigational. The PRIMA trial evaluating the role of rituximab maintenance following chemoimmunotherapy has completed accrual and preliminary results are anticipated late 2008. This trial should help clarify the role of rituximab maintenance as an adjuvant to initial remission induction. In the NCCN guidelines, its use in this situation is a category 2B recommendation.

HDT/ASCR is an appropriate option for patients with refractory, relapsing or progressive disease, if a subsequent remission can be induced; though HDT/ASCR is generally not curative, the benefit can be durable with median PFS of 3-5 years.<sup>89,90</sup> In selected patients, ablative and nonmyeloablative allogeneic stem cell rescue have shown long term survival benefit although there is a treatment related mortality rate of 10-25% for non-myeloablative and 40% for myeloablative.

## **Marginal Zone Lymphomas**

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Marginal zone lymphomas (MZL) are a heterogeneous group of disorders consisting of extranodal marginal zone lymphoma (MALT lymphoma), nodal MZL, and splenic MZL. MALT lymphomas are subdivided into the gastric and non-gastric lymphomas. Splenic MZL involves the spleen and bone marrow, whereas nodal MZL occurs primarily in the lymph nodes though additional extra nodal sites are common.

Adequate hematopathology and immunophenotyping are needed to establish a diagnosis. The typical immunophenotype of MZL is CD5-, CD10-, CD20+, CD23-/+, CD43-/+, cyclin D1-, bcl-2 follicles-. In addition splenic marginal zone lymphoma is characterized by annexin-1- and CD103-. Immunophenotyping is useful in distinguishing MZLs from CLL (CD5+) and MCL (CD5+) and hairy cell leukemia (annexin-1+ and CD103+). Molecular, cytogenetics or FISH evaluation for the t(11;18) chromosomal translocation, is recommended. The t(11:18) is the most common genetic abnormality found in patients with gastric MALT lymphomas. It is associated with disseminated disease and resistance to antibiotic treatment in patients with gastric MALT lymphoma.<sup>91,92</sup> In some cases cytogenetic evaluation should include evaluation for t(3;14)(p14.1;q32) [IGH-FOXP1]; t(1;14)(p22;q32) [IgH-BCL10]; t(14;18)(q32;q21) [IGH-MALT1] and del (7q31-32).

## **Gastric MALT Lymphoma**

Gastric MALT lymphomas develop in the stomach. *Helicobacter pylori* (*H. pylori*) infection has a critical role in the pathogenesis of this disease and its eradication can lead to tumor remission.<sup>93</sup> Other MZLs have been shown to be associated with infectious agents, but this association has not been validated.<sup>94,95,96</sup>

## Workup

The workup for gastric MALT lymphoma is similar to the workup for other NHLs. Special aspects of the workup for gastric MALT lymphoma include direct endoscopic assessment of the gastrointestinal tract and additional evaluation of the tumor specimen for the presence of *H.pylori*. The presence pf H.pylori infection must be confirmed by biopsy with PCR (polymerase chain reaction) and urea breath test. Nondiagnostic atypical lymphoid infiltrates that are *H.pylori* positive should be re-biopsied to confirm or exclude lymphoma prior to treatment of *H.pylori*. Appropriate imaging studies include CT of the chest, abdomen and pelvis, and in select cases, bone marrow biopsy. At some NCCN institutions, endoscopic ultrasound (EUS) is used to complement conventional endoscopy at the time of the initial workup and at follow-up. EUS also provides information regarding the depth of involvement in the gastric wall that is essential information in some of the currently used staging systems.

### Staging

Several different staging systems have been for gastric MALT lymphomas. In the Lugano staging system, Ann Arbor stage III has been removed and supradiaphragmatic nodal disease is included under stage IV. TNM (Tumor-Node-Metastasis) staging system corresponds to the staging in gastric cancer, and the depth of the lymphoma infiltration is measured by EUS. Involvement of multiple extranodal sites in MALT lymphoma appears to be biologically distinct from multiple extranodal involvements in other lymphomas, and these patients may be managed by treating each site separately with excision or RT. In contrast, cases with disseminated nodal involvement appear to behave more like nodal MZL or like disseminated FL.

#### Treatment

*H.pylori* infection plays a central role in the pathogenesis of some cases of gastric MALT lymphoma. The efficacy of antibiotic therapy for the treatment for gastric MALT lymphoma has been evaluated in numerous trials.<sup>97,98,99</sup> Approximately two thirds of patients with localized gastric MALT lymphoma have a complete tumor remission after eradication of *H.pylori* infection with antibiotic therapy.<sup>100</sup> However, there is increasing evidence that late relapses occur after antibiotic management and a long duration of follow-up is appropriate.<sup>101</sup>

For disease confined to the stomach (stage IE, H.pylori positive), treatment begins with antibiotics in combination with a proton pump inhibitor to block gastric acid secretion. The tumor response may be slow, and re-evaluation with endoscopy should not be done until 3 months post treatment unless clinical deterioration is evident. If there is evidence of the t(11;18) t(1;14), t(14;18)(q32;q21), treatment of the *H.pylori* infection with antibiotics may be ineffective and these patients should be considered for alternative therapy. H. Pylori infection is not evident in approximately 10-40% of patients with gastric MALT

lymphomas.<sup>102</sup> IFRT is preferred for patients with disease that is extending to the muscularis or disease extending from the GI tract to adjacent organs (stages IE [T2 or T3] or IIE H.pylori negative), particularly if one of the t(11;18), t(1;10), or t(14;18)(q32;q21) translocations is present.<sup>103</sup> Rituximab or chemoimmunotherapy are other treatment options.<sup>104</sup>

In patients with disseminated disease (stage III or IV), treatment is similar to that described for other advanced-stage indolent lymphomas. As with other indolent lymphoma, asymptomatic patients without indications for treatment are monitored without therapy. The decision to treat is guided by end-organ dysfunction or the presence of symptoms (such as bleeding, early satiety), bulky disease at presentation, steady progression of disease, or patient preference. Treatment may include single-agent or combination chemotherapy, or locoregional RT. If there is evidence of recurrence, patients are managed according to the FL guidelines. Surgical resection is generally limited to specific clinical situations. Though disease control is excellent with total gastrectomy, the long-term morbidity has precluded routine surgical resection. Total gastrectomy is necessary because of the multi-focal nature of the disease.

### Follow-Up Endoscopy

Following primary antibiotic therapy, patients are restaged with endoscopy and biopsy after 3-months. Patients with responsive disease (microbiologic and tumor response) are just observed. Patients with persistent lymphoma with no evidence of *H.pylori* are treated with RT, if they are symptomatic or if there is significant disease progression. Asymptomatic patients can be observed for 3 months. Locoregional RT can be considered as early as 3 months after observation but observation can be prolonged for up to 18 months (category 2B). Patients with persistent *H.pylori* and regressing or stable lymphoma are treated with second-line antibiotics. Lastly, patients who are *H.pylori*  positive with persistent lymphoma are treated with RT, if they have progressive disease. Those with stable disease are treated with second-line antibiotics.

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Follow-up surveillance at 6 months consists of repeat endoscopy and biopsy. Patients can be subdivided into the same four groups, as above. Patients with complete tumor response continue to be observed if the *H. pylori* is negative, or they can be treated with other antibiotic therapy if *H. pylori* remains positive. Patients with persistent or recurrent lymphoma after antibiotic therapy, irrespective of their H.Pylori status, are treated with locoregional RT if not previously treated. Patients whose disease does not respond to radiation are managed with single-agent or combination chemotherapy similar to FL. Following second-line antibiotic therapy or RT, patients are again evaluated with endoscopy and biopsy to rule out large cell lymphoma. Systemic therapy as indicated in FOLL-3 is recommended for recurrence following CR to RT or antibiotic therapy, or for patients with no response to prior RT.

### Non-gastric MALT Lymphomas

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Nongastric MALT lymphomas can arise from a large number of non-gastric sites such as lung, thyroid, salivary glands, breast, and tissues surrounding the eye. For patients with stage IE -II disease or extranodal disease involving multiple sites, locoregional RT (20-30 Gy) is appropriate. Surgery may be considered for certain sites of disease (eg, lung, skin, thyroid, colon, small intestine, and breast). If there is no residual disease following surgery, patients are observed, whereas those with positive surgical margins are treated with locoregional RT. Recurrence following primary treatment is managed similar to advanced stage FL. RT is an option for those with local recurrence. Patients with advanced-stage disease (stage III-IV) are managed the same as patients with FL. Aggressive histologies, in which MALT lymphomas coexist with large cell lymphoma, should be managed according to the diffuse large B-cell practice guidelines.

#### **Nodal Marginal Zone Lymphoma**

Non-Hodgkin's Lymphomas

Nodal MZL is rare and often presents concurrently with extranodal sites of disease. The diagnosis of nodal MZL requires careful evaluation to rule out extranodal sites of disease and it must be distinguished from nodal FL, MCL, lymphoplasmacytic lymphoma and CLL, all of which are more common. Nodal MZL is managed as per FL.

#### **Splenic Marginal Zone Lymphoma**

### Diagnosis

Splenic MZL is often presumptive based on the findings of splenomegaly with peripheral blood flow cytometry usually revealing a monoclonal B cell population.<sup>105</sup> Involvement of the bone marrow is also common. This lymphoma is distinguished from CLL by the absence of CD5 expression, strong CD20 expression and variable CD23 expression. In some cases, the diagnosis can be established by the finding of villous projections on the circulating lymphocytes. Splenectomy can definitively establish the diagnosis and in many cases is therapeutic as well.

#### Workup

The workup is similar to the other indolent lymphomas. Flow cytometry of peripheral blood and bone marrow is essential in identification of a monoclonal B cell population. CT of the chest, abdomen, and pelvis will help in establishing the extent of disease. Hepatitis C has been associated with and implicated in the pathogenesis of splenic MZL and should be evaluated for all patients suspected of having this diagnosis.<sup>106</sup>

#### Treatment

Most of the patients with no splenomegaly, cytopenia or other symptoms can be observed. Patients presenting with splenomegaly are treated depending on their hepatitis C status. Hepatology evaluation is recommended for hepatitis C positive patients; anecdotal tumor regressions have been reported in responses to hepatitis therapy. In all other patients, in the absence of cytopenias or other symptoms, patients should be observed.

In a retrospective study, rituximab-based treatments resulted in longer failure free survival in patients with splenic MZL compared to patients treated with chemotherapy alone.<sup>107</sup> Rituximab was superior to splenectomy in normalizing white blood cell and absolute lymphocyte counts. Splenomegaly also disappeared in 92% of the patients treated with rituximab alone.

Splenectomy is the preferred option for patients with cytopenias or symptoms of weight loss, early satiety or abdominal pain. Rituximab is another treatment option for this group of patients. Patients should be monitored on a regular basis. If there is disease progression, patients are managed similar to advanced stage FL.

# Mantle Cell Lymphoma

## Diagnosis

Mantle cell lymphoma can be readily distinguished from other small lymphocytic lymphomas due to the widespread availability of appropriated diagnostic reagents.<sup>108</sup> The diagnosis can be established by histological examination in combination with immunohistochemistry with a profile consisting of CD5+, CD10-/+, CD20+, CD23-, CD43+, and cyclin D1+. Rare cases of MCL may include CD5- or CD 23+ immunophenotype. The diagnosis of MCL requires the expression of cyclin D1, an opinion shared by the panel.<sup>109</sup> However, recent gene profiling data suggests that cyclin D1 expression may not be required for the molecular signature of MCL; in these cases, over-expression of cyclin D2 or D3 can be observed. <sup>110</sup> Cases with a typical immunophenotype, CD5+, CD23-, CD20+ that are cyclin D1- should be evaluated for cyclin D2 and D3 expression; positive cases should be classified as MCL with a variant immunophenotype, negative cases should be classified as variant SLL/CLL. Currently available reagent for immunohistochemistry of cyclin D1 are robust and yield good staining; however, in some cases cytogenetics or FISH for the t(11;14), juxtaposing the cyclin D1 locus with the IgH locus can be diagnostically helpful.<sup>111</sup>

## Workup

The workup for MCL is similar to the workup for many indolent lymphomas and certain aggressive lymphomas. MCL is a systemic disease with frequent involvement of the bone marrow, gastrointestinal tract and frequently a leukemic phase. For this reason, both the peripheral blood and bone marrow must be carefully evaluated for the presence of malignant cells. Chest, abdominal, and pelvic CT scans are routinely performed. MCL may present as lymphomatous polyposis coli and colon involvement is common.<sup>112</sup> In the current guideline, colonoscopy is now considered a routine part of the evaluation of MCL. Post treatment colonoscopy is necessary to confirm a CR, if it was not done previously. Upper endoscopy and neck CT scan may be helpful in selected cases. In patients with the blastic variant, lumbar puncture is done to evaluate the spinal fluid for involvement.

### Treatment

It has generally been thought that MCL has the worst characteristics of both indolent and aggressive non-Hodgkin's lymphomas owing to the incurability with conventional chemotherapy and it more aggressive growth pattern. However, emerging data suggests that the long-term outcome of patient with MCL may be improving.<sup>113</sup> There remains no established standard of care. In the absence of standard management NCCN®

for MCL, patients with this disease should be referred for participation in prospective clinical trials. Like the management of patients with indolent lymphoma patients with MCL often have highly individualized course of care.

Several regimens have shown significant activity in newly diagnosed MCL, but none of these regimens are curative in patients with advanced disease.<sup>114,115</sup> Recent metal analysis has shown that the addition of rituximab to chemotherapy increases response rates but it has not yet been proven to extend either progression-free or OS.<sup>60</sup> R-CHOP was significantly superior to CHOP in terms of overall response rate (94% v 75%), complete remission rate (34% v 7%).<sup>116,117</sup> No differences were observed for PFS. In patients with newly diagnosed MCL, R-HyperCVAD (rituximab, cyclophosphamide, vincristine, doxorubicin, and dexamethasone) alternating with R-MA (rituximab plus high-dose methotrexate and cytarabine) produced a 3-year failure-free survival (FFS) rate of 64% and OS rate of 82%.<sup>118</sup> However, in a subset of patients more than 65 years of age, this regimen was associated with shorter FFS and significant toxicity. R-HyperCVAD was evaluated in a multicenter SWOG study that reported a CR/CRu rate of 58% and 2-year PFS of only 63%. <sup>119</sup> Modified R-HyperCVAD (rituximab, cyclophosphamide, vincristine, doxorubicin, and dexamethasone) regimen developed by the Wisconsin Oncology Network, produced favorable overall response rate (77%) and CR rate (64%) with acceptable toxicity in patients with untreated MCL.<sup>120</sup> This is being tested more widely in an ongoing ECOG trial. RIT has also been investigated as initial therapy as well as second-line treatment for refractory or relapsed MCL as reviewed by Zelenetz.<sup>115</sup>

Few patients present with localized MCL and the available published literature on management is retrospective and anecdotal.. In a retrospective analysis of 26 patients with early stage MCL, inclusion of RT was associated with an improved PFS and a trend towards improved OS.<sup>121</sup> Outside of a clinical trial, the panel recommended IFRT with or without combination chemotherapy. These recommendations are based on treatment principles in the absence of more definitive data.

Majority of patients with MCL will have advanced stage disease and require systemic therapy. Highly selected patients who are asymptomatic with stable adenopathy and non-bulky disease are observed; these patients usually have low bulk, nodular morphology variant and a low proliferation fraction. Based on the available data, the panel has included R-HyperCVAD and R-EPOCH (rituximab, etoposide, prednisone, vincristine, cyclophosphamide, and doxorubicin)<sup>122</sup> as options for first-line therapy. In patients older than 65 years of age, the panel recommends the use of modified HyperCVAD regimen with rituximab maintenance. CHOP (with or without rituximab) is recommended for selected older patients who cannot tolerate intensive therapy.

Initial remission should be followed by HDT/ASCR in eligible patients, as this has been associated with some evidence of durable remission. In a study conducted by M.D. Anderson Cancer Center, ASCR following treatment with hyperCVAD regimen for cytoreduction prolonged OS in patients with MCL in first disease remission, especially in those with a low beta-2-microglobulin level.<sup>123</sup> In a randomized trial conducted by European MCL network, patients 65 years of age or younger with advanced-stage MCL were randomized to ASCR or maintenance with interferon-alpha after achieving of complete or partial remission by CHOP-like chemotherapy. Three-year OS was 83% after ASCR versus 77% in the IFN group.<sup>124</sup>

The optimal approach to recurrent disease remains to be defined. Fludarabine-based combination regimens such as fludarabine in combination with cyclophosphamide<sup>125</sup> and FCMR (fludarabine, cyclophosphamide, mitoxantrone, rituximab) have shown activity in MCL. In a prospective randomized study of the GLSG, addition of rituximab to the combination of fludarabine, cyclophosphamide, mitoxantrone, produced significantly longer OS in patients with relapsed and refractory MCL.<sup>66</sup> Cladribine also has shown activity in patients with untreated or relapsed MCL, achieving a response rate of 58%.<sup>126</sup> In a phase II trial, the proteosome inhibitor bortezomib induced 33% response rate including 8% CR in patients with relapsed or refractory MCL.<sup>127</sup> Median time to progression was 6.2 months. Based in these data, bortezomib received FDA approval for the treatment of patients with MCL who have received at least one prior therapy. Studies of bortezomib-based combinations in MCL are ongoing. Marked anti-tumor activity has been shown for rituximab plus thalidomide in patients with relapsed or refractory MCL.<sup>128</sup> Lenalidomide, an immunomodulator related to thalidomide also has activity in MCL either alone or in combination with rituximab.

Bendamustine is an emerging agent (recently approved for the treatment of CLL) that has well-documented activity in patients with MCL.<sup>79,80,81</sup> In a phase II study conducted by the German study group (which included low grade NHL and MCL patients), the subset of patients with relapsed or refractory MCL treated with the combination of bendamustine and rituximab has an overall response rate of 75% with a CR rate of 50%.<sup>79</sup> Median follow-up duration was 20 months. The median PFS for MCL patients was 18 months whereas the median PFS for patients with FL had not been reached. Further studies are needed to confirm these findings.

Based on the efficacy data available in the literature, the combination of bendamustine with or without rituximab is included in the guidelines as an option for second-line therapy for patients with relapsed or refractory MCL, with a category 2B recommendation since no data is available yet from randomized studies and there was not uniform consensus among the panel. Ongoing phase III studies are evaluating the efficacy of bendamustine plus rituximab vs. R-CHOP in previously untreated MCL patients.<sup>83</sup> The panel felt that additional follow-up from this study was necessary prior to making recommendations regarding initial therapy. The same combination is also being compared to fludarabine with rituximab in relapsed MCL.

Patients with relapsed disease following CR to induction therapy, those who obtain only a PR to induction therapy or those with progressive disease are appropriate candidates for clinical trials of high-dose therapy with stem cell rescue. Alternatively, these patients can also be treated with second-line chemotherapy or HDT/ASCR.<sup>129</sup> Suggested regimens for second-line therapy for relapsed or refractory disease are listed in MANT-A.

# Diffuse Large B-Cell Lymphoma

## Diagnosis

Diffuse large B-cell lymphomas are the most common lymphoid neoplasms in adults. FL (grade 3), DLBCL coexistent with FL of any grade, gastric MALT or non-gastric MALT lymphoma are also managed according to the DLBCL guidelines.

Recent studies with gene expression microarray analysis of DLBCL have revealed significant heterogeneity within this diagnosis.<sup>130,131</sup> However, incorporation of this information into treatment algorithms awaits further investigation. The immunophenotypic studies used to distinguish DLBCL from other lymphoid entities include T-cell markers (peripheral T-cell lymphoma), CD30 (anaplastic large cell lymphoma), and TdT and CD79a (lymphoblastic lymphoma). The typical immunophenotype is CD20+, CD45+, and CD3-.

Immunohistochemical markers CD10, BCL6, and MUM1 have been reported to recapitulate the gene expression profiling separating

patients into tumors derived from germinal center (GC) origin (CD10+, or BCL6+, MUM1-) and non-GC orgin (CD10-, MUM1+ or BCL6-, MUM1-).<sup>132</sup> However, the validity of this classification scheme has been brought into question; further, work needs to be done to identify a robust IHC for GC vs. non-GC.

#### Workup

The staging workup is designed to identify all sites of known disease and determine prognosis with known clinical risk factors. Risk factors used by the IPI include age, stage of disease, serum lactate dehydrogenase (LDH) level, performance status, and the number of extra-nodal sites of disease. In patients who are 60 years or younger, the prognostic factors include tumor stage, performance status, and serum LDH level. The International Prognostic Index (IPI) and age-adjusted IPI can be used to identify specific group of patients who are more or less likely to be cured with standard therapy.<sup>133</sup>

PET or PET-CT scans, have a more clear-cut role in selected cases of DLBCL than in other lymphoid neoplasms. PET scans are particularly informative in the initial staging where upstaging resulting in altered therapy occurs about 9% of the time and for response evaluation after treatment because they can distinguish residual fibrotic masses from masses containing viable tumor. PET scans have now been incorporated into the response criteria. In some centers, beta-2-microglobulin is considered a major determinant of risk (category 2B). Lumbar puncture is indicated in patients with one or more of the following sites of involvement: paranasal sinus, testicular, parameningeal, peri-orbital, CNS, paravertebral, bone marrow (with large cells) or in high risk disease. It is also indicated in the case of HIV-associated lymphoma.

#### Treatment

Treatment options for DLBCL differ between patients with localized (Ann Arbor stage I-II) and advanced (Ann Arbor stage III-IV) disease.<sup>134,135</sup> Prognosis is extremely good for patients with no adverse risk factors (elevated LDH, stage II bulky disease, older than 60 years or ECOG performance status of 2 or more).

Doxorubicin-based chemotherapy (3 cycles) followed by RT produces excellent long-term outcomes in patients with limited-stage DLBCL (60 years or younger with no adverse risk factors).<sup>136</sup> In the SWOG 8736 study, patients with localized aggressive NHL, treated with CHOP (3 cycles) followed by RT had significantly better PFS (77% vs. 64% for CHOP alone) and OS 82% vs. 72% for CHOP alone) at 5-year follow-up; however, this difference disappeared with further follow-up.<sup>137</sup> Recently, ECOG study (E1484) showed that the addition of RT to CHOP (8 cycles) prolonged disease-free survival in patients who had achieved CR to CHOP alone.<sup>138</sup>

The efficacy of rituximab combined with CHOP (3 cycles) plus RT has also been reported in patients with limited stage DLBCL.<sup>139</sup> PFS at 2 years was 94% for patients treated with R-CHOP plus RT, which was favorable in historical comparison to the PFS observed for CHOP plus RT (85%). However, recent studies from Europe have questioned the role of radiation as reviewed by Fisher etal.<sup>134</sup> In a randomized comparison of CHOP (4 cycles) with and without radiation in older patients, the combined modality arm was inferior. In GELA study, ACVBP regimen was found to be superior to CHOP plus RT. However, this regimen includes vindesine which is not available in the United States.

CHOP chemotherapy has been the standard treatment for patients with stage II bulky or stage III-IV DLBCL. Rituximab has been added to CHOP chemotherapy to improve outcomes in patients with advanced

DLBCL. In the GELA study, 399 elderly patients (60 -80 years) with untreated advanced DLBCL were randomized to receive 8 cycles of CHOP or R-CHOP. Long-term results of this study showed that event-free survival, PFS, disease-free survival, and OS were statistically significant in favor of R-CHOP, with a median follow-up of 5 and 7 years, in both low and high-risk patients. <sup>140,141,142</sup> These findings have been confirmed in three additional randomized trials including the MabThera International Trial (MInT) which extended the findings to young patients with favorable disease, the HOVON study and the ECOG/CALGB study confirmed the findings in patients older than 60.<sup>143,144,145</sup> Dose dense CHOP (CHOP-14) was found to be superior to standard CHOP-21.<sup>146,147</sup> Rituximab added benefit to CHOP-14 compared to CHOP-14 alone. In this study, OS significantly favored 6 cycles of R-CHOP-14 over 8 cycles because of late, non-cancer related deaths.<sup>148</sup> An ongoing study is evaluating the role of R-CHOP-14 versus R-CHOP-21. In phase II studies the dose-adjusted-EPOCH-R regimen has been shown to overcome certain risk features such as high proliferation rate,<sup>149</sup> and a randomized comparison with R-CHOP-21 is ongoing.

R-CHOP combined with RT is recommended for patients with localized disease. IFRT is recommended for patients who are not candidates for chemotherapy. Patients with non-bulky localized disease are treated with a full course (6-8 cycles) or an abbreviated course of R-CHOP (3 cycles), combined with locoregional RT. In patients with adverse risk factors, RT is optional if they are treated with 6-8 cycles of R-CHOP. Patients with no adverse factors can be treated with 6-8 cycles of R-CHOP alone, when RT is contraindicated because of clinical considerations. Patients who present with bulky disease may be more effectively treated with 6-8 cycles of R-CHOP and locoregional RT (category 1).

Patients (low- or high-intermediate risk) with advanced disease (stage III-IV) are treated with a full course (6-8 cycles) of R-CHOP-21. R-CHOP chemotherapy with rituximab is preferable due to reduced toxicities; however, other comparable anthracycline-based regimens are acceptable. In selected cases, RT to bulky sites may be beneficial. Suggested alternate treatment options include dose dense R-CHOP14 and dose adjusted-EPOCH-R (dose adjusted -etoposide, prednisone, vincristine, cyclophosphamide, and doxorubicin with rituximab), both of which are listed as category 2B recommendations. In addition, first-line consolidation with HDT/ASCR is also an option for eligible patients, though there is no consensus on the value of this approach. Participation in clinical trials of new regimens is recommended if available. In patients with bulky disease or impaired renal function, initial therapy should include monitoring and prophylaxis for tumor lysis syndrome.

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Patients who are receiving induction therapy should undergo evaluation prior to receiving RT, including all positive studies, after 3-4 cycles of chemotherapy. This interim restaging is performed to identify patients whose disease has not responded or has progressed despite induction therapy. Functional imaging (PET scans) may be particularly useful in determining whether residual masses represent fibrosis or viable tumor. If PET scan is positive, repeat biopsy of residual masses is recommended, before changing the treatment course. Interim PET scan can produce false positive results and should be done in the context of clinical trials, if clinically indicated, for possible primary refractory disease. End of treatment restaging is performed upon completion of induction therapy. The exact timing for end of treatment restaging is not known. The panel recommends that it is beneficial to wait for 8 weeks after completion of therapy before repeating PET scans.

After interim staging, the planned course of treatment is completed for all patients having CR and patients with stage III-IV disease with PR. Consideration of autologous stem cell rescue or completing the course of therapy with a higher dose of RT is recommended for patients with localized disease (stage I-II) with PR. In addition, appropriate clinical trial is recommended for all the PR patients. If there is no response to treatment or progressive disease is observed, patients are treated as described below for relapsed or refractory disease. RT may be given to selected patients with progressive disease and who are not candidates for chemotherapy. After end of treatment restaging, patients with CR to induction therapy are followed-up at regular intervals. Those with PR or progressive disease will be treated as described below for relapsed or refractory disease.

HDT/ASCR is the treatment of choice for patients with relapsed or refractory disease.<sup>150, 151,152</sup> Several chemotherapy regimens have been used as second-line therapy prior to HDT/ASCR; however, none of these have emerged as a preferred regimen.<sup>153-158</sup> Patients who achieved a CR to second-line therapy had a superior OS to that of patients who achieved a PR (65% v 30%).<sup>155</sup> Rituximab as a single agent was significantly active in patients with relapsed or refractory DLBCL.<sup>159</sup> However, limited data is available on the use of rituximab in combination with chemotherapy in such patients. Recent data from a phase II study showed that rituximab in combination with ifosfamide, carboplatin and etoposide (ICE) produced a CR rate of 53% in patients with relapsed or refractory DLBCL, which is significantly better, in historical comparison with the response rates observed for such patients treated with ICE alone (27%).<sup>160</sup> In an outpatient setting, rituximab with ICE produced an overall response rate of 71% (25% CR and 46% PR) and an estimated one-year event-free survival rate of 60% in patients with refractory B-cell lymphoma.<sup>161</sup> Rituximab with other regimens (DHAP, EPOCH and MINE) was also effective in patients with relapsed or refractory DLBCL. 122,162,163

Patients with relapsed or refractory disease who are candidates for high-dose chemotherapy should be treated with second-line chemotherapy with or without rituximab. Suggested regimens listed in BCEL-B include the following: ICE, DHAP, GDP (gemcitabine, dexamethasone, cisplatin); MINE (mitoxantrone, ifosfamide, mesna, etoposide); miniBEAM (carmustine, etoposide, cytarabine, melphalan) and ESHAP (methylprednisolone, etoposide, cytarabine, cisplatin). Patients with CR or PR to second-line chemotherapy regimen should be considered for further consolidation with HDT/ASCR (category 1 for CR following relapse). Additional RT can be given before or after stem cell rescue to sites with prior positive disease. Pertinent clinical trials including the option of allogeneic stem cell rescue is another option. Patients who achieve complete remission and are not eligible for high-dose therapy can be treated with single agent rituximab or multiagent chemotherapy regimens such as EPOCH, CEPP (cyclophosphamide, etoposide, prednisone, procarbazine)<sup>164</sup> with or without rituximab, or a low dose oral chemotherapy regimen such as PEPC (prednisone, etoposide, procarbazine, cyclophosphamide).<sup>165</sup> Patients with disease relapse following HDT/ ASCR should be treated in the context of a clinical trial or individually. However, those with progressive disease after three successive regimens are unlikely to derive additional benefit from currently available chemotherapy regimens, except for patients with a long disease-free interval.

## Burkitt Lymphoma and Lymphoblastic Lymphoma

Burkitt lymphoma (WHO classification) and precursor T and B lymphoblastic lymphomas have in common an exponential growth rate, a tendency to disseminate to the bone marrow and meninges, and characteristics overlapping those of acute lymphocytic leukemia. Burkitt lymphomas are rare and aggressive B-cell tumors typically involving extranodal disease sites. The vast majority (90%) of lymphoblastic lymphoma is a T-cell malignancy that occurs most often in young men and typically presents in the mediastinum. Tumor lysis syndrome (TLS) is more common in patients with Burkitt and lymphoblastic lymphoma. Initial treatment should include prophylaxis and monitoring for TLS

### Diagnosis

The typical immunophenotype of Burkitt lymphoma is slg+, CD10+, CD19+, CD 20+, CD22+ TdT-, Ki67+ (100%), bcl-2-, bcl-6+. Most cases (80%) of Burkitt lymphoma have a translocation of c-myc from chromosome 8 to the immunoglobulin (Ig) heavy chain region on chromosome14 [t(8;14)].<sup>166</sup> Other variants [t(8;22) or t(2;8)] are less common. Immunophenotyping studies are essential to distinguish between the precursor T and B cell lymphoblastic lymphoma. Typical immunophenotypes of lymphoblastic lymphoma include dim expression of slg, CD10+, CD19+, CD20-/+, TdT+ for precursor B-cell lymphomas; Precursor T-cell lymphomas are characterized by dim expression of slg, CD 10-, CD1a+/-, CD2+, CD3-/+, CD4/8+/+, CD7+, CD19/20-, TdT+.

### Workup

The initial diagnostic workup for these highly aggressive lymphomas includes imaging studies of the chest, abdomen, and pelvis, and a workup similar to that for acute lymphocytic leukemia. Bone marrow aspiration, biopsy, and lumbar puncture are essential. In these highly aggressive lymphomas, as in diffuse large-cell lymphomas, the serum LDH level has prognostic significance. Because Burkitt lymphomas are frequently associated with HIV infection, HIV serology should be part of the diagnostic workup for these diseases. These tumors exhibit a high degree of cellular proliferation, as determined by Ki67 staging, and frequent 8q translocations.

## Treatment

## Burkitt Lymphoma

In recent years, the treatment of Burkitt lymphoma with intensive short-course chemotherapy has been successful. CODOX-M (cyclophosphamide, vincristine, doxorubicin, high-dose methotrexate), alternating with IVAC (ifosfamide, etoposide and high-dose cytarabine) is a highly effective regimen developed by Magrath et al.<sup>167</sup> In an international phase II study, CODOX-M regimen was associated with a 2-year OS of 81.5% in low-risk patients and, high risk patients treated with CODOX-M alternating with IVAC had a 2-year OS of 69.9%.<sup>168</sup> Modified CODOX-M regimen was also effective and well tolerated in elderly patients with Burkitt or Burkitt like lymphomas.<sup>169</sup> In another phase II trial, R-hyper-CVAD (hyper fractionated cyclophosphamide, vincristine, doxorubicin, dexamethasone and rituximab) alternating with R-MA (rituximab, methotrexate, cytarabine)<sup>170</sup>

Patients with Burkitt lymphoma with completely resected abdominal lesions or a single extra-abdominal mass and normal LDH level are considered to be at low-risk. Options for induction therapy for Burkitt lymphoma include clinical trial or combination chemotherapy regimens with or without rituximab. Disease relapse after 2 years is rare following CR to induction therapy, and follow-up should be individualized according to patient's characteristics. Patients with relapsed or refractory disease should be treated in the context of a clinical trial whenever possible.

### Lymphoblastic Lymphoma

Lymphoblastic lymphoma has generally been treated with regimens appropriate for acute lymphoblastic leukemia (ALL), such as CALGB ALL regimen (dose-intensive cyclophosphamide and anthracycline, standard-dose vincristine and asparaginase, and intrathecal chemotherapy).<sup>171</sup> Other novel regimens listed in BLAST-A have also shown encouraging results. The combination of cytarabine and high-dose mitoxantrone, including intrathecal methotrexate was found to be superior to the standard vincristine and prednisone-based regimens when used induction therapy in adult patients with ALL.<sup>172,173</sup> In a study conducted by M.D. Anderson Cancer Center, hyperCVAD regimen produced 91% CR in patients with lymphoblastic lymphoma.<sup>174</sup> The 3-year PFS (66%) and OS (70%) compared favorably with the previously published results for ALL regimens. Two short intensive regimens containing rituximab (high-dose methotrexate with rituximab, and high-dose cytarabine with rituximab) have also shown promising results in ALL therapy.<sup>175</sup>

Patients with stage I-IV disease can be treated with any one of the regimens listed in BLAST-A or they can be treated in clinical trials. Poor risk patients can be considered for high dose therapy with autologous or allogeneic stem cell rescue. The use of maintenance chemotherapy is variable at NCCN institutions, with some institutions using up to 2 years of maintenance and others not using maintenance therapy. Enrollment in clinical trials is encouraged to refine these approaches and the most appropriate therapy should be chosen in consultation with an expert in lymphoma.

# **AIDS-Related B-Cell Lymphoma**

### Overview

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AIDS-related lymphomas (ARL) are a heterogeneous group of tumors. Burkitt lymphoma and DLBCL are the most common forms of ARLs. The patients who develop Burkitt lymphoma generally have good CD4 counts though a small fraction may present with CD4 counts less than100. Primary CNS lymphoma (PCNSL) develops in patients with very low CD4 counts and is most often seen in uncontrolled AIDS. DLBCL occur in the patients between these extremes. In the era of highly active antiretroviral therapy (HAART), the incidence of HIV-associated lymphoma has fallen.<sup>176</sup> Overall, patients with HIV-associated lymphoma present with higher risk disease than matched patients with NHL without AIDS.<sup>177</sup>

## Diagnosis

The diagnostic evaluation of HIV-associated lymphoma is not different from the non-HIV-associated disease. The major factor is to distinguish

between Burkitt lymphoma and DLBCL. Hodgkin's disease and indolent lymphoma can also be seen in HIV patients but are distinctly less common.

## Workup

The diagnostic evaluation is as outlined above for DLBCL or Burkitt lymphoma. However, all patients should have a lumbar puncture to rule out CNS involvement. In addition, baseline values for CD4 counts and viral load should be obtained.

## Treatment

Optimal management of HIV-associated lymphoma is not established. Several key features have emerged as being critically important. Most studies that have found good long-term results have included the early introduction of HAART. Improved immune function with HAART has led to the evaluation of several chemotherapy regimens in patients with ARLs.<sup>178</sup> Combination chemotherapy regimens such as CHOP or CDE (cyclophosphamide, doxorubicin and etoposide) given with concomitant HAART,<sup>179,180,181</sup> or EPOCH regimen (etoposide, prednisone, vincristine, cyclophosphamide and doxorubicin) without HAART,<sup>182</sup> have proven to be effective and tolerable in patients with ARL. In a retrospective analysis, HIV-positive patients with Burkitt lymphoma treated with CODOX-M/IVAC had outcomes similar to that observed in HIV-negative patients treated with the same regimen.<sup>183</sup> In a recent study, Mounier et al reported that HIV score, IPI (international prognostic index) score, and HAART affect survival in patients with ARL but not the intensity of the CHOP-based chemotherapy.<sup>184</sup> The role of HAART and dose-intensive chemotherapy for the treatment of ARLs remains controversial.

The NCCN guidelines recommend CODOX-M alternating with IVAC, dose-adjusted EPOCH or CDE (cyclophosphamide, doxorubicin and etoposide) for AIDS-related Burkitt lymphoma patients with CD4 count greater than 100. All other patients are treated with CHOP chemotherapy with or without high-dose methotrexate (not exceeding 3 g/m<sup>2</sup>). Patients with AIDS-related DLBCL should be treated with dose-adjusted EPOCH, CDE or CHOP. Though the outcome in DLBCL is inferior to non-HIV patients, a significant portion of patients derive long-term benefit. Patients should be treated with full dose chemotherapy with growth factor support. Prophylactic therapy with intrathecal chemotherapy has also emerged as an important component of care. Rituximab appears to increase the risk of neutropenia and infection and there is no net benefit in patients with HIV-associated lymphoma.<sup>185</sup> The omission of rituximab is strongly suggested for DLBCL patients with CD4 counts of less than 50 due to the higher risk of infectious toxicities.<sup>186</sup>

PCNSL is associated with severe immunosuppression and poor prognosis. High-dose methotrexate, RT or antiretroviral therapy can be considered for patients with PCNSL.

# **T-Cell Lymphomas**

# **Peripheral T-Cell Lymphomas**

### Overview

Peripheral T-cell lymphoma (PTCL) is heterogeneous group of lymphoproliferative disorder arising from mature T-cells of post-thymic origin.<sup>187</sup> In the REAL-WHO classification, PTCLs are divided into three groups: predominantly leukemic, nodal and extranodal. Predominantly nodal PTCL are further divided into three subtypes: PTCL-not otherwise specified (PTCL-NOS), angioimmunoblastic T-cell lymphoma (AILT) and anaplastic large cell lymphoma (ALCL).

PTCL-NOS is the most common subtype of PTCL. It is most often nodal, however, many patients present with extranodal involvement including the liver, bone marrow, GI tract and skin. PTCL-NOS is associated with poor OS and event free survival (EFS) rates compared to B-cell lymphomas.<sup>188,189,190</sup>

AILT presents with generalized lymphadenopathy, often with associated hepatomegaly or splenomegaly, hypergammaglobulinemia, eosinophilia, skin rash and fever. It occurs mainly in older patients. Prognosis is poor, with most series reporting an 5-year OS of 30% and PFS of only 13%.<sup>189</sup> In the most recent report from the GELA study, which included the largest series of patients with AILT, five and seven-year OS rates were 33% and 29% respectively, reaching an apparent plateau around 6 years.<sup>191</sup> The corresponding event free survival rates were 29% and 23% respectively.

ALCL accounts for less than 5% of all cases of NHL. There are now three distinctly recognized subtypes of ALCL: systemic ALK-1 expressing ALCL, systemic ALK-1 negative ALCL, and primary cutaneous ALCL. ALK-1 positive ALCL is most common in children and young adults. It is characterized by the overexpression of anaplastic lymphoma kinase (ALK-1) protein, which is the result of a chromosomal translocation [t(2;5)] in 40-60% of patients.<sup>192</sup> The majority of patients ALCL present with advanced stage III or IV disease (64% for ALK-1 positive and 58% for ALK-1 negative) frequently associated with systemic symptoms and extra nodal involvement.<sup>192,193</sup> Systemic ALK-1 positive ALCL predominantly occurs at younger age and has a good prognosis compared to ALK-1 negative ALCL, which occurs in older patients. Five-year overall survival following anthracycline-based therapy was 79% for ALK-positive ALCL compared to 46% for ALK-negative ALCL.<sup>194</sup> Recent survival analysis from the International-T-cell lymphoma project also reported similar outcomes. However, in this report FFS or OS rates were similar in those patients with early stage ALK-positive or ALK-negative ALCL. ALK-negative ALCL patients had a modestly superior outcome compared to those with PTCL-unspecified. Primary cutaneous variant of ALCL is noted for

the absence of ALK-1 protein and indolent course characterized by frequent relapses, generally confined to the skin, and very good long-term survival despite cutaneous relapses.

### **Staging and Prognosis**

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Staging is similar to that of the other aggressive NHLs. Recently, the Italian Intergroup for lymphoma proposed a new prognostic index for PTCL-NOS (PIT).<sup>190</sup> Risk factors include age older than 60 years, elevated LDH levels, performance status of 2 or more, stage III or higher with bone marrow involvement. Five-year overall survival was only 32.9% for patients with two risk factors and 18.3% for those with three or 4 risk factors. In the NCCN guidelines, patients with stage I-II diseases are stratified into two groups (low intermediate risk and high intermediate risk) based on the age-adjusted prognostic index (aaPI).

In a retrospective GELA study, the prognoses of PTCL (including all subgroups) patients were compared with B-cell lymphoma patients with similar characteristics.<sup>188</sup> The complete response rates were 63% and 54% for patients with B-cell lymphoma and PTCL respectively. Five-year overall survival (OS) rate was also slightly better for patients with B-cell lymphomas (53%) compared to 41% for patients with PTCL. The 5-year EFS rates were 45% and 32% for B-cell and PTCL patients respectively. The difference in 5-year OS rates were more pronounced in patients with 2 or 3 adverse risk factors as determined by IPI (36% and 23% respectively for PTCL; 53% and 35% respectively for B-cell lymphomas). Initial characteristics and prognostic features were analyzed in another retrospective study in 174 patients with PTCL. Most patients were treated with anthracycline-based regimens.<sup>195</sup> The overall complete response rates (69% vs. 45%) and median survival (65 months vs. 20 months) were better for ALCL subgroup compared to PTCL.

#### Diagnosis

Diagnosis of PTCL is similar that described for other lymphomas, requiring adequate immunophenotyping to distinguish PTCL from B-cell neoplasms. The initial paraffin panel for immunohistochemical studies may only include Pan T-cell markers and can be expanded to include antibodies of T-cell lymphoma is suspected. Additionally, PTCL is often associated with clonal rearrangements of the receptor genes that may be seen in non-cancer T-cell diseases. Molecular and cytogenetic analysis can further clarify the T-cell origin of the lymphoma.

PTCL-NOS has variable T-cell associated antigens and lacks B-cell associated antigens. Majority of the nodal cases are CD4+ and CD8-.<sup>196</sup> Systemic ALCL has a strong expression of CD30. Evaluation of ALK-1 status, either based on immunophenotyping or genetic analysis of the t(2;5) or variant chromosomal rearrangements, is extremely important to identify the ALK-1 positive tumors that have a better prognosis. AILT cells express T-cell associated antigens and are usually CD4+. Recently, expression of CXCL13 has been identified as a useful marker in distinguishing AILT from PTCL-NOS.<sup>197,198</sup> It is also characterized by the presence of Epstein-Barr virus (EBV)-positive B-cells. EBER (EBV-encoded RNA) is positive in about 40% of PTCL and some case series have reported that EBER positive tumors have a worse prognosis. Evaluation of EBV status may also help characterize AILT.<sup>196</sup>

## Workup

The workup for PTCL is similar to the workup for other lymphoid neoplasms. The workup focuses on determining the stage of the disease, based on routine laboratory studies, physical exam, and imaging studies, as indicated. MUGA scan or echocardiogram is also recommended, since chemotherapy is usually anthracycline based. In selected cases, HIV and HTLV-1 (human T-cell lymphoma virus) may be useful.

## Treatment

PTCLs are less responsive to standard chemotherapy regimens and thus carry a poorer prognosis compared to diffuse large B-cell lymphomas. In prospective randomized studies, PTCLs have been included with aggressive B-cell lymphomas.<sup>199,200</sup> However, it has not been possible to assess the impact of chemotherapy in this subgroup of patients with PTCLs due to small sample size. There have been no randomized studies comparing the chemotherapy regimens exclusively in patients with PTCL. Since there is no standardized treatment for PTCL, clinical trials are the preferred treatment option for all patients with PTCL, and essential to advancing our treatments form these diseases.

CHOP chemotherapy is the most commonly used first-line regimen for patients with PTCL. However, with the exception of ALK+ ALCL. outcomes are disappointing. In the International PTCL clinical and pathologic review project, anthracycline-based chemotherapy was associated with poor outcome in all patients, except for those with one or no risk factors. The inclusion of an anthracycline did not appear to favorably impact survival in this retrospective study. CHOP chemotherapy is frequently curative in only the small number of patients with favorable prognostic features.<sup>201</sup> In a retrospective study conducted by the British Columbia cancer agency, five-year OS rates were higher (64%) in low risk group compared to only 22% in high-risk group, in patients with PTCL treated with CHOP or CHOP-like chemotherapy.<sup>189</sup> ALK-positive ALCL patients had superior outcome compared to ALK- negative ALCL patients (5-year OS: 58% vs. 34% respectively). Chemotherapy regimens that are more intensive than CHOP did not show any significant improvement in the overall survival in patients with PTCL, with the exception of ALCL.<sup>202</sup>

The poor results with conventional chemotherapy have led many to explore the role of HDT/ASCR as a first-line consolidation therapy. Two

prospective studies have demonstrated that HDT/ASCR as first-line consolidation improves treatment outcome in patients responding to induction therapy.<sup>203,204</sup> Both of these studies excluded patients with ALK-positive ALCL. In the prospective study conducted by the Gel-Tamo Study group, 19 out of 26 patients showing CR or PR to induction therapy with MegaCHOP received ASCR. At 2-year post-transplant follow-up, overall survival, progression-free survival and disease-free survival were 84%, 56% and 63% respectively.<sup>203</sup> Nordic lymphoma group evaluated induction therapy with CHOEP followed by ASCR in patients responding to induction therapy. Of the 77 evaluable patients, 58 (75%) patients underwent ASCR. At one-year post-transplant follow-up, 30 of the 39 patients were in complete remission.<sup>204</sup> Longer follow-up is necessary to evaluate the impact of first-line consolidation on time-to-treatment failure and overall survival. In the absence of randomized trials comparing conventional chemotherapy to first-line consolidation with HDT/ASCR, this is a reasonable treatment option only in patients showing good response to induction therapy.

AILT is a very heterogeneous disease and can at times be treated solely with corticosteroids or other immunosuppressive agents. Cyclosporine has been effective in patients with relapsed disease following treatment with steroid or multiagent chemotherapy.<sup>205</sup> The guidelines offer single agent corticosteroids as an initial treatment for AILT. However, given the poor prognosis for the majority, strong consideration should be given to treating these patients with approaches used for other PTCL.

Induction therapy with multiagent chemotherapy is recommended for all patients with PTCL-NOS or ALCL. In addition, patients with stage I-II disease (low-intermediate risk) are often effectively treated by adding adjuvant locoregional radiation therapy to involved region. Suggested

regimens include CHOP, EPOCH or HyperCVAD alternating with methotrexate and cytarabine.

Following initial therapy, all patients undergo interim restaging by repeating all prior positive studies. If a PET scan is positive, rebiopsy is recommended before changing course of treatment. Patients are then divided into three groups according to treatment response (complete response, partial or no response or progressive disease). Subsequent treatment options depend on whether the patient initially presented with Stage I-II or Stage III-IV disease.

#### Stage I or II disease (low-intermediate)

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In patients showing complete response after interim restaging, planned radiation therapy is completed. First-line consolidation with HDT/ASCR is recommended for patients showing partial response at interim staging. Clinical trial including allogeneic transplant or radiation therapy is another option for this group of patients. End of treatment restaging is performed after completion of treatment. No further treatment is necessary for those showing complete response. Patients with partial response at end of treatment restaging and those with no response or progressive disease following initial or follow-up therapy are treated as described for relapsed or refractory disease.

#### Stage I or II disease (high-intermediate) or stage III-IV

Patients with a complete response and ALK-1 positive ALCL need no further treatment. Those with ALK-1 negative ALCL, PTCL NOS or AILT with a complete response can be observed or they can be consolidated with HDT/ASCR. Patients with partial or no response or progressive disease after initial therapy are treated similarly to patients with relapsed or refractory disease.

## **Relapsed or Refractory Disease**

Several studies have shown that second-line consolidation with HDT/ASCR produces similar outcomes patients with relapsed or

refractory PTCL compared to those with B-cell lymphomas.<sup>206-210</sup> However, these studies are retrospective and in general only evaluated transplanted patients. Recent reports have shown the allogeneic transplantation may be an effective second-line therapy for patients with relapsed or refractory PTCL. In a phase II study, Corradini et al investigated the role reduced intensity conditioning (RIC) followed by allogeneic transplantation in patients with relapsed or refractory PTCL.<sup>211</sup> The estimated 3-year overall and progression-free survival rates were 81% and 64% respectively. Donor lymphocyte infusion induced responses in some patients progressing after allografting. Similar results were reported in a retrospective study from French national survey where majority of the patients were treated with myeloablative regimen.<sup>212</sup> Treatment related mortality was higher (30%) in this study compared to only 6% observed with RIC regimen.

Many new agents such as gemcitabine and denileukin diftitox have shown activity in small number of patients with relapsed or refractory PTCL.<sup>213,214,215</sup> Alemtuzumab produced a overall response rate of 36% in patients with relapsed or chemotherapy-refractory PTCLs.<sup>216</sup> But, it was associated with significant hematologic toxicity and infectious complications including deaths from opportunistic infections. Several other studies are evaluating alemtuzumab in combination with CHOP or CHOP-like chemotherapy.

Patients who are candidates for HDT/ASCR may be consolidated with second-line chemotherapy prior to transplant. Those with a complete or partial response can be considered for high dose therapy with allogeneic or autologous stem cell support. Patients who are non-candidates for high-dose therapy are treated with second line regimens for palliative intent only. Suggested treatments include alemtuzumab, bortezomib, gemcitabine and denileukin diftitox. Participation in a clinical trial is strongly preferred for these patients

## **Mycosis Fungoides and Sezary Syndrome**

Cutaneous T-cell lymphomas (CTCLs) are a group of NHLs primarily developing in the skin and ultimately involve lymph nodes, blood and visceral organs. Mycosis fungoides (MF) and Sezary syndrome (SS) are the most common types of CTCLs. MF accounts for 60% of new cases of CTCL and SS occurs only to an extent of 5%. MF is an extranodal NHL of mature T-cells with primary cutaneous involvement. SS is an erythrodermic, leukemic variant of CTCL and it is characterized by significant blood involvement and lymphadenopathy. In updated EORTC and WHO classification of CTCL, MF is characterized as an indolent neoplasm and SS is characterized as an aggressive neoplasm.<sup>217</sup> However, a transformation to a large T-cell lymphoma has been documented a subgroup of patients and is diagnosed when there are more than 25% of large cells in a biopsy of an MF lesion.<sup>218</sup>

**Practice Guidelines** 

in Oncology - v.1.2009

## Staging

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The TNM staging system developed by the mycosis fungoides cooperative group (MFCG) has been the standard for staging and classification of patients with MF and SS.<sup>219</sup> Recently, ISCL and EORTC recommended revisions to the MFCG staging system are based on the new data available in the area of immunohistochemistry, biology and prognosis of MF and SS since the publication of MFCG. In the revised staging system, all staged patients should have a definitive diagnosis of MF and SS.<sup>220</sup> T1 disease is defined as less than 10% of the skin surface involvement with patches or plaques and T4 disease is erythroderma with at least 80% of the skin surface diffusely involved. The extent of skin involvement is based on the percentage of body surface area (BSA) where the patient's palm (without digits) is equivalent to 0.5% BSA. Lymph node biopsy for staging is recommended only for clinically abnormal node (1.5 cm or larger in diameter). Visceral disease with the involvement of an organ other than the skin, nodes or blood should be documented using imaging studies.

Blood involvement is classified into three groups: B0 is associated with the absence of significant blood involvement (5% or less of Sezary cells); B1 is defined as having a low tumor burden (more than 5% of Sezary cells but does not meet the criteria for B2); B2 is associated with high tumor burden with more than 1000 Sezary cells/µl. According to the updated staging system, patients with stage III are further divided into two subgroups IIIA and IIIB to differentiate the extent of blood involvement (B0 and B1 respectively).

## Prognosis

Non-Hodgkin's Lymphomas

The most significant prognostic factors of survival include patient's age at presentation, extent and type of skin involvement, overall stage (T-classification), presence or absence of extracutaneous disease and peripheral blood involvement.<sup>221-224</sup> Patients diagnosed with limited patch or plaque disease have an excellent prognosis, whereas those who have tumor stage disease or erythrodermic skin involvement have a less favorable prognosis and patients with who present with extracutaneous disease have a very poor prognosis. In a retrospective study involving 525 patients with MF and SS, the 5-year OS was significantly better (80% vs. 56%) for patients less than 57 years of age compared to that of patients 57 years or older.224 The risk of disease progression, development of extracutaneous disease or death due to MF was correlated with initial stage.

## Diagnosis

In the algorithms developed by the International Society for Cutaneous Lymphoma (ISCL), the diagnosis of MF is based on integration of clinical, histopathologic, immunopathologic, and molecular biological characteristics.<sup>225</sup> According to the revised criteria, diagnosis of SS includes one of the following: an absolute Sézary cell count of 1000 cells/mm3 or more; CD4/CD8 ratio of 10 or higher caused by an increase in circulating CD4+ T cells and/or an abnormal immunophenotype including the significant loss of CD7 (>40%) or

CD26 (>30%) by flow cytometry with evidence of a T-cell clone in the blood.<sup>4</sup>

Complete skin exam, biopsy of suspicious skin sites and immunohistochemical studies of skin biopsy are essential to confirm the diagnosis. Biopsy of suspicious lymph nodes and assessment of peripheral blood for Sezary cells are recommended in the absence of a definitive skin diagnosis. MF and SS cells are characterized by CD2+, CD3+, CD4+, CD5+, CCR4+, CD45RO+ and they lack certain T-cell markers CD7 and CD26.<sup>226</sup> There are subtypes of MF that are also CD8+. If there is a histological evidence of large cell transformation phenotyping with CD30 is recommended. The T-cells also express cutaneous lymphocyte antigen (CLA) and TH2 cytokines. They are also associated with a loss of TH1 and IL-12 cytokines. T-cell receptor (TCR) gene rearrangement should be interpreted with caution since TCR clonal rearrangements can also be seen in non-malignant conditions. TCR gene rearrangement analysis by polymerase chain reaction (PCR) is a useful technique to support the diagnosis of MF and SS, especially in distinguishing MF from inflammatory dermatoses.<sup>227</sup>

### Work Up

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The work-up of patients diagnosed with MF or SS involves complete skin examination to assess the extent of the disease, examination of lymph nodes or other masses for the evaluation of lympadenopathy or organomegaly. Laboratory studies should include CBC with Sezary screen and Sezary flow cytometry to assess for expanded CD4+ cells with increased CD4:CD8 ratio or with abnormal immunophenotype. Patients with T1 and limited T2 disease without adenopathy, blood involvement, or unfavorable features such as folliculotropic or large-cell transformation do not need any imaging tests other than a chest x-ray, while other patients should additionally undergo either CT or PET/CT scan of the neck/chest/abdomen and pelvis. Integrated PET-CT was found to be more sensitive for the detection of lymph node involvement than CT alone and can help direct biopsies.<sup>228</sup> Bone marrow biopsy is not needed for staging of patients, but may be helpful in those with suspected marrow involvement or in those with an unexplained hematologic abnormality. TCRGR of peripheral blood lymphocytes is recommended if SS is suspected. Biopsy of suspicious lymph nodes is recommended with evaluation for T cell receptor gene rearrangements, especially due to the poor prognosis of patients with clonal rearrangement in lymph nodes.<sup>229</sup>

### **Treatment alternatives for MF and SS**

Initial treatment in patients with patch/plaque disease consists of skin-directed therapies (localized or generalized), with the addition of systemic biologic therapy for refractory, or progressive disease. Those patients who have unfavorable prognostic features (e.g., folliculotropic or large-cell transformed MF) may have systemic biologic therapies introduced earlier in the treatment algorithm. Patients who do not respond to biologic therapy or those with very aggressive or extracutaneous disease may be treated with chemotherapy.<sup>230,231,232</sup> Due to the rarity of the condition and the need for an individualized approach, referral to a multidisciplinary academic specialty center is preferred.

#### Skin-directed therapies

Localized skin-directed treatments include topical therapy with corticosteroids, mechlorethamine hydrochloride, carmustine, or topical bexarotene. Generalized skin directed therapies such as phototherapy [UVB or PUVA (psoralen and UVA)] and total skin electronic beam therapy (TSEBT) are indicated in patients with widespread skin involvement.

Topical corticosteroids are effective especially for the treatment of patch-stage MF, producing a CR rate of over 90%.<sup>233,234</sup> However, long-term use of topical steroid may lead to skin atrophy or striae

formation and the risk worsens with increased potency of the steroid. High-potency steroid used on large skin surfaces may lead to systemic absorption. Topical chemotherapy with nitrogen mustard or carmustine has been used for the management of MF for many decades.<sup>235,236</sup> Long term follow-up results in 203 patients have confirmed the safety of topical therapy with nitrogen mustard.<sup>237</sup> The efficacy were similar for aqueous and ointment preparations, however, the ointment was associated with reduced toxicity. Patients with T1 disease had better response rates (93% vs. 72%) and survival outcomes (65% vs. 34%) than those with T2 disease. Freedom from progression (FFP) in T1 disease at 5 and 10 years were 92% and 85% respectively and in T2 disease FFP was 83% at 5 and 10 years. An ongoing multicenter trial is evaluating the efficacy of topical nitrogen mustard in patients with stage I or IIA MF.

Synthetic retinoids such as bexarotene have shown activity in patients with MF and SS. Bexarotene gel is the only FDA approved topical therapy for MF and SS. FDA approval was based on the data from two open-label, historically-controlled clinical studies involving 117 patients with CTCL.<sup>238,239</sup> In the phase I-II trial involving 67 patients with early stage MF, CR was attained in 21% and PR was observed in 42%.<sup>238</sup> Patients with no prior therapy responded at a higher rate than those who had received prior topical therapies. In the phase III multicenter study of 50 patients with early stage refractory MF, overall response rate was observed in 44% of patients with 8% of patients achieving CR.<sup>239</sup>

MF is extremely radiosensitive and RT is the most effective single agent for early stage MF.<sup>240</sup> TSEBT is effective especially in patients with thick generalized plaque (T2) or tumorous disease (T3). In a retrospective analysis involving 148 patients with T2 and T3 disease, TSEBT alone or in combination with adjuvant topical mechlorethamine hydrochloride yielded significantly higher CR rates for T2 and T3

disease compared to mechlorethamine hydrochloride alone (76% vs. 44% for T2; 44% vs. 8% for T3).<sup>241</sup>

Phototherapy with UVB (including narrow-band) and photochemotherapy (PUVA) are effective alternative treatment options for patients with early stage MF.<sup>242,243</sup> In long-term follow-up studies, PUVA was associated with prolonged disease-free remissions.243 In a retrospective analysis, phototherapy with narrow-band UVB and PUVA produced comparable complete remission rate (81% vs. 71%), partial remission rate (19% vs. 29%) and relapse-free survival (24.5 months vs. 22.8 months) in patients with early stage MF.<sup>244</sup> However, cumulative doses of UV are associated with increased risk of UV-associated skin neoplasms. Thus, phototherapy may not be appropriate for patients with the history of squamous or basal cell carcinoma or melanoma. Since narrowband UVB has less skin toxicity than broadband and PUVA, it is preferred to start with narrowband UVB than PUVA in early stage patients with patch or thin plaque disease.

#### Systemic therapies

Systemic therapies with extracorporeal photopheresis (ECP), interferons, systemic retinoids, denileukin diftitox or vorinostat are preferred over traditional chemotherapy for patients who do not respond to initial skin-directed therapies. Multiagent chemotherapy is reserved only for patients who do not respond to single agent chemotherapy or those with bulky lymph node or solid organ disease. In the absence of other unfavorable prognostic features, it is recommended that systemic therapy be deferred until the patient has failed multiple treatments with local and skin directed therapy.

ECP is an immnunomodulatory therapy using psoralen and UVA radiation extracorporeally. It involves the removal of leukocytes by leukopheresis. The leukocytes are treated with 8-methoxypsoralen, exposed to UVA and returned to the patient. ECP is a long standing treatment of MF, and is particularly indicated in patients with or at risk of blood involvement (erythrodermic stage III disease or IVA with Sezary Syndrome).<sup>245,246</sup>

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Interferons and retinoids [all-trans retinoic acid (ATRA) and isotretinoin (13-cis retinoic acid) have been used for many years for the treatment of CTCL.<sup>247,248</sup> Oral bexarotene has been evaluated for the treatment of refractory or persistent early and advanced stage CTCL in two multicenter clinical trials.<sup>249,250</sup> In early stage CTCL, bexarotene was well tolerated and effective in 54% of patients at doses of 300 mg/m2 per day.249 In advanced CTCL, clinical CR and PR were observed in 45% of patients receiving 300 mg/m2/d.<sup>250</sup> At more than 300 mg/m2/d, response rate was 55%, including 13% clinical CR. Side effects were reversible and manageable with appropriate medications prior to initiation of treatment. Bexarotene capsules received FDA approval in December, 1999 for the treatment of refractory CTCL. In retrospective comparison, ATRA and bexarotene had similar efficacy in the treatment of patients with relapsed MF and SS.<sup>251</sup>

Denileukin diftitox is a recombinant fusion protein with interleukin-2 (IL-2) and diphtheria toxin, and targets the high-affinity interleukin-2 receptor (CD25) expressed on malignant T-cells and B-cells. In a phase III study, overall response rate was 30% with a median duration of 6.9 months in patients who have received other treatments.<sup>252</sup> Clinically significant improvement in self-rated overall QOL, skin appearance, and pruritus severity was observed in 68% of the patients who had significant pruritus at baseline. However, denileukin difititox is associated with significant side effects including hypersensitivity reactions and vascular leak syndrome. Myelosuppression is an uncommon side effect. Denileukin difititox was approved in February, 1999 for the treatment of persistent or recurrent CTCL in patients whose malignant cells express CD25 component of IL-2 receptor.

Histone deacetylase (HDAC) inhibitors are a new class of drugs that are potent inducers of histone acetylation, cell cycle arrest and

apoptosis. Activity and safety of vorinostat in patients with refractory CTCL was confirmed in a phase II trial.<sup>253</sup> In a phase IIB study involving 74 patients with persistent, progressive or refractory CTCL, overall response rate and median time to progression were 29.7% and 4.9 months respectively.<sup>254</sup> Median time to progression was greater than 9.8 months for stage IIB or higher responders. The response rates and median response durations were comparable to those obtained with bexarotene capsules and denileukin diftitox. Vorinostat was the first HDAC inhibitor to receive FDA approval in October 2006 for the treatment of patients with progressive, persistent, or recurrent CTCL, on or following two systemic therapies.

Systemic chemotherapy is used as a primary treatment only for advanced disease, or as second-line therapy for early stage disease that is refractory to skin-directed therapies and systemic biological therapies. Low dose methotrexate has been used to treat early stage MF and SS for many years, although there is not extensive literature documenting outcomes.<sup>255,256</sup> Gemcitabine as a single agent has also been effective in patients with advanced, heavily pretreated CTCL and as front-line therapy in untreated CTCL patients.<sup>257,258</sup> Pentostatin has shown activity either as a single agent or in combination with interferon alfa in patients with advanced MF or SS.<sup>259,260</sup> Anecdotal reports suggest activity for temozolomide and bortezomib.<sup>261,262</sup> Pegylated doxorubicin have also shown significant activity in patients with pretreated, advanced or refractory CTCL.<sup>263</sup>

#### **Combination therapies**

Combinations of biologic therapies as distinct from combination chemotherapies are used when single agent therapies fail or in advanced, progressive, refractory, or symptomatic disease. Several combination therapies have been studied in clinical trials for CTCL. Most commonly used combinations are phototherapy plus either interferon or systemic retinoid and ECP plus either IFN or systemic retinoid or both.<sup>264-269</sup> PUVA when used in combination with interferon alfa produced an overall response rate of 93% in patients with stage IB to stage IVB disease.<sup>264</sup> Median duration of response exceeded 25 months. In another prospective phase III trial, combination of low-dose interferon alfa and PUVA resulted in a CR rate of 84% in patients with early stage MF.<sup>265</sup> The addition of PUVA to the combination of ECP, interferon and bexarotene resulted in rapid sustained remission in patients with SS.<sup>266</sup> In a long-term follow-up study involving patients with advanced CTCL and poor prognostic factors, combined modality therapy (ECP with interferons and/or systemic retinoids) resulted in better response rates (84%) compared to ECP alone (75%).<sup>267</sup> Median survival (74 months vs. 66 months) was better for patients receiving combination therapy. Combination therapy was well tolerated. Combination of bexarotene with PUVA, ECP and/or interferon also resulted in higher response rates in patients with advanced disease.<sup>268</sup> Systemic retinoids have been studied in combination with other biological response modifiers in patients with advanced disease.<sup>270,271</sup> The combination of bexarotene and denileukin diffitox is particularly interesting since bexarotene has been shown to increase CD25 expression in CTCL cells and thereby increasing the susceptibility of T-cells to denileukin diftitox.

### **Treatment based on Clinical Stage**

#### **Primary Treatment**

Patients with Stage IA have an excellent prognosis using skin directed therapies alone. Stage IA is managed primarily with skin-directed therapies, alone or in combination with other skin-directed therapies including local RT. Treatment options include topical corticosteroids, nitrogen mustard or carmustine, bexarotene, phototherapy with UVB for patch or thin plaques or PUVA for thicker plaques. Patients with Stage IB-IIA disease require generalized skin treatment. Topical retinoids are not recommended for generalized skin involvement since they can cause a lot of irritation. In addition to the other skin-directed therapies

used for Stage IA disease, TSEBT is another treatment option for those with severe skin symptoms or generalized thick plaque or tumor. Although TSEBT is highly effective in T1 disease (stage IA), it is reserved for generalized or recalcitrant skin disease due to its toxicities and lack of superior long-term outcome. For patients with sites that are not responsive to generalized treatment, additional treatment may be needed.

Early stage disease (stage IA, stage IB-IIA) with blood involvement (B1) or histological evidence of folliculotropic or large cell transformation, are associated with less favorable outcome, thus, these patients may be best managed with more intense treatments as described for stage IIB limited disease or stage III with B1 involvement, respectively.

Patients with Stage IIB disease can be separated into two categories: limited extent tumor disease with or without patch/plaque disease or generalized tumor disease or limited extent tumor disease with blood involvement (B1) or large cell transformed MF. Patients with limited extent tumors can be managed with local radiation. Skin directed therapies, as described above for stage I-IIA disease can be used for the residual patch/plaque disease. Alternatively, they can also be treated with systemic therapy (SYST- CAT A) including ECP, systemic retinoids (bexarotene, ATRA or isotretinoin [13-cis-retinoic acid]), interferons, vorinostat, denileukin diftitox or low-dose methotrexate.

Patients with generalized tumor disease or limited extent tumor disease with blood involvement (B1) or large cell transformed MF are treated with TSEBT or systemic therapies, with or without adjuvant skin directed therapy. Suggested systemic therapy options include ECP, systemic retinoids (bexarotene, ATRA or isotretinoin [13-cis-retinoic acid]), interferons, vorinostat or denileukin diftitox, chemotherapy agents such as methotrexate, liposomal doxorubicin, gemcitabine (first-line therapy) and chlorambucil, pentostatin, etoposide, cyclophosphamide, temozolomide (second-line therapy). Management of patients with stage III disease depends on the extent of blood involvement: no significant blood involvement (B0) or some blood involvement (B1), which is less than that observed for SS. Patients with no significant blood involvement are treated with generalized skin-directed therapies (similar to those recommended for stage IB -IIA) with or without systemic therapy (ECP, low dose methotrexate and other biological agents recommended for stage IIB disease). Safety data on the use of vorinostat in combination with phototherapy or RT is currently lacking. Generalized skin-directed therapies other than topical steroids may not be well tolerated for patients with stage III disease. Patients with stage III disease with significant blood involvement are treated mainly with ECP, low dose methotrexate or systemic biologic therapies as recommended above for those with no blood involvement. Mid-potency steroids should be used in combination with systemic therapy to reduce skin symptoms. Antibiotic therapy should be considered for this group of patients since they are at increased risk of developing secondary infections.

Stage IV disease includes SS (with or without lymph node involvement) and bulky lymph node or visceral (solid organ disease). SS patients are treated with singe agent systemic biologic therapy (ECP, systemic retinoids, interferons, vorinostat, denileukin diftitox or low dose methotrexate) or combination therapies. Suggested regimens for combination therapies are listed in MFSS-A. Bulky lymph node or solid organ disease is frequently managed with chemotherapy (SYST-CAT B) with or without RT and skin-directed therapy. SYST-CAT B agents in general have more rapid onset of responses and are more often used. In certain clinical circumstances SYST-CAT A agents or even RT alone may be used. Adjuvant biologic therapy may be considered following chemotherapy to improve response duration.

All patients (stage IA through stage IV) showing response should be considered for maintenance or tapering therapy to optimize response

duration. Patients with a PR or disease relapse following primary treatment should be treated with the other options included in the primary treatment to improve response before starting treatment for refractory disease. In addition, patients with disease relapse or persistent disease may be considered for clinical trials. Patients with stage IV disease should be considered for clinical trials.

#### **Refractory or Progressive Disease**

Autologous stem cell transplantation (SCT) has been used infrequently for patients with CTCL. In general, the durations of response have been short thus limiting its usefulness. The use of allogeneic SCT in patients with advanced MF and SS has been reported only in case reports and small series.<sup>272</sup> Data on allogeneic SCT, particularly using non-myeloablative conditioning, suggest the existence of graft versus T- cell lymphoma effect and success with long term durable remissions has been reported in highly selected patients.<sup>272</sup> Alemtuzumab, anti-CD52 antibody has shown promising activity in patients with advanced MF and SS. However, it is also associated with significant toxicity.<sup>273</sup>

Systemic therapy (SYST-CAT A), single agent or combination therapy is recommended for patients with stage IA, IB-IIA disease that is progressive or refractory to primary skin-directed therapies. Skin-directed therapy can be used as adjuvant treatment to reduce skin symptoms. Patients who do not respond to treatment with SYST-CAT A agents are treated with single agent systemic chemotherapy (SYST-CAT B). Suggested agents are listed in MFSS-A. Allogeneic SCT may be considered for patients with stage IIB -IV disease that is progressive or refractory to multiple primary treatment options. Appropriate patients (stage IIB or greater MF who have failed multiple systemic therapies and adequate trial of skin-directed therapy or whose disease is not amenable to skin-directed therapy), may be referred for a transplant consultation. Ideal time for allogeneic SCT is when their disease is well controlled with induction therapy and before their disease has progressed to a state where the chance of response or survival with allogeneic SCT is low. Patients should have failed biologic options and single agent chemotherapy prior to allogeneic SCT. When appropriate, TSEBT may be considered as cytoreductive therapy before transplant. Alemtuzumab may be considered for patients with stage III-IV (specifically, SS) disease that is refractory to previous treatments.

Currently there is no definitive treatment for advanced disease that can produce reliable durable remissions or curative results, other than possibly, allogeneic SCT. The guidelines recommend participation in a clinical trial as a treatment option for all patients with relapsed or progressive disease.

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